

## CharacterStrong's Elementary Curriculum + Wisconsin's SEL Competencies

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### How to use this document:



1. Utilize the Table of Contents
2. Review the PurposeFull People overview on pages 2 and 3
3. View each grade level alignment by clicking on the grade level in the table of contents
4. Aligned lessons are represented using the following naming conventions:
  - a. Character trait
  - b. Week 1, 2, 3, or 4
  - c. Section (there are 5 in each week): Start, Connect, Grow, Respond, Exit

**Example:** Courage, W2, Grow

### Table of Contents



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## PurposeFull People's Outcomes, Traits, and Life Skills

Our curriculum is based on a character trait per month with a focus on specific grade-level skills, all designed to lead students to 3 outcomes: Be Kind, Be Strong, Be Well.



### Be Kind

#### 1 CHARACTER TRAITS

Respect, Empathy, Cooperation

#### 2 OUTCOME

Pro-social skills and conflict resolution

#### 3 GRADE LEVEL SKILL FOCUS

**PK/K-** Listening  
**1ST** - Friendship  
**2ND** - Understanding Conflict Resolution  
**3RD** - Perspective-Taking  
**4TH** - Practicing Conflict Resolution  
**5TH** - Leadership



### Be Strong

#### 1 CHARACTER TRAITS

Responsibility, Perseverance, Courage

#### 2 OUTCOME

Executive function skills

#### 3 GRADE LEVEL SKILL FOCUS

**PK/K-** Following Directions  
**1ST** - Focusing  
**2ND** - Engagement  
**3RD** - Flexible Thinking  
**4TH** - Organization  
**5TH** - Goal-Setting



### Be Well

#### 1 CHARACTER TRAITS

Gratitude, Honesty, Creativity

#### 2 OUTCOME

Emotion regulation

#### 3 GRADE LEVEL SKILL FOCUS

**PK/K-** Identifying Emotions  
**1ST** - Emotion Awareness  
**2ND** - Emotion Regulation  
**3RD** - Emotion Advocacy  
**4TH** - Positive Self-Talk  
**5TH** - Stress Management

## Weekly Lesson Components: START, CONNECT, GROW, RESPOND, EXIT

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These five components are the building blocks of PurposeFull People and are designed to be taught each week. Lesson component names will be used to identify specific standard alignments in the following pages.

**Example:** Courage, W1, Start: Standing up for self and others

Courage is the character trait (month), W1 is the week, Start is the lesson component.

### START

Intentional activities and routines designed to build deep understanding of each character trait. START lessons include character-trait sing-alongs, stories, quotes, and illustrations to spark rich discussion and application.

### CONNECT

Fun, engaging activities that build relationships among students, creating positive classroom culture. CONNECT lessons are slide-based and interactive.

### GROW

These lessons are the heart of the content, centered around the grade level skill, overarching outcome, and character trait. GROW lessons range from explicit skill instruction to unique opportunities to put character traits into practice.

### RESPOND

This section contains a toolkit of strategies and resources that can be used to help kids respond to a variety of situations. RESPOND includes calming activities for emotion regulation, brain boosters to increase energy and focus, and circle prompts that can be used for reflection and discussion in Morning Meetings, Community Circles, etc.

### EXIT

EXIT activities focus on connections, reflections, and challenges for taking the skills into other areas of students' lives. They create routines around the end of the day, building a positive classroom culture.

# Wisconsin Alignments

## PreK, 1 of 5



Emotional Development	CASEL Competency	PurposeFull People Lessons - Be Kind, Be Strong, Be Well
<b>Understand and manage one's emotions</b>		
<p>1. Learners will be able to demonstrate awareness of their emotions and how they may be the same or different from others. Wisconsin Model Early Learning Standards (WMELS) Domain II A EL.1</p>	Self-Awareness	<ul style="list-style-type: none"> <li>• Gratitude, W2, Grow: Grateful for Emotions</li> <li>• Gratitude, W3, Grow: Emotion Charades</li> <li>• Honesty, W1, Grow: Honest "I-Statements"</li> <li>• Honesty, W2, Grow: Honest Roll</li> <li>• Honesty, W3, Grow: Colors of Emotion</li> <li>• Creativity, W1, Grow: Illustrate Emotions</li> <li>• Creativity, W2, Grow: Emotive Animals</li> </ul>
<p>2. Learners will be able to, with adult guidance, use verbal and nonverbal language to demonstrate a variety of emotions. WMELS Domain II A EL.1</p>	Self-Management	<ul style="list-style-type: none"> <li>• Gratitude, W2, Grow: Grateful for Emotions</li> <li>• Gratitude, W3, Grow: Emotion Charades</li> <li>• Honesty, W1, Grow: Honest "I-Statements"</li> <li>• Honesty, W2, Grow: Honest Roll</li> <li>• Honesty, W3, Grow: Colors of Emotion</li> <li>• Creativity, W1, Grow: Illustrate Emotions</li> <li>• Creativity, W2, Grow: Emotive Animals</li> </ul>
<p>3. Learners will be able to, with adult guidance, display age appropriate self-control. WMELS Domain II A EL.1</p>	Self-Management	<ul style="list-style-type: none"> <li>• All Traits, W1-4, Respond: Mindful Moments</li> <li>• Respect, W2, Grow: Whole Body Listening</li> <li>• Responsibility, W1, Grow: Be Responsible</li> <li>• Responsibility, W2, Grow: Follow the Responsible Leader</li> <li>• Responsibility, W4, Grow: Stop &amp; Start: Responsible Choices</li> <li>• Perseverance, W4, Grow: 3T's - Do 3 Things</li> <li>• Cooperation, W1, Grow: Classroom Cooperation Circle</li> <li>• Cooperation, W2, Grow: Cooperative Counting Game</li> <li>• Cooperation, W3, Grow: Cooperate to Pass the Ball</li> <li>• Cooperation, W4, Grow: Cooperation Artwork Challenge</li> <li>• Courage, W2, Grow: I Spy Some Courage</li> </ul>
<p>4. Learners will be able to, with adult guidance and engaging activities, attend for longer periods of time and show preference for some activities. WMELS IV.A.EL.1</p>	Self-Management	<ul style="list-style-type: none"> <li>• Respect, W2, Grow: Whole Body Listening</li> <li>• Responsibility, W1, Grow: Be Responsible</li> <li>• Responsibility, W2, Grow: Follow the Responsible Leader</li> <li>• Perseverance, W1, Grow: Balancing Act</li> <li>• Perseverance, W3, Grow: The Floor is Lava</li> <li>• Perseverance, W4, Grow: 3T's - Do 3 Things</li> </ul>

# Wisconsin Alignments

## PreK, 2 of 5



Emotional Development	CASEL Competency	PurposeFull People Lessons - Be Kind, Be Strong, Be Well
<b>Understand and manage one's emotions</b>		
5. Learners will be able to recognize the feelings of another child and respond with basic comfort and empathy. WMELS Domain II A EL.2	Social Awareness	<ul style="list-style-type: none"> <li>• Empathy, W1, Grow: Listening with Terra</li> <li>• Empathy, W2, Grow: 4 Kind Corners</li> <li>• Empathy, W3, Grow: Our Empathy Book</li> <li>• Empathy, W4, Grow: What Can You Say?</li> </ul>
6. Learners will be able to associate words and gestures with a variety of emotions expressed by others. WMELS Domain II A EL.2	Social Awareness	<ul style="list-style-type: none"> <li>• Gratitude, W3, Grow: Emotion Charades</li> <li>• Empathy, W1, Grow: Listening with Terra</li> </ul>
Self-Concept	CASEL Competency	PurposeFull People Lessons - Be Kind, Be Strong, Be Well
<b>Develop positive self-identity and recognize self as a lifelong learner</b>		
7. Learners will be able to exhibit positive self-concept and confidence in their abilities. WMELS Domain II B EL.1	Self-Awareness	<ul style="list-style-type: none"> <li>• Perseverance, W1, Grow: Balancing Act</li> <li>• Perseverance, W2, Grow: Made by Mistakes</li> <li>• Perseverance, W3, Grow: The Floor is Lava</li> <li>• Perseverance, W4, Grow: 3T's - Do 3 Things</li> </ul>
8. Learners will be able to, with adult guidance, recognize and share independent thoughts. WMELS Domain II B EL.1	Self-Awareness	<ul style="list-style-type: none"> <li>• All Traits, W1-4: Connect</li> <li>• Gratitude, W4, Grow: Gratitude Surprise</li> <li>• Honesty, W1, Grow: Honest "I-Statements"</li> <li>• Honesty, W2, Grow: Honest Roll</li> <li>• Honesty, W3, Grow: Colors of Emotion</li> <li>• Honesty, W4, Grow: Red Light, Green Light</li> </ul>
9. Learners will be able to show awareness of being part of a family and a larger community. WMELS Domain II B EL.2	Self-Awareness & Social Awareness	<ul style="list-style-type: none"> <li>• Respect, W1, Grow: Classroom Respect Agreement</li> <li>• Cooperation, W1, Grow: Classroom Cooperation Circle</li> <li>• Cooperation, W2, Grow: Cooperative Counting Game</li> <li>• Cooperation, W3, Grow: Cooperate to Pass the Ball</li> <li>• Cooperation, W4, Grow: Cooperation Artwork Challenge</li> <li>• Courage, W4, Grow: Courage in Our Community</li> </ul>

# Wisconsin Alignments

## PreK, 3 of 5



Self-Concept	CASEL Competency	PurposeFull People Lessons - Be Kind, Be Strong, Be Well
<b>Develop positive self-identity and recognize self as a lifelong learner</b>		
10. Learners will be able to display curiosity, risk-taking, and willingness to engage in new experiences. WMELS Domain IV A. EL 1	Self-Management	<ul style="list-style-type: none"> <li>• <b>Courage, W1, Grow: Badge of Courage</b></li> <li>• <b>Courage, W2, Grow: I Spy Some Courage</b></li> <li>• <b>Courage, W3, Grow: Superhero Courage</b></li> <li>• <b>Courage, W4, Grow: Courage in Our Community</b></li> </ul>
11. Learners will be able to engage in meaningful learning through attempting, repeating, and experimenting with a variety of experiences and activities. WMELS Domain IV A EL 2	Self-Awareness & Self-Management	<ul style="list-style-type: none"> <li>• <b>Perseverance, W1, Grow: Balancing Act</b></li> <li>• <b>Perseverance, W2, Grow: Made by Mistakes</b></li> <li>• <b>Perseverance, W3, Grow: The Floor is Lava</b></li> <li>• <b>Perseverance, W4, Grow: 3T's - Do 3 Things</b></li> <li>• <b>Courage, W1, Grow: Badge of Courage</b></li> </ul>
Social Competence	CASEL Competency	PurposeFull People Lessons - Be Kind, Be Strong, Be Well
<b>Establish and maintain positive relationships by respecting others, practicing social skills, and making responsible choices while recognizing and connecting to the community at large</b>		
12. Learners will be able to demonstrate awareness of self as a unique individual. WMELS Domain II B EL.2	Social Awareness	<ul style="list-style-type: none"> <li>• <b>Perseverance, W1, Grow: Balancing Act</b></li> <li>• <b>Perseverance, W2, Grow: Made by Mistakes</b></li> <li>• <b>Perseverance, W3, Grow: The Floor is Lava</b></li> <li>• <b>Perseverance, W4, Grow: 3T's - Do 3 Things</b></li> <li>• <b>Courage, W1, Grow: Badge of Courage</b></li> </ul>
13. Learners will be able to reflect their family, culture, and community when engaged in play and learning. WMELS Domain IV C EL.2	Social Awareness	<ul style="list-style-type: none"> <li>• <b>Perseverance, W1, Grow: Balancing Act</b></li> <li>• <b>Perseverance, W2, Grow: Made by Mistakes</b></li> <li>• <b>Perseverance, W3, Grow: The Floor is Lava</b></li> <li>• <b>Perseverance, W4, Grow: 3T's - Do 3 Things</b></li> <li>• <b>Courage, W1, Grow: Badge of Courage</b></li> </ul>

# Wisconsin Alignments

## PreK, 4 of 5



Social Competence	CASEL Competency	PurposeFull People Lessons - Be Kind, Be Strong, Be Well
<b>Establish and maintain positive relationships by respecting others, practicing social skills, and making responsible choices while recognizing and connecting to the community at large</b>		
14. Learners will be able to, with adult guidance, begin to notice that other children and families do things differently. WMELS Domain IV C EL.2	Social Awareness	<ul style="list-style-type: none"> <li>• <b>All Traits, W1-4: Connect</b></li> <li>• <b>Respect, W1, Grow: Classroom Respect Agreement</b></li> </ul>
15. Learners will be able to engage in healthy and rewarding social interactions and play with peers. WMELS Domain II C EL.2	Relationship Skills	<ul style="list-style-type: none"> <li>• <b>All Traits, W1-4: Connect</b></li> <li>• <b>Cooperation, W1, Grow: Classroom Cooperation Circle</b></li> <li>• <b>Cooperation, W2, Grow: Cooperative Counting Game</b></li> <li>• <b>Cooperation, W3, Grow: Cooperate to Pass the Ball</b></li> <li>• <b>Cooperation, W4, Grow: Cooperation Artwork Challenge</b></li> </ul>
16. Learners will be able to, with adult guidance, initiate conversations, listen attentively, respond to conversation, and stay on topic for multiple exchanges (especially with adults). WMELS Domain III B EL.2C	Relationship Skills	<ul style="list-style-type: none"> <li>• <b>All Traits, W1-4: Connect</b></li> <li>• <b>Respect, W2, Grow: Whole Body Listening</b></li> <li>• <b>Responsibility, W1, Grow: Be Responsible</b></li> <li>• <b>Responsibility, W2, Grow: Follow the Responsible Leader</b></li> <li>• <b>Responsibility, W3, Grow: Question Mania</b></li> <li>• <b>Courage, W2, Grow: I Spy Some Courage</b></li> </ul>
17. Learners will be able to adapt behavior based on adult directives.	Relationship Skills	<ul style="list-style-type: none"> <li>• <b>Respect, W4, Grow: Respect Location Cards</b></li> <li>• <b>Responsibility, W4, Grow: Stop &amp; Start: Responsible Choices</b></li> <li>• <b>Perseverance, W4, Grow: 3T's - Do 3 Things</b></li> </ul>
18. Learners will be able to participate in cooperative play with peers. WMELS Domain II C EL.2	Relationship Skills	<ul style="list-style-type: none"> <li>• <b>Cooperation, W1, Grow: Classroom Cooperation Circle</b></li> <li>• <b>Cooperation, W2, Grow: Cooperative Counting Game</b></li> <li>• <b>Cooperation, W3, Grow: Cooperate to Pass the Ball</b></li> <li>• <b>Cooperation, W4, Grow: Cooperation Artwork Challenge</b></li> </ul>

# Wisconsin Alignments

## PreK, 5 of 5



Social Competence	CASEL Competency	PurposeFull People Lessons - Be Kind, Be Strong, Be Well
<b>Establish and maintain positive relationships by respecting others, practicing social skills, and making responsible choices while recognizing and connecting to the community at large</b>		
19. Learners will be able to, with adult guidance, identify and communicate needs in conflict situations. WMELS Domain II C EL.4	Relationship Skills	<ul style="list-style-type: none"> <li>• <b>Gratitude, W2, Grow: Grateful for Emotions</b></li> <li>• <b>Honesty, W1, Grow: Honest “I-Statements”</b></li> <li>• <b>Honesty, W2, Grow: Honest Roll</b></li> <li>• <b>Honesty, W3, Grow: Colors of Emotion</b></li> </ul>
20. Learners will be able to, with adult guidance, recognize that they have choices in how to respond to situations.	Decision Making	<ul style="list-style-type: none"> <li>• <b>All Traits, W1-4, Respond: Mindful Moments</b></li> <li>• <b>Cooperation, W2, Grow: Cooperative Counting Game</b></li> <li>• <b>Cooperation, W4, Grow: Cooperation Artwork Challenge</b></li> </ul>
21. Learners will be able to follow simple group rules. WMELS Domain II C EL.3	Social Awareness	<ul style="list-style-type: none"> <li>• <b>Responsibility, W4, Grow: Stop &amp; Start: Responsible Choices</b></li> <li>• <b>Perseverance, W4, Grow: 3T’s - Do 3 Things</b></li> <li>• <b>Cooperation, W1, Grow: Classroom Cooperation Circle</b></li> <li>• <b>Cooperation, W2, Grow: Cooperative Counting Game</b></li> <li>• <b>Cooperation, W3, Grow: Cooperate to Pass the Ball</b></li> <li>• <b>Cooperation, W4, Grow: Cooperation Artwork Challenge</b></li> </ul>
22. Learners will be able to demonstrate understanding of simple rules related primarily to personal health and safety. WMELS Domain II C EL.3	Decision Making & Relationship Skills	<ul style="list-style-type: none"> <li>• <b>Respect, W4, Grow: Respect Location Cards</b></li> <li>• <b>Responsibility, W4, Grow: Stop &amp; Start: Responsible Choices</b></li> <li>• <b>Perseverance, W4, Grow: 3T’s - Do 3 Things</b></li> </ul>
23. Learners will be able to attempt a new skill when encouraged and supported by a safe and secure environment. WMELS Domain IV A EL.2	Relationship Skills	<ul style="list-style-type: none"> <li>• <b>Courage, W1, Grow: Badge of Courage</b></li> <li>• <b>Courage, W3, Grow: Superhero Courage</b></li> <li>• <b>Courage, W4, Grow: Courage in Our Community</b></li> </ul>
24. Learners will be able to show awareness of being part of a family and a larger community. WMELS Domain II A EL.2	Decision Making & Relationship Skills	<ul style="list-style-type: none"> <li>• <b>Respect, W1, Grow: Classroom Respect Agreement</b></li> <li>• <b>Respect, W4, Grow: Respect Location Cards</b></li> <li>• <b>Empathy, W2, Grow: Our Empathy Book</b></li> <li>• <b>All traits, W1-4, Respond: Circle Prompts</b></li> </ul>



# Wisconsin Alignments

## Kindergarten, 1 of 5



Emotional Development	CASEL Competency	PurposeFull People Lessons - Be Kind, Be Strong, Be Well
<b>Understand and manage one's emotions</b>		
<p>1. Learners will be able to demonstrate awareness of their emotions and how they may be the same or different from others. Wisconsin Model Early Learning Standards (WMELS) Domain II A EL.1</p>	Self-Awareness	<ul style="list-style-type: none"> <li>• Gratitude, W1, Grow: Moving Emotions</li> <li>• Honesty, W1, Grow: Being Bree</li> <li>• Honesty, W2, Grow: Re-mEmber</li> <li>• Honesty, W3, Grow: Sad and Glad</li> <li>• Creativity, W1, Grow: What If</li> <li>• Creativity, W2, Grow: Creative Feelings</li> <li>• Creativity, W3, Grow: Emotion Motion</li> <li>• Creativity, W4, Grow: Do-dads &amp; Tinkers</li> </ul>
<p>2. Learners will be able to, with adult guidance, use verbal and nonverbal language to demonstrate a variety of emotions. WMELS Domain II A EL.1</p>	Self-Management	<ul style="list-style-type: none"> <li>• Honesty, W1, Grow: Being Bree</li> <li>• Honesty, W2, Grow: Re-mEmber</li> <li>• Honesty, W3, Grow: Sad and Glad</li> <li>• Creativity, W2, Grow: Creative Feelings</li> <li>• Creativity, W3, Grow: Emotion Motion</li> </ul>
<p>3. Learners will be able to, with adult guidance, display age appropriate self-control. WMELS Domain II A EL.1</p>	Self-Management	<ul style="list-style-type: none"> <li>• All Traits, W1-4, Respond: Mindful Moments</li> <li>• Respect, W3, Grow: How Well Can We Listen?</li> <li>• Responsibility, W1, Grow: Thumbs Up, Move Up</li> <li>• Responsibility, W2, Grow: Responsible Listening</li> <li>• Responsibility, W4, Grow: Rolling Responsibility</li> <li>• Perseverance, W4, Grow: 3T's - Musical Chairs</li> <li>• Cooperation, W1, Grow: Secret Agent Listening Game</li> <li>• Cooperation, W2, Grow: Silent Toss</li> <li>• Courage, W2, Grow: The Courage to Ignore</li> </ul>
<p>4. Learners will be able to, with adult guidance and engaging activities, attend for longer periods of time and show preference for some activities. WMELS IV.A.EL.1</p>	Self-Management	<ul style="list-style-type: none"> <li>• Respect, W3, Grow: How Well Can We Listen?</li> <li>• Responsibility, W1, Grow: Thumbs Up, Move Up</li> <li>• Responsibility, W2, Grow: Responsible Listening</li> <li>• Responsibility, W4, Grow: Rolling Responsibility</li> </ul>

# Wisconsin Alignments

## Kindergarten, 2 of 5



Emotional Development	CASEL Competency	PurposeFull People Lessons - Be Kind, Be Strong, Be Well
<b>Understand and manage one's emotions</b>		
5. Learners will be able to recognize the feelings of another child and respond with basic comfort and empathy. WMELS Domain II A EL.2	Social Awareness	<ul style="list-style-type: none"> <li>• Empathy, W1, Grow: Picture It</li> <li>• Empathy, W2, Grow: Kindness Jerseys</li> <li>• Empathy, W3, Grow: Listening to People's Feelings</li> <li>• Empathy, W4, Grow: Empathy Detectives</li> </ul>
6. Learners will be able to associate words and gestures with a variety of emotions expressed by others. WMELS Domain II A EL.2	Social Awareness	<ul style="list-style-type: none"> <li>• Empathy, W4, Grow: Empathy Detectives</li> <li>• Creativity, W1, Grow: What If</li> <li>• Creativity, W2, Grow: Creative Feelings</li> <li>• Creativity, W3, Grow: Emotion Motion</li> </ul>
Self-Concept	CASEL Competency	PurposeFull People Lessons - Be Kind, Be Strong, Be Well
<b>Develop positive self-identity and recognize self as a lifelong learner</b>		
7. Learners will be able to exhibit positive self-concept and confidence in their abilities. WMELS Domain II B EL.1	Self-Awareness	<ul style="list-style-type: none"> <li>• Perseverance, W2, Grow: Maze Mania</li> <li>• Perseverance, W3, Grow: the Perseverance Push</li> <li>• Perseverance, W4, Grow: 3T's - Musical Chairs</li> </ul>
8. Learners will be able to, with adult guidance, recognize and share independent thoughts. WMELS Domain II B EL.1	Self-Awareness	<ul style="list-style-type: none"> <li>• All Traits, W1-4: Connect</li> <li>• Gratitude, W1, Grow: Moving Emotions</li> <li>• Honesty, W1, Grow: Being Bree</li> <li>• Honesty, W2, Grow: Re-mEmber</li> <li>• Honesty, W4, Grow: Honesty Review</li> </ul>
9. Learners will be able to show awareness of being part of a family and a larger community. WMELS Domain II B EL.2	Self-Awareness & Social Awareness	<ul style="list-style-type: none"> <li>• Respect, W1, Grow: What Does Respect Mean to Us?</li> <li>• Cooperation, W1, Grow: Secret Agent Listening Game</li> <li>• Cooperation, W2, Grow: Silent Toss</li> <li>• Cooperation, W3, Grow: Cooperation Scavenger Hunt</li> <li>• Cooperation, W4, Grow: Paper Chain Challenge</li> <li>• Courage, W4, Grow: Courage to Include</li> </ul>

# Wisconsin Alignments

## Kindergarten, 3 of 5



Self-Concept	CASEL Competency	PurposeFull People Lessons - Be Kind, Be Strong, Be Well
<b>Develop positive self-identity and recognize self as a lifelong learner</b>		
10. Learners will be able to display curiosity, risk-taking, and willingness to engage in new experiences. WMELS Domain IV A. EL 1	Self-Management	<ul style="list-style-type: none"> <li>• <b>Courage, W1, Grow: Courage Up</b></li> <li>• <b>Courage, W2, Grow: The Courage to Ignore</b></li> <li>• <b>Courage, W3, Grow: Courageous Talk</b></li> <li>• <b>Courage, W4, Grow: Courage to Include</b></li> </ul>
11. Learners will be able to engage in meaningful learning through attempting, repeating, and experimenting with a variety of experiences and activities. WMELS Domain IV A EL 2	Self-Awareness & Self-Management	<ul style="list-style-type: none"> <li>• <b>Perseverance, W2, Grow: Maze Mania</b></li> <li>• <b>Perseverance, W3, Grow: the Perseverance Push</b></li> <li>• <b>Perseverance, W4, Grow: 3T's - Musical Chairs</b></li> <li>• <b>Courage, W1, Grow: Courage Up</b></li> <li>• <b>Courage, W3, Grow: Courageous Talk</b></li> </ul>
Social Competence	CASEL Competency	PurposeFull People Lessons - Be Kind, Be Strong, Be Well
<b>Establish and maintain positive relationships by respecting others, practicing social skills, and making responsible choices while recognizing and connecting to the community at large</b>		
12. Learners will be able to demonstrate awareness of self as a unique individual. WMELS Domain II B EL.2	Social Awareness	<ul style="list-style-type: none"> <li>• <b>All Traits, W1-4: Connect</b></li> <li>• <b>Respect, W4, Grow: Differences Among Us</b></li> <li>• <b>All Traits, W1-4, Respond: Circle Prompts</b></li> </ul>
13. Learners will be able to reflect their family, culture, and community when engaged in play and learning. WMELS Domain IV C EL.2	Social Awareness	<ul style="list-style-type: none"> <li>• <b>All Traits, W1-4: Connect</b></li> <li>• <b>Respect, W1, Grow: What Does Respect Mean to Us?</b></li> <li>• <b>Responsibility, W1, Grow: Thumbs Up, Move Up</b></li> <li>• <b>Responsibility, W3, Grow: 20 Questions</b></li> <li>• <b>Responsibility, W4, Grow: Rolling Responsibility</b></li> </ul>
14. Learners will be able to, with adult guidance, begin to notice that other children and families do things differently. WMELS Domain IV C EL.2	Social Awareness	<ul style="list-style-type: none"> <li>• <b>All Traits, W1-4: Connect</b></li> <li>• <b>Respect, W1, Grow: What Does Respect Mean to Us?</b></li> <li>• <b>Respect, W4, Grow: Differences Among Us</b></li> </ul>

# Wisconsin Alignments

## Kindergarten, 4 of 5



Social Competence	CASEL Competency	PurposeFull People Lessons - Be Kind, Be Strong, Be Well
<b>Establish and maintain positive relationships by respecting others, practicing social skills, and making responsible choices while recognizing and connecting to the community at large</b>		
15. Learners will be able to engage in healthy and rewarding social interactions and play with peers. WMELS Domain II C EL.2	Relationship Skills	<ul style="list-style-type: none"> <li>• All Traits, W1-4: Connect</li> <li>• Cooperation, W1, Grow: Secret Agent Listening Game</li> <li>• Cooperation, W2, Grow: Silent Toss</li> <li>• Cooperation, W3, Grow: Cooperation Scavenger Hunt</li> <li>• Cooperation, W4, Grow: Paper Chain Challenge</li> </ul>
16. Learners will be able to, with adult guidance, initiate conversations, listen attentively, respond to conversation, and stay on topic for multiple exchanges (especially with adults). WMELS Domain III B EL.2C	Relationship Skills	<ul style="list-style-type: none"> <li>• All Traits, W1-4: Connect</li> <li>• Respect, W3, Grow: How Well Can We Listen?</li> <li>• Respect, W4, Grow: Differences Among Us</li> <li>• Responsibility, W1, Grow: Thumbs Up, Move Up</li> <li>• Responsibility, W2, Grow: Responsible Listening</li> <li>• Responsibility, W3, Grow: 20 Questions</li> <li>• Responsibility, W4, Grow: Rolling Responsibility</li> <li>• Courage, W2, Grow: The Courage to Ignore</li> </ul>
17. Learners will be able to adapt behavior based on adult directives.	Relationship Skills	<ul style="list-style-type: none"> <li>• Respect, W3, Grow: How Well Can We Listen?</li> <li>• Responsibility, W4, Grow: Rolling Responsibility</li> </ul>
18. Learners will be able to participate in cooperative play with peers. WMELS Domain II C EL.2	Relationship Skills	<ul style="list-style-type: none"> <li>• Cooperation, W1, Grow: Secret Agent Listening Game</li> <li>• Cooperation, W2, Grow: Silent Toss</li> <li>• Cooperation, W3, Grow: Cooperation Scavenger Hunt</li> <li>• Cooperation, W4, Grow: Paper Chain Challenge</li> </ul>
19. Learners will be able to, with adult guidance, identify and communicate needs in conflict situations. WMELS Domain II C EL.4	Relationship Skills	<ul style="list-style-type: none"> <li>• Gratitude, W1, Grow: Moving Emotions</li> <li>• Honesty, W1, Grow: Being Bree</li> <li>• Honesty, W2, Grow: Re-mEmber</li> <li>• Honesty, W3, Grow: Sad and Glad</li> </ul>
20. Learners will be able to, with adult guidance, recognize that they have choices in how to respond to situations.	Relationship Skills	<ul style="list-style-type: none"> <li>• All Traits, W1-4, Respond: Mindful Moments</li> <li>• Cooperation, W1, Grow: Secret Agent Listening Game</li> <li>• Cooperation, W2, Grow: Silent Toss</li> <li>• Cooperation, W3, Grow: Cooperation Scavenger Hunt</li> <li>• Cooperation, W4, Grow: Paper Chain Challenge</li> </ul>

# Wisconsin Alignments

## Kindergarten, 5 of 5



Social Competence	CASEL Competency	PurposeFull People Lessons - Be Kind, Be Strong, Be Well
<b>Establish and maintain positive relationships by respecting others, practicing social skills, and making responsible choices while recognizing and connecting to the community at large</b>		
21. Learners will be able to follow simple group rules. WMELS Domain II C EL.3	Social Awareness	<ul style="list-style-type: none"> <li>• <b>Responsibility, W4, Grow: Rolling Responsibility</b></li> <li>• <b>Perseverance, W2, Grow: Maze Mania</b></li> <li>• <b>Perseverance, W3, Grow: the Perseverance Push</b></li> <li>• <b>Perseverance, W4, Grow: 3T's - Musical Chairs</b></li> <li>• <b>Cooperation, W1, Grow: Secret Agent Listening Game</b></li> <li>• <b>Cooperation, W2, Grow: Silent Toss</b></li> <li>• <b>Cooperation, W3, Grow: Cooperation Scavenger Hunt</b></li> <li>• <b>Cooperation, W4, Grow: Paper Chain Challenge</b></li> </ul>
22. Learners will be able to demonstrate understanding of simple rules related primarily to personal health and safety. WMELS Domain II C EL.3	Decision Making & Relationship Skills	<ul style="list-style-type: none"> <li>• <b>Respect, W1, Grow: What Does Respect Mean to Us?</b></li> <li>• <b>Responsibility, W1, Grow: Thumbs Up, Move Up</b></li> <li>• <b>Responsibility, W4, Grow: Rolling Responsibility</b></li> </ul>
23. Learners will be able to attempt a new skill when encouraged and supported by a safe and secure environment. WMELS Domain IV A EL.2	Social Awareness & Relationship Skills	<ul style="list-style-type: none"> <li>• <b>Courage, W1, Grow: Courage Up</b></li> <li>• <b>Courage, W2, Grow: The Courage to Ignore</b></li> <li>• <b>Courage, W3, Grow: Courageous Talk</b></li> <li>• <b>Courage, W4, Grow: Courage to Include</b></li> </ul>
24. Learners will be able to show awareness of being part of a family and a larger community. WMELS Domain II A EL.2	Decision Making, Social Awareness, Relationship Skills	<ul style="list-style-type: none"> <li>• <b>Respect, W1, Grow: What Does Respect Mean to Us?</b></li> <li>• <b>Respect, W4, Grow: Differences Among Us</b></li> <li>• <b>All Traits, W1-4, Respond: Circle Prompts</b></li> </ul>

# Wisconsin Alignments

## 1st Grade, 1 of 4



Emotional Development	CASEL Competency	PurposeFull People Lessons - Be Kind, Be Strong, Be Well
<b>Understand and manage one's emotions</b>		
1. Learners will be able to recognize and label a variety of their own basic emotions.	Self-Awareness	<ul style="list-style-type: none"> <li>• Gratitude, W1, Grow: Musical Emotion Cards</li> <li>• Gratitude, W2, Grow: Give Gratitude a Hand</li> <li>• Gratitude, W4, Grow: Attitude of Gratitude</li> <li>• Honesty, W3, Grow: Honest-I</li> <li>• Creativity, W1, Grow: 3D Emotion</li> <li>• Creativity, W2, Grow: Emotion Map</li> </ul>
2. Learners will be able to use verbal and nonverbal language to demonstrate a variety of increasingly complex emotions.	Self-Management	<ul style="list-style-type: none"> <li>• Gratitude, W1, Grow: Musical Emotion Cards</li> <li>• Gratitude, W2, Grow: Give Gratitude a Hand</li> <li>• Honesty, W1, Grow: Honesty Tic-Tac-Toe</li> <li>• Honesty, W3, Grow: Honest-I</li> <li>• Creativity, W1, Grow: 3D Emotion</li> <li>• Creativity, W2, Grow: Emotion Map</li> </ul>
3. Learners will be able to, with adult guidance, demonstrate a variety of strategies to manage strong emotions.	Self-Management	<ul style="list-style-type: none"> <li>• All Traits, W1-4, Respond: Mindful Moments</li> <li>• Gratitude, W3, Grow: Emotion Commotion</li> <li>• Creativity, W1, Grow: 3D Emotions</li> <li>• Creativity, W2, Grow: Emotion Map</li> </ul>
4. Learners will begin to be able to, with adult guidance, focus their attention by demonstrating a variety of strategies to tolerate distractions.	Self-Management	<ul style="list-style-type: none"> <li>• Responsibility, W2, Grow: Distraction Action</li> <li>• Responsibility, W3, Grow: Distraction Decision</li> <li>• Responsibility, W4, Grow: Shapes &amp; Self-Monitoring</li> <li>• Perseverance, W1, Grow: Memory Madness</li> <li>• Perseverance, W2, Grow: Picking Up Perseverance</li> <li>• Perseverance, W4, Grow: 3T's - Persevere with Perseverance</li> <li>• Courage, W1, Grow: Going on a Focused Bear Hunt</li> </ul>
5. Learners will be able to, with adult guidance, identify how others are feeling, based on their verbal and nonverbal cues, and respond with compassion.	Social Awareness	<ul style="list-style-type: none"> <li>• Empathy, W1, Grow: How Is My Friend Feeling?</li> <li>• Empathy, W3, Grow: Friendship BINGO</li> <li>• Empathy, W4, Grow: Share the Stage</li> </ul>

# Wisconsin Alignments

## 1st Grade, 2 of 4



Emotional Development	CASEL Competency	PurposeFull People Lessons - Be Kind, Be Strong, Be Well
<b>Understand and manage one's emotions</b>		
6. Learners will be able to predict how someone else may feel in a variety of situations.	Social Awareness	<ul style="list-style-type: none"> <li>• Empathy, W1, Grow: How Is My Friend Feeling?</li> <li>• Empathy, W3, Grow: Friendship BINGO</li> </ul>
Self-Concept	CASEL Competency	PurposeFull People Lessons - Be Kind, Be Strong, Be Well
<b>Develop positive self-identity and recognize self as a lifelong learner</b>		
7. Learners will be able to identify and describe skills and activities they do well and those for which they need help.	Self-Awareness	<ul style="list-style-type: none"> <li>• Respect, W2, Grow: Classroom Puzzle</li> <li>• Empathy, W2, Grow: The Friendship Chain</li> <li>• Courage, W2, Grow: Super Courage</li> </ul>
8. Learners will be able to identify and explore their own beliefs.	Self-Awareness	<ul style="list-style-type: none"> <li>• All Traits, W1-4: Connect</li> <li>• Respect, W2, Grow: Classroom Puzzle</li> <li>• All Traits, W1-4, Respond: Circle Prompts</li> <li>• Honesty, W3, Respond: Honest I</li> </ul>
9. Learners will be able to define the role family and culture play in their identity and beliefs.	Self-Awareness & Social Awareness	<ul style="list-style-type: none"> <li>• All Traits, W1-4, Respond: Circle Prompts</li> <li>• Empathy, W1, Grow: How is my Friend Feeling?</li> <li>• Respect, W1, Grow: Respect Agreement</li> <li>• Respect, W2, Grow: Classroom Puzzle</li> <li>• All Traits, W4, Exit: Celebration Circle</li> </ul>
10. Learners will be able to identify simple goals for personal and academic success.	Self-Management	<ul style="list-style-type: none"> <li>• Responsibility, W2, Grow: Distraction Decision</li> <li>• Perseverance, W2, Grow: Picking Up Perseverance</li> <li>• Courage, W3, Grow: Super Courage</li> </ul>
11. Learners will be able to, with encouragement, persist toward reaching a goal despite setbacks.	Self Awareness & Self-Management	<ul style="list-style-type: none"> <li>• Perseverance, W2, Grow: Picking Up Perseverance</li> <li>• Perseverance, W3, Grow: Learning from Our Mistakes</li> <li>• Perseverance, W4, Grow: 3T's - Persevere with Perseverance</li> </ul>

# Wisconsin Alignments

## 1st Grade, 3 of 4



Social Competence	CASEL Competency	PurposeFull People Lessons - Be Kind, Be Strong, Be Well
<b>Establish and maintain positive relationships by respecting others, practicing social skills, and making responsible choices while recognizing and connecting to the community at large</b>		
12. Learners will be able to present their own point of view.	Social Awareness	<ul style="list-style-type: none"> <li>• All Traits, W1-4: Connect</li> <li>• Respect, W2, Grow: Classroom Puzzle</li> <li>• Honesty, W1, Grow: Honesty Tic-Tac-Toe</li> <li>• Honesty, W3, Grow: Honest-I</li> </ul>
13. Learners will be able to identify commonalities they share with peers.	Social Awareness	<ul style="list-style-type: none"> <li>• All Traits, W1-4: Connect</li> <li>• Respect, W2, Grow: Classroom Puzzle</li> <li>• Courage, W2, Grow: Would You Rather</li> <li>• Courage, W3, Grow: Super Courage</li> </ul>
14. Learners will be able to recognize and respect that individual differences are important to self and others.	Social Awareness	<ul style="list-style-type: none"> <li>• All Traits, W1-4: Connect</li> <li>• Respect, W2, Grow: Classroom Puzzle</li> <li>• All Traits, W1-2, Respond: Circle Prompts</li> </ul>
15. Learners will be able to identify the different relationships they have with others.	Relationship Skills	<ul style="list-style-type: none"> <li>• Respect, W3, Grow: Red, Yellow, Green Light???</li> <li>• Empathy, W1, Grow: How is My Friend Feeling?</li> <li>• Empathy, W2, Grow: The Friendship Chain</li> </ul>
16. Learners will be able to describe in simple terms how words, tone, and body language are used to communicate with others.	Relationship Skills	<ul style="list-style-type: none"> <li>• Creativity, W1, Grow: 3D Emotion</li> <li>• Creativity, W2, Grow: Emotion Map</li> <li>• Honesty, W1, Grow: Honesty Tic Tac Toe</li> <li>• Honesty, W3, Grow: Honest I</li> <li>• All Traits, W1-4, Respond: Circle Prompts</li> </ul>
17. Learners will be able to, with adult guidance, adapt behavior based upon peer feedback and environment cues.	Relationship Skills	<ul style="list-style-type: none"> <li>• Perseverance, W3, Grow: Learning from Our Mistakes</li> <li>• Empathy, W4, Grow: Share the Stage</li> <li>• Cooperation, W2, Grow: Just Listen, Don't Look</li> </ul>



# Wisconsin Alignments

## 1st Grade, 4 of 4



Social Competence	CASEL Competency	PurposeFull People Lessons - Be Kind, Be Strong, Be Well
<b>Establish and maintain positive relationships by respecting others, practicing social skills, and making responsible choices while recognizing and connecting to the community at large</b>		
18. Learners will be able to demonstrate listening skills, start and stop conversations, and take turns in conversations.	Relationship Skills	<ul style="list-style-type: none"> <li>• Responsibility, W4, Grow: Shapes &amp; Self-Monitoring</li> <li>• Empathy, W4, Grow: Share the Stage</li> <li>• Cooperation, W1, Grow: Build A Story</li> <li>• Cooperation, W2, Grow: Just Listen, Don't Look!</li> <li>• Cooperation, W4, Grow: Sneak a Peek</li> </ul>
19. Learners will be able to understand the perspective of others in a conflict situation.	Relationship Skills	<ul style="list-style-type: none"> <li>• Empathy, W1, Grow: How Is My Friend Feeling?</li> <li>• Empathy, W3, Grow: Friendship BINGO</li> </ul>
20. Learners will be able to, with adult guidance, generate possible choices and actions they could take in a given situation, including positive and negative options.	Decision Making	<ul style="list-style-type: none"> <li>• Responsibility, W2, Grow: Distraction Action</li> <li>• Responsibility, W3, Grow: Distraction Decision</li> <li>• Responsibility, W4, Grow: Shapes &amp; Self-Monitoring</li> <li>• Honesty, W2, Grow: Stop or Go</li> <li>• Honesty, W4, Grow: Filter Out Unkind Words</li> </ul>
21. Learners will be able to demonstrate positive behaviors as established in classroom and schoolwide expectations.	Social Awareness	<ul style="list-style-type: none"> <li>• Respect, W1, Grow: Classroom Respect Agreement</li> <li>• Responsibility, W1, Grow: EveryBODY is Responsible</li> </ul>
22. Learners will be able to describe ways to promote personal safety.	Social Awareness	<ul style="list-style-type: none"> <li>• Perseverance, W3, Grow: Learning from Our Mistakes</li> <li>• Empathy, W4, Grow: Share the Stage</li> <li>• Cooperation, W2, Grow: Just Listen, Don't Look</li> </ul>
23. Learners will be able to identify how to get help from a trusted adult in a variety of situations.	Social Awareness & Relationship Skills	<ul style="list-style-type: none"> <li>• Honesty, W3, Grow: Honest I</li> <li>• Gratitude, W3, Grow: Emotion Commotion</li> </ul>
24. Learners will be able to, with adult guidance, identify classroom, school, and community needs.	Decision Making, Social Awareness, and Relationship Skills	<ul style="list-style-type: none"> <li>• Respect, W1, Grow: Classroom Respect Agreement</li> <li>• Empathy, W3, Grow: Friendship Bingo</li> </ul>

# Wisconsin Alignments

## 2nd Grade, 1 of 4



Emotional Development	CASEL Competency	PurposeFull People Lessons - Be Kind, Be Strong, Be Well
<b>Understand and manage one's emotions</b>		
1. Learners will be able to recognize and label a variety of their own basic emotions.	Self-Awareness	<ul style="list-style-type: none"> <li>• <b>Respect, W3, Grow: Communication Connection</b></li> <li>• <b>Honesty, W2, Grow: Honest with Our Emotions</b></li> <li>• <b>Creativity, W4, Grow: Emotion Elements Theater</b></li> </ul>
2. Learners will be able to use verbal and nonverbal language to demonstrate a variety of increasingly complex emotions.	Self-Management	<ul style="list-style-type: none"> <li>• <b>Gratitude, W1, Grow: Grateful Guessing</b></li> <li>• <b>Gratitude, W4, Grow: Gratitude Balloon</b></li> <li>• <b>Honesty, W2, Grow: Honest with Our Emotions</b></li> </ul>
3. Learners will be able to, with adult guidance, demonstrate a variety of strategies to manage strong emotions.	Self-Management	<ul style="list-style-type: none"> <li>• <b>All Traits, W1-4, Respond: Mindful Moments</b></li> <li>• <b>Gratitude, W1, Grow: Grateful Guessing</b></li> <li>• <b>Gratitude, W4, Grow: Gratitude Balloon</b></li> <li>• <b>Honesty, W2, Grow: Honest with Our Emotions</b></li> <li>• <b>Honesty, W3, Grow: Redesign Regulation</b></li> <li>• <b>Honesty, W4, Grow: Emotion Regulation Game</b></li> <li>• <b>Creativity, W1, Grow: Not a Box</b></li> <li>• <b>Creativity, W2, Grow: Statues of Strategies</b></li> <li>• <b>Creativity, W3, Grow: Labyrinths &amp; Long Exhales</b></li> <li>• <b>Creativity, W4, Grow: Emotion Elements Theater</b></li> </ul>
4. Learners will begin to be able to, with adult guidance, focus their attention by demonstrating a variety of strategies to tolerate distractions.	Self-Management	<ul style="list-style-type: none"> <li>• <b>Responsibility, W1, Grow: Community Circle Agreements</b></li> <li>• <b>Responsibility, W2, Grow: Engage in Community Circle</b></li> <li>• <b>Perseverance, W1, Grow: Decision Time</b></li> </ul>
5. Learners will be able to, with adult guidance, identify how others are feeling, based on their verbal and nonverbal cues, and respond with compassion.	Social Awareness	<ul style="list-style-type: none"> <li>• <b>Empathy, W3, Grow: Partner Drawing</b></li> <li>• <b>Empathy, W4, Grow: What's the Solution?</b></li> <li>• <b>All Traits, W1-4, Respond: Circle Prompts</b></li> </ul>

# Wisconsin Alignments

## 2nd Grade, 2 of 4



Emotional Development	CASEL Competency	PurposeFull People Lessons - Be Kind, Be Strong, Be Well
<b>Understand and manage one's emotions</b>		
6. Learners will be able to predict how someone else may feel in a variety of situations.	Social Awareness	<ul style="list-style-type: none"> <li>• Empathy, W3, Grow: Partner Drawing</li> <li>• Empathy, W4, Grow: What's the Solution?</li> </ul>
Self-Concept	CASEL Competency	PurposeFull People Lessons - Be Kind, Be Strong, Be Well
<b>Develop positive self-identity and recognize self as a lifelong learner</b>		
7. Learners will be able to identify and describe skills and activities they do well and those for which they need help.	Self-Awareness	<ul style="list-style-type: none"> <li>• Honesty, W1, Grow: What's Your Superpower?</li> <li>• Gratitude, W2, Grow: Grateful To Be Me</li> <li>• Cooperation, W4, Grow: Chain of Strength</li> </ul>
8. Learners will be able to identify and explore their own beliefs.	Self-Awareness	<ul style="list-style-type: none"> <li>• All Traits, W1-4: Connect</li> <li>• All Traits, W1-4, Respond: Circle Prompts</li> <li>• Respect, W3, Grow: Communication Connection</li> </ul>
9. Learners will be able to define the role family and culture play in their identity and beliefs.	Self-Awareness & Social Awareness	<ul style="list-style-type: none"> <li>• Respect, W3, Grow: Communication Connection</li> <li>• Gratitude, W2, Grow: Grateful to be Me</li> <li>• All Traits, W1-4, Respond: Circle Prompts</li> </ul>
10. Learners will be able to identify simple goals for personal and academic success.	Self-Management	<ul style="list-style-type: none"> <li>• Perseverance, W1, Grow: Decision Time</li> <li>• Perseverance, W2, Grow: Improving our World</li> <li>• Perseverance, W3, Grow: Exploring Roles</li> <li>• All traits, W3, Exit</li> </ul>
11. Learners will be able to, with encouragement, persist toward reaching a goal despite setbacks.	Self Awareness & Self-Management	<ul style="list-style-type: none"> <li>• Perseverance, W4, Grow: A Structure of Perseverance</li> <li>• All traits, W3, Exit</li> </ul>

# Wisconsin Alignments

## 2nd Grade, 3 of 4



Social Competence	CASEL Competency	PurposeFull People Lessons - Be Kind, Be Strong, Be Well
<b>Establish and maintain positive relationships by respecting others, practicing social skills, and making responsible choices while recognizing and connecting to the community at large</b>		
12. Learners will be able to present their own point of view.	Social Awareness	<ul style="list-style-type: none"> <li>• All Traits, W1-4: Connect</li> <li>• Honesty, W2, Grow: Honest with Our Emotions</li> <li>• Respect, W3, Grow: Communication Connection</li> </ul>
13. Learners will be able to identify commonalities they share with peers.	Social Awareness	<ul style="list-style-type: none"> <li>• All Traits, W1-4: Connect</li> <li>• Cooperation, W4, Grow: Chain of Strength</li> </ul>
14. Learners will be able to recognize and respect that individual differences are important to self and others.	Social Awareness	<ul style="list-style-type: none"> <li>• All Traits, W1-4: Connect</li> <li>• Cooperation, W1, Grow: Collaborative Drawing</li> <li>• Cooperation, W2, Grow: Music To My Ears</li> <li>• Cooperation, W3, Grow: Animal Cooperation</li> <li>• Cooperation, W4, Grow: Chain of Strength</li> </ul>
15. Learners will be able to identify the different relationships they have with others.	Relationship Skills	<ul style="list-style-type: none"> <li>• Respect, W3, Grow: Communication Connection</li> <li>• Perseverance, W3, Grow: Exploring Roles</li> <li>• Gratitude, W3, Grow: Gratitude Collage</li> </ul>
16. Learners will be able to describe in simple terms how words, tone, and body language are used to communicate with others.	Relationship Skills	<ul style="list-style-type: none"> <li>• Honesty, W2, Grow: Honest with our Emotions</li> <li>• Honesty, W3, Grow: Redesign Regulation</li> </ul>
17. Learners will be able to, with adult guidance, adapt behavior based upon peer feedback and environment cues.	Relationship Skills	<ul style="list-style-type: none"> <li>• Perseverance, W1, Grow: Decision Time</li> <li>• Perseverance, W4, Grow: 3T's - A Structure of Perseverance</li> </ul>

# Wisconsin Alignments

## 2nd Grade, 4 of 4



Social Competence	CASEL Competency	PurposeFull People Lessons - Be Kind, Be Strong, Be Well
<b>Establish and maintain positive relationships by respecting others, practicing social skills, and making responsible choices while recognizing and connecting to the community at large</b>		
18. Learners will be able to demonstrate listening skills, start and stop conversations, and take turns in conversations.	Relationship Skills	<ul style="list-style-type: none"> <li>• <b>Respect, W3, Grow: Communication Connection</b></li> <li>• <b>Responsibility, W1, Grow: Community Circle Agreements</b></li> <li>• <b>Responsibility, W2, Grow: Engage in Community Circle</b></li> <li>• <b>Cooperation, W1, Grow: Collaborative Drawing</b></li> <li>• <b>Cooperation, W2, Grow: Music To My Ears</b></li> <li>• <b>Cooperation, W3, Grow: Animal Cooperation</b></li> <li>• <b>Cooperation, W4, Grow: Chain of Strength</b></li> <li>• <b>Courage, W2, Grow: Tower of Courage</b></li> </ul>
19. Learners will be able to understand the perspective of others in a conflict situation.	Relationship Skills	<ul style="list-style-type: none"> <li>• <b>Respect, W3, Grow: Communication Connection</b></li> <li>• <b>Respect, W4, Grow: The Apple Doesn't Fall Far From the Tree of Choices</b></li> <li>• <b>Empathy, W4, Grow: What's the Solution?</b></li> </ul>
20. Learners will be able to, with adult guidance, generate possible choices and actions they could take in a given situation, including positive and negative options.	Decision Making	<ul style="list-style-type: none"> <li>• <b>Respect, W2, Grow: Solve the Size</b></li> <li>• <b>Respect, W4, Grow: Apples Don't Fall Far From the Tree of Choices</b></li> <li>• <b>Empathy, W1, Grow: Sort the Situation</b></li> <li>• <b>Empathy, W4, Grow: What's the Solution?</b></li> <li>• <b>Perseverance, W1, Grow: Decision Time</b></li> </ul>
21. Learners will be able to demonstrate positive behaviors as established in classroom and schoolwide expectations.	Social Awareness	<ul style="list-style-type: none"> <li>• <b>Respect, W3, Grow: Communication Connection</b></li> <li>• <b>Perseverance, W3, Grow: Exploring Roles</b></li> <li>• <b>Gratitude, W3, Grow: Gratitude Collage</b></li> </ul>
22. Learners will be able to describe ways to promote personal safety.	Decision Making	<ul style="list-style-type: none"> <li>• <b>Respect, W1, Grow: Classroom Respect Agreement</b></li> </ul>
23. Learners will be able to identify how to get help from a trusted adult in a variety of situations.	Social Awareness & Relationship Skills	<ul style="list-style-type: none"> <li>• <b>Respect, W3, Grow: Communication Connection</b></li> </ul>

# Wisconsin Alignments

## 3rd Grade, 1 of 4



Emotional Development	CASEL Competency	PurposeFull People Lessons - Be Kind, Be Strong, Be Well
<b>Understand and manage one's emotions</b>		
1. Learners will be able to recognize and label a variety of their own basic emotions.	Self-Awareness	<ul style="list-style-type: none"> <li>• Gratitude, W1, Grow: Collaborative Drawing</li> <li>• Honesty, W1, Grow: Fiery Feelings]</li> <li>• Honesty, W2, Grow: My Earthy Essence</li> <li>• Honesty, W4, Grow: Water Ways</li> <li>• Creativity, W2, Grow: Mixed Up Emotions</li> </ul>
2. Learners will be able to use verbal and nonverbal language to demonstrate a variety of increasingly complex emotions.	Self-Management	<ul style="list-style-type: none"> <li>• Gratitude, W1, Grow: Collaborative Drawing</li> <li>• Honesty, W1, Grow: Fiery Feelings</li> <li>• Honesty, W2, Grow: My Earthy Essence</li> <li>• Honesty, W3, Grow: Up in the Air</li> <li>• Honesty, W4, Grow: Water Ways</li> <li>• Creativity, W2, Grow: Mixed Up Emotions</li> <li>• Creativity, W4, Grow: Creative Expression</li> </ul>
3. Learners will be able to, with adult guidance, demonstrate a variety of strategies to manage strong emotions.	Self-Management	<ul style="list-style-type: none"> <li>• Gratitude, W2, Grow: Moving the Scale to Gratitude</li> <li>• Gratitude, W3, Grow: What's In My Control?</li> <li>• Creativity, W1, Grow: Creative Solutions</li> </ul>
4. Learners will begin to be able to, with adult guidance, focus their attention by demonstrating a variety of strategies to tolerate distractions.	Self-Management	<ul style="list-style-type: none"> <li>• Responsibility, W2, Grow: Responsibility TOPs the Charts</li> <li>• Responsibility, W3, Grow: Response-Ability</li> <li>• Gratitude, W2, Grow: What's in my Control?</li> <li>• Perseverance, W3, Grow: Persevere or Procrastinate?</li> </ul>
5. Learners will be able to, with adult guidance, identify how others are feeling, based on their verbal and nonverbal cues, and respond with compassion.	Social Awareness	<ul style="list-style-type: none"> <li>• Respect, W4, Grow: Guess &amp; Check</li> <li>• Empathy, W1, Grow: Read the Cues</li> <li>• Empathy, W3, Grow: The Other Side</li> </ul>
6. Learners will be able to predict how someone else may feel in a variety of situations.	Social Awareness	<ul style="list-style-type: none"> <li>• Respect, W4, Grow: Guess &amp; Check</li> <li>• Empathy, W1, Grow: Read the Cues</li> <li>• Empathy, W3, Grow: The Other Side</li> <li>• Empathy, W4, Grow: Climbing the Tree of Choices</li> </ul>

# Wisconsin Alignments

## 3rd Grade, 2 of 4



Self-Concept	CASEL Competency	PurposeFull People Lessons - Be Kind, Be Strong, Be Well
<b>Develop positive self-identity and recognize self as a lifelong learner</b>		
7. Learners will be able to identify and describe skills and activities they do well and those for which they need help.	Social Awareness	<ul style="list-style-type: none"> <li>• Gratitude, W1, Grow: Collaborative Drawing</li> <li>• Honesty, W1, Grow: Fiery Feelings]</li> <li>• Honesty, W2, Grow: My Earthy Essence</li> <li>• Honesty, W4, Grow: Water Ways</li> <li>• Creativity, W2, Grow: Mixed Up Emotions</li> </ul>
8. Learners will be able to identify and explore their own beliefs.	Self-Awareness	<ul style="list-style-type: none"> <li>• All Traits, W1-4: Connect</li> <li>• All Traits, W1-4, Respond: Circle Prompts</li> </ul>
9. Learners will be able to define the role family and culture play in their identity and beliefs	Self-Awareness & Social Awareness	<ul style="list-style-type: none"> <li>• Respect, W1, Grow: Respect Agreement</li> <li>• All Traits, W1-4, Respond: Circle Prompts</li> <li>• Perseverance, W1, Grow: Personal Best</li> </ul>
10. Learners will be able to identify simple goals for personal and academic success.	Self-Management	<ul style="list-style-type: none"> <li>• Responsibility, W2, Grow: Responsibility TOPs the Charts</li> <li>• Courage, W4, Grow: Mountain TOP Goals</li> </ul>
11. Learners will be able to, with encouragement, persist toward reaching a goal despite setbacks.	Self Awareness & Self-Management	<ul style="list-style-type: none"> <li>• Responsibility, W2, Grow: Responsibility TOPs the Charts</li> <li>• Responsibility, W3, Grow: Response-Ability</li> <li>• Responsibility, W4, Grow: Plan Into Action</li> <li>• Perseverance, W1, Grow: Personal Best</li> <li>• Courage, W4, Grow: Mountain TOP Goals</li> </ul>
Social Competence	CASEL Competency	PurposeFull People Lessons - Be Kind, Be Strong, Be Well
<b>Establish and maintain positive relationships by respecting others, practicing social skills, and making responsible choices while recognizing and connecting to the community at large</b>		
12. Learners will be able to present their own point of view.	Social Awareness	<ul style="list-style-type: none"> <li>• All Traits, W1-4: Connect</li> <li>• Respect, W3, Grow: See The Good</li> <li>• Honesty, W1, Grow: Fiery Feelings</li> <li>• Honesty, W2, Grow: My Earthy Essence</li> <li>• Honesty, W3, Grow: Up in the Air</li> <li>• Honesty, W4, Grow: Water Ways</li> </ul>

# Wisconsin Alignments

## 3rd Grade, 3 of 4



Social Competence	CASEL Competency	PurposeFull People Lessons - Be Kind, Be Strong, Be Well
<b>Establish and maintain positive relationships by respecting others, practicing social skills, and making responsible choices while recognizing and connecting to the community at large</b>		
13. Learners will be able to identify commonalities they share with peers.	Social Awareness	<ul style="list-style-type: none"> <li>• <b>Respect, W1, Grow: Respect Agreement</b></li> <li>• <b>Respect, W4, Grow: Guess and Check</b></li> <li>• <b>All Traits, W1-4: Connect</b></li> <li>• <b>All Traits, W1-4, Respond: Circle Prompts</b></li> </ul>
14. Learners will be able to recognize and respect that individual differences are important to self and others.	Social Awareness	<ul style="list-style-type: none"> <li>• <b>Empathy, W1, Grow: Read the Cues</b></li> <li>• <b>Empathy, W3, Grow: The Other Side</b></li> <li>• <b>Cooperation, W1, Grow: Spiderman vs. Superman</b></li> <li>• <b>All Traits, W1-4: Connect</b></li> </ul>
15. Learners will be able to identify the different relationships they have with others.	Relationship Skills	<ul style="list-style-type: none"> <li>• <b>Respect, W1, Grow: Respect Agreement</b></li> <li>• <b>Empathy, W2, Grow: A Map of Kindness</b></li> </ul>
16. Learners will be able to describe in simple terms how words, tone, and body language are used to communicate with others.	Relationship Skills	<ul style="list-style-type: none"> <li>• <b>Respect, W4, Grow: Guess &amp; Check</b></li> <li>• <b>Empathy, W1, Grow: Read the Cues</b></li> </ul>
17. Learners will be able to, with adult guidance, adapt behavior based upon peer feedback and environment cues.	Relationship Skills	<ul style="list-style-type: none"> <li>• <b>Respect, W4, Grow: Guess &amp; Check</b></li> <li>• <b>Empathy, W1, Grow: Read the Cues</b></li> <li>• <b>Empathy, W3, Grow: The Other Side</b></li> </ul>
18. Learners will be able to demonstrate listening skills, start and stop conversations, and take turns in conversations.	Relationship Skills	<ul style="list-style-type: none"> <li>• <b>Perseverance, W2, Grow: Grouping Game</b></li> <li>• <b>Cooperation, W1, Grow: Spiderman vs Superman</b></li> <li>• <b>Cooperation, W2, Grow: Collaborative Storybooks</b></li> <li>• <b>Cooperation, W3, Grow: Cooperation Relay</b></li> <li>• <b>Cooperation, W4, Grow: Hot Seat</b></li> </ul>



# Wisconsin Alignments

## 3rd Grade, 4 of 4



Social Competence	CASEL Competency	PurposeFull People Lessons - Be Kind, Be Strong, Be Well
<b>Establish and maintain positive relationships by respecting others, practicing social skills, and making responsible choices while recognizing and connecting to the community at large</b>		
19. Learners will be able to understand the perspective of others in a conflict situation.	Relationship Skills	<ul style="list-style-type: none"> <li>• Empathy, W3, Grow: The Other Side</li> <li>• Empathy, W4, Grow: Climbing the Tree of Choices</li> </ul>
20. Learners will be able to, with adult guidance, generate possible choices and actions they could take in a given situation, including positive and negative options.	Decision Making	<ul style="list-style-type: none"> <li>• Responsibility, W1, Grow: Responsibility in All Forms</li> <li>• Gratitude, W3, Grow: What's In My Control?</li> <li>• Empathy, W4, Grow: Climbing the Tree of Choices</li> <li>• Perseverance, W3, Grow: Persevere or Procrastinate?</li> <li>• Creativity, W1, Grow: Creative Solutions</li> <li>• Creativity, W3, Grow: Creative Categories</li> </ul>
21. Learners will be able to demonstrate positive behaviors as established in classroom and schoolwide expectations.	Social Awareness	<ul style="list-style-type: none"> <li>• Respect, W1, Grow: Create a Class Respect Agreement</li> <li>• Responsibility, W1, Grow: Responsibility in All Forms</li> </ul>
22. Learners will be able to describe ways to promote personal safety.	Decision Making	<ul style="list-style-type: none"> <li>• Respect, W1, Grow: Create a Class Respect Agreement</li> <li>• Gratitude, W3, Grow: In and Out of My Control</li> </ul>
23. Learners will be able to identify how to get help from a trusted adult in a variety of situations.	Social Awareness & Relationship Skills	<ul style="list-style-type: none"> <li>• Gratitude, W3, Grow: In and Out of My Control</li> <li>• Courage, W2, Grow: Courage with Change</li> <li>• Creativity, W2, Grow: Mixed Up Emotions</li> <li>• Honesty, W1, Grow: Fiery Feelings</li> </ul>
24. Learners will be able to, with adult guidance, identify classroom, school, and community needs.	Decision Making, Social Awareness, and Relationship Skills	<ul style="list-style-type: none"> <li>• Respect, W1, Grow: Create a Class Respect Agreement</li> <li>• Empathy, W2, Grow: A Map of Kindness</li> </ul>

# Wisconsin Alignments

## 4th Grade, 1 of 5



Emotional Development	CASEL Competency	PurposeFull People Lessons - Be Kind, Be Strong, Be Well
<b>Understand and manage one's emotions</b>		
1. Learners will be able to recognize and label a variety of complex emotions in self and others.	Self-Awareness	<ul style="list-style-type: none"> <li>• Empathy, W3, Grow: I-Statements</li> <li>• Cooperation, W2, Grow: Cooperative Act it Out</li> </ul>
2. Learners will be able to express their emotions to self and others in respectful ways.	Self- Management	<ul style="list-style-type: none"> <li>• Empathy, W3, Grow: I-Statements</li> <li>• Cooperation, W2, Grow: Cooperative Act it Out</li> </ul>
3. Learners will be able to, with minimal adult guidance, manage emotions (e.g., stress, impulses, motivation) in a manner sensitive to self and others.	Self- Management	<ul style="list-style-type: none"> <li>• Gratitude, W1, Grow: Talking to Ourselves...About Gratitude</li> <li>• Gratitude, W2, Grow: Gratitude for Me and You</li> <li>• Gratitude, W3, Grow: Mirror, Mirror, Flip!</li> <li>• Honesty, W2, Grow: Act it Out with Honesty</li> <li>• Honesty, W3, Grow: Reframe It!</li> <li>• Creativity, W1, Grow: Looking Back to Look Ahead</li> <li>• Creativity, W2, Grow: Positive Self-Talk Project</li> <li>• Creativity, W3, Grow: Creatively Positive</li> </ul>
4. Learners will be able to, with adult guidance, use organizational skills and strategies to focus attention in order to work toward personal and academic goals.	Self- Management	<ul style="list-style-type: none"> <li>• Responsibility, W1, Grow: How Organized Are You?</li> <li>• Responsibility, W2, Grow: Telling Time</li> <li>• Responsibility, W3, Grow: All of the Things!</li> <li>• Responsibility, W4, Grow: Big Goals. Small Steps</li> <li>• Perseverance, W2, Grow: Let's Play 3T's!</li> <li>• Perseverance, W3, Grow: Top Priority</li> <li>• Perseverance, W4, Grow: 3T's - Your Way</li> <li>• Courage, W2, Grow: Creating Time for Others</li> <li>• Courage, W3, Grow: Time = Values</li> <li>• Courage, W4, Grow: Let's Get Organized</li> </ul>
5. Learners will be able to identify others' need for empathy and respond in respectful ways.	Social Awareness	<ul style="list-style-type: none"> <li>• Empathy, W1, Grow: Resolving Conflict with the Tree of Choices</li> <li>• Empathy, W4, Grow: Resolving Conflicts in Action</li> </ul>
6. Learners will be able to use perspective-taking to predict how their own behavior affects the emotions of others.	Social Awareness	<ul style="list-style-type: none"> <li>• Respect, W4, Grow: A Scenario of Respect</li> <li>• Empathy, W4, Grow: Resolving Conflicts in Action</li> </ul>

# Wisconsin Alignments

## 4th Grade, 2 of 5



Self-Concept	CASEL Competency	PurposeFull People Lessons - Be Kind, Be Strong, Be Well
<b>Develop positive self-identity and recognize self as a lifelong learner</b>		
7. Learners will be able to use a “growth mind set” in order to recognize and build on their strengths.	Self-Awareness	<ul style="list-style-type: none"> <li>• Perseverance, W1, Grow: Over the Top Organization</li> <li>• Perseverance, W2, Grow: Let’s Play 3T’s!</li> <li>• Perseverance, W3, Grow: Top Priority</li> <li>• Perseverance, W4, Grow: 3T’s - Your Way</li> </ul>
8. Learners will be able to reflect on similarities and differences between their personal beliefs and those of others.	Self-Awareness	<ul style="list-style-type: none"> <li>• All Traits, W1-4: Connect</li> <li>• Respect, W3, Grow: The Power in Our Differences</li> <li>• Empathy, W4, Grow: Resolving Conflicts in Action</li> </ul>
9. Learners will be able to identify their role in their family and community and how those roles impact their identity.	Self-Awareness & Social-Awareness	<ul style="list-style-type: none"> <li>• Respect, W1, Grow: Respect Agreement</li> <li>• Creativity, W1, Grow: Looking Back to Look Ahead</li> <li>• All Traits, W1-4: Connect</li> <li>• All Traits, W1-4, Respond: Circle Prompts</li> </ul>
10. Learners will be able to assess their level of engagement in their own learning for the achievement of personal goals.	Self-Management	<ul style="list-style-type: none"> <li>• Responsibility, W1, Grow: How Organized Are You?</li> <li>• Responsibility, W2, Grow: Telling Time</li> <li>• Responsibility, W4, Grow: Big Goals, Small Steps</li> <li>• Perseverance, W3, Grow: TOP Priority</li> </ul>
11. Learners will be able to identify strategies to persist and maintain motivation when working toward short- and long-term goals.	Self-Awareness & Self-Management	<ul style="list-style-type: none"> <li>• Gratitude, W1, Grow: Talking to Ourselves...About Gratitude</li> <li>• Gratitude, W3, Grow: Mirror, Mirror, Flip!</li> <li>• Perseverance, W1, Grow: Over the Top Organization</li> <li>• Perseverance, W2, Grow: Let’s Play 3T’s!</li> <li>• Perseverance, W3, Grow: Top Priority</li> <li>• Honesty, W1, Grow: Who To Listen To?</li> <li>• Honesty, W2, Grow: Act it Out with Honesty</li> <li>• Honesty, W3, Grow: Reframe It!</li> <li>• Cooperation, W1, Grow: Cooperation Cup Challenge</li> <li>• Creativity, W1, Grow: Looking Back to Look Ahead</li> <li>• Creativity, W2, Grow: Positive Self-Talk Project</li> <li>• Creativity, W3, Grow: Creatively Positive</li> </ul>

# Wisconsin Alignments

## 4th Grade, 3 of 5



Social Competence	CASEL Competency	PurposeFull People Lessons - Be Kind, Be Strong, Be Well
<b>Establish and maintain positive relationships by respecting others, practicing social skills, and making responsible choices while recognizing and connecting to the community at large</b>		
12. Learners will be able to appreciate diversity by recognizing multiple points of view and perspectives of others across cultural and social groups	Social Awareness	<ul style="list-style-type: none"> <li>• All Traits, W1-4: Connect</li> <li>• Respect, W3, Grow: The Power in Our Differences</li> <li>• Empathy, W4, Grow: Resolving Conflicts in Action</li> </ul>
13. Learners will be able to build relationships between diverse groups of people.	Social Awareness	<ul style="list-style-type: none"> <li>• All Traits, W1-4: Connect</li> <li>• Respect, W3, Grow: The Power in Our Differences</li> <li>• Cooperation, W3, Grow: Cooperation Flag</li> </ul>
14. Learners will be able to demonstrate respect for others by discussing how stereotypes affect self and others.	Social Awareness	<ul style="list-style-type: none"> <li>• Respect, W3, Grow: The Power in Our Differences</li> <li>• Respect, W4, Grow: A Scenario of Respect</li> <li>• All Traits, W1-4, Respond: Circle Prompts</li> </ul>
15. Learners will be able to, with adult guidance, recognize, establish, and maintain healthy and rewarding relationships.	Relationship Skills	<ul style="list-style-type: none"> <li>• Responsibility, W1, Grow: How Organized Are You?</li> <li>• Responsibility, W2, Grow: Telling Time</li> <li>• Responsibility, W4, Grow: Big Goals, Small Steps</li> <li>• Perseverance, W3, Grow: TOP Priority</li> </ul>
16. Learners will be able to effectively communicate clearly, listen well, and cooperate with others to build healthy relationships.	Relationship Skills	<ul style="list-style-type: none"> <li>• Respect, W2, Grow: Respect, Lights, Camera, Action!</li> <li>• Respect, W3, Grow: The Power in Our Differences</li> <li>• Respect, W4, Grow: A Scenario of Respect</li> <li>• Cooperation, W1, Grow: Cooperation Cup Challenge</li> <li>• Cooperation, W2, Grow: Cooperative Act it Out</li> <li>• Cooperation, W3, Grow: Cooperation Flag</li> <li>• Cooperation, W4, Grow: Let's Play the Conflict Game</li> </ul>
17. Learners will be able to independently adapt behavior based upon peer feedback and environmental cues.	Relationship Skills	<ul style="list-style-type: none"> <li>• Honesty, W1, Grow: Who To Listen To?</li> <li>• Cooperation, W1, Grow: Cooperation Cup Challenge</li> <li>• Cooperation, W2, Grow: Cooperative Act it Out</li> <li>• Cooperation, W4, Grow: Let's Play the Conflict Game!</li> </ul>

# Wisconsin Alignments

## 4th Grade, 4 of 5



Social Competence	CASEL Competency	PurposeFull People Lessons - Be Kind, Be Strong, Be Well
<b>Establish and maintain positive relationships by respecting others, practicing social skills, and making responsible choices while recognizing and connecting to the community at large</b>		
18. Learners will be able to work cooperatively and productively in a group to accomplish a set goal.	Relationship Skills	<ul style="list-style-type: none"> <li>• Cooperation, W1, Grow: Cooperation Cup Challenge</li> <li>• Cooperation, W2, Grow: Cooperative Act it Out</li> <li>• Cooperation, W3, Grow: Cooperation Flag</li> <li>• Cooperation, W4, Grow: Let's Play the Conflict Game!</li> </ul>
19. Learners will be able to identify cause and effect of a conflict.	Relationship Skills	<ul style="list-style-type: none"> <li>• Respect, W2, Grow: Respect, Lights, Camera, Action!</li> <li>• Respect, W4, Grow: A Scenario of Respect</li> <li>• Empathy, W4, Grow: Resolving Conflicts in Action</li> </ul>
20. Learners will be able to make constructive choices about personal behavior and social interaction in order to evaluate the consequences of various actions with consideration of well-being for oneself and others.	Decision Making	<ul style="list-style-type: none"> <li>• Respect, W1, Grow: Create A Class Respect Agreement</li> <li>• Respect, W2, Grow: Respect, Lights, Camera, Action!</li> <li>• Respect, W4, Grow: A Scenario of Respect</li> <li>• Gratitude, W2, Grow: Gratitude for Me and You</li> <li>• Gratitude, W4, Grow: Posting Positivity</li> <li>• Empathy, W1, Grow: Resolving Conflict with the Tree of Choices</li> <li>• Empathy, W2, Grow: Fingerprints of Kindness</li> <li>• Empathy, W4, Grow: Resolving Conflicts in Action</li> <li>• Courage, W2, Grow: Creating Time for Others</li> <li>• Courage, W3, Grow: Time = Values</li> </ul>
21. Learners will be able to identify and respect social norms for behavior and safe interactions across different settings.	Social Awareness	<ul style="list-style-type: none"> <li>• Respect, W1, Grow: Create A Class Respect Agreement</li> <li>• Respect, W2, Grow: Respect, Lights, Camera, Action!</li> <li>• Respect, W4, Grow: A Scenario of Respect</li> <li>• Cooperation, W1, Grow: Cooperation Cup Challenge</li> <li>• Cooperation, W2, Grow: Cooperative Act it Out</li> <li>• Cooperation, W4, Grow: Let's Play the Conflict Game!</li> </ul>

# Wisconsin Alignments

## 4th Grade, 5 of 5



Social Competence	CASEL Competency	PurposeFull People Lessons - Be Kind, Be Strong, Be Well
<b>Establish and maintain positive relationships by respecting others, practicing social skills, and making responsible choices while recognizing and connecting to the community at large</b>		
<p>22. Learners will be able to honor social norms with respect to safety of oneself and others.</p>	<p>Decision Making &amp; Relationship Skills</p>	<ul style="list-style-type: none"> <li>• <b>Respect, W1, Grow: Create A Class Respect Agreement</b></li> <li>• <b>Respect, W2, Grow: Respect, Lights, Camera, Action!</b></li> <li>• <b>Respect, W4, Grow: A Scenario of Respect</b></li> <li>• <b>Cooperation, W1, Grow: Cooperation Cup Challenge</b></li> <li>• <b>Cooperation, W2, Grow: Cooperative Act it Out</b></li> <li>• <b>Cooperation, W4, Grow: Let's Play the Conflict Game!</b></li> </ul>
<p>23. Learners will be able to identify when and how to offer help to others.</p>	<p>Social Awareness &amp; Relationship Skills</p>	<ul style="list-style-type: none"> <li>• <b>Gratitude, W4, Grow: Posting Positivity</b></li> <li>• <b>Empathy, W2, Grow: Fingerprints of Kindness</b></li> <li>• <b>Empathy, W4, Grow: Resolving Conflicts in Action</b></li> </ul>
<p>24. Learners will be able to make constructive choices about personal behavior and social interaction in order to evaluate the consequences of various actions with consideration of well-being for oneself and others.</p>	<p>Decision Making</p>	<ul style="list-style-type: none"> <li>• <b>Gratitude, W2, Grow: Gratitude for Me and You</b></li> <li>• <b>Gratitude, W4, Grow: Posting Positivity</b></li> <li>• <b>Empathy, W2, Grow: Fingerprints of Kindness</b></li> </ul>

# Wisconsin Alignments

## 5th Grade, 1 of 5



Emotional Development	CASEL Competency	PurposeFull People Lessons - Be Kind, Be Strong, Be Well
<b>Understand and manage one's emotions</b>		
1. Learners will be able to recognize and label a variety of complex emotions in self and others.	Self-Awareness	<ul style="list-style-type: none"> <li>• <b>Honesty, W2, Grow: Honesty With Peers</b></li> <li>• <b>Honesty, W3, Grow: Balancing Act</b></li> </ul>
2. Learners will be able to express their emotions to self and others in respectful ways.	Self- Management	<ul style="list-style-type: none"> <li>• <b>All Traits, W1-4: Connect</b></li> <li>• <b>Respect, W3, Grow: The Power in Our Differences</b></li> <li>• <b>Cooperation, W3, Grow: Cooperation Flag</b></li> </ul>
3. Learners will be able to, with minimal adult guidance, manage emotions (e.g., stress, impulses, motivation) in a manner sensitive to self and others.	Self- Management	<ul style="list-style-type: none"> <li>• <b>Gratitude, W1, Grow: Cooking Up Some Calm</b></li> <li>• <b>Gratitude, W2, Grow: Unexpected Gratitude</b></li> <li>• <b>Gratitude, W3, Grow: Who's Your Person?</b></li> <li>• <b>Gratitude, W4, Grow: Stress Supports PSA</b></li> <li>• <b>Honesty, W1, Grow: Preventing Stress Honestly</b></li> <li>• <b>Honesty, W2, Grow: Honesty With Peers</b></li> <li>• <b>Honesty, W3, Grow: Balancing Act</b></li> <li>• <b>Honesty, W4, Grow: Lighten Up!</b></li> <li>• <b>Creativity, W1, Grow: Creative Stress-Relief</b></li> <li>• <b>Creativity, W2, Grow: Creating Solutions</b></li> <li>• <b>Creativity, W3, Grow: Creation Rotation Stations, Part 1</b></li> <li>• <b>Creativity, W4, Grow: Creation Rotation Stations, Part 2</b></li> </ul>
4. Learners will be able to, with adult guidance, use organizational skills and strategies to focus attention in order to work toward personal and academic goals.	Self- Management	<ul style="list-style-type: none"> <li>• <b>Responsibility, W1, Grow: Mountain TOP</b></li> <li>• <b>Responsibility, W2, Grow: Co-climbing the Mountain</b></li> <li>• <b>Responsibility, W3, Grow: A Matter of Time</b></li> </ul>
5. Learners will be able to identify others' need for empathy and respond in respectful ways.	Social Awareness	<ul style="list-style-type: none"> <li>• <b>Respect, W2, Grow: Respect For Self and Others Online</b></li> <li>• <b>Respect, W3, Grow: Our Words Stick</b></li> <li>• <b>Empathy, W4, Grow: Leading at Home and School</b></li> </ul>
6. Learners will be able to use perspective-taking to predict how their own behavior affects the emotions of others.	Social Awareness	<ul style="list-style-type: none"> <li>• <b>Respect, W3, Grow: Our Words Stick</b></li> <li>• <b>Respect, W4, Grow: The Compliment Project</b></li> <li>• <b>Empathy, W2, Grow: Make Kindness Normal</b></li> <li>• <b>Empathy, W4, Grow: Leading at Home and School</b></li> </ul>

# Wisconsin Alignments

## 5th Grade, 2 of 5



Self-Concept	CASEL Competency	PurposeFull People Lessons - Be Kind, Be Strong, Be Well
<b>Develop positive self-identity and recognize self as a lifelong learner</b>		
7. Learners will be able to use a “growth mindset” in order to recognize and build on their strengths.	Self-Awareness	<ul style="list-style-type: none"> <li>• Empathy, W3, Grow: Goals that Matter!</li> <li>• Empathy, W4, Grow: Leading at Home and School</li> <li>• Perseverance, W1, Grow: Overcoming Obstacles</li> <li>• Perseverance, W2, Grow: Big Plans!</li> <li>• Perseverance, W3, Grow: BHAGs with Purpose, Part 1</li> <li>• Perseverance, W4, Grow: BHAGs with Purpose, Part 2</li> </ul>
8. Learners will be able to reflect on similarities and differences between their personal beliefs and those of others.	Self-Awareness	<ul style="list-style-type: none"> <li>• Respect, W1, Grow: Respect Agreement</li> <li>• Empathy, W1, Grow: Leadership Lineup</li> <li>• All Traits, W1-4: Connect</li> <li>• All Traits, W1-4, Resond: Circle Prompts</li> </ul>
9. Learners will be able to identify their role in their family and community and how those roles impact their identity.	Self-Awareness & Social-Awareness	<ul style="list-style-type: none"> <li>• All Traits, W1-4: Connect</li> <li>• Respect, W3, Grow: Lead with Positivity</li> <li>• Empathy, W4, Grow: Leading at Home and School</li> </ul>
10. Learners will be able to assess their level of engagement in their own learning for the achievement of personal goals.	Self-Management	<ul style="list-style-type: none"> <li>• Responsibility, W1, Grow: Mountain TOP</li> <li>• Responsibility, W2, Grow: Co-climbing the Mountain</li> <li>• Responsibility, W3, Grow: A Matter of Time</li> </ul>
11. Learners will be able to identify strategies to persist and maintain motivation when working toward short- and long-term goals.	Self-Awareness & Self-Management	<ul style="list-style-type: none"> <li>• Responsibility, W4, Grow: You Can Count on Me</li> <li>• Gratitude, W1, Grow: Cooking Up Some Calm</li> <li>• Gratitude, W2, Grow: Unexpected Gratitude</li> <li>• Perseverance, W1, Grow: Overcoming Obstacles</li> <li>• Perseverance, W2, Grow: Big Plans!</li> <li>• Perseverance, W3, Grow: BHAGs with Purpose, Part 1</li> <li>• Perseverance, W4, Grow: BHAGs with Purpose, Part 2</li> </ul>



# Wisconsin Alignments

## 5th Grade, 3 of 5



Social Competence	CASEL Competency	PurposeFull People Lessons - Be Kind, Be Strong, Be Well
<b>Establish and maintain positive relationships by respecting others, practicing social skills, and making responsible choices while recognizing and connecting to the community at large</b>		
12. Learners will be able to appreciate diversity by recognizing multiple points of view and perspectives of others across cultural and social groups	Social Awareness	<ul style="list-style-type: none"> <li>• All Traits, W1-4: Connect</li> <li>• Empathy, W4, Grow: Leading at Home and School</li> </ul>
13. Learners will be able to build relationships between diverse groups of people.	Social Awareness	<ul style="list-style-type: none"> <li>• All Traits, W1-4: Connect</li> <li>• Cooperation, W1, Grow: A Leader in Action</li> <li>• Cooperation, W2, Grow: Leading Through Conflict</li> <li>• Cooperation, W3, Grow: Leadership Project, Part 1</li> <li>• Cooperation, W4, Grow: Leadership Project, Part</li> </ul>
14. Learners will be able to demonstrate respect for others by discussing how stereotypes affect self and others.	Social Awareness	<ul style="list-style-type: none"> <li>• Respect, W2, Grow: Respect for Self and Others Online</li> <li>• Respect, W3, Grow: Lead with Positivity</li> </ul>
15. Learners will be able to, with adult guidance, recognize, establish, and maintain healthy and rewarding relationships.	Relationship Skills	<ul style="list-style-type: none"> <li>• All Traits, W1-4: Connect</li> <li>• Respect, W2, Grow: Respect For Self and Others Online</li> <li>• Respect, W3, Grow: Our Words Stick</li> <li>• Respect, W4, Grow: The Compliment Project</li> <li>• Responsibility, W4, Grow: You Can Count on Me</li> <li>• Empathy, W2, Grow: Make Kindness Normal</li> <li>• Empathy, W4, Grow: Leading at Home and School</li> </ul>
16. Learners will be able to effectively communicate clearly, listen well, and cooperate with others to build healthy relationships	Relationship Skills	<ul style="list-style-type: none"> <li>• Courage, W1, Grow: Character: Courage or Comfort Zone?</li> <li>• Courage, W2, Grow: Corners of Courage</li> <li>• Courage, W3, Grow: TOP Character Goals</li> <li>• Courage, W4, Grow: Courage to Try New Things</li> </ul>
17. Learners will be able to independently adapt behavior based upon peer feedback and environmental cues.	Relationship Skills	<ul style="list-style-type: none"> <li>• Responsibility, W4, Grow: You Can Count on Me</li> <li>• Perseverance, W1, Grow: Overcoming Obstacles</li> </ul>

# Wisconsin Alignments

## 5th Grade, 4 of 5



Social Competence	CASEL Competency	PurposeFull People Lessons - Be Kind, Be Strong, Be Well
<b>Establish and maintain positive relationships by respecting others, practicing social skills, and making responsible choices while recognizing and connecting to the community at large</b>		
18. Learners will be able to work cooperatively and productively in a group to accomplish a set goal.	Relationship Skills	<ul style="list-style-type: none"> <li>• Responsibility, W2, Grow: Co-Climbing The Mountain</li> <li>• Responsibility, W4, Grow: You Can Count on Me</li> <li>• Cooperation, W1, Grow: A Leader in Action</li> <li>• Cooperation, W2, Grow: Leading Through Conflict</li> <li>• Cooperation, W3, Grow: Leadership Project, Part 1</li> <li>• Cooperation, W4, Grow: Leadership Project, Part 2</li> <li>• Creativity, W2, Grow: Creating Solutions</li> </ul>
19. Learners will be able to identify cause and effect of a conflict.	Relationship Skills	<ul style="list-style-type: none"> <li>• Respect, W1, Grow: Respect Agreement</li> <li>• Respect, W2, Grow: Respect for Self and Others Online</li> <li>• Cooperation, W1: Grow, Leading Through Conflict</li> <li>• Courage, W2, Grow: Corners of Courage</li> </ul>
20. Learners will be able to make constructive choices about personal behavior and social interaction in order to evaluate the consequences of various actions with consideration of well-being for oneself and others.	Decision Making	<ul style="list-style-type: none"> <li>• Respect, W2, Grow: Respect For Self and Others Online</li> <li>• Respect, W3, Grow: Our Words Stick</li> <li>• Respect, W4, Grow: The Compliment Project</li> <li>• Responsibility, W3, Grow: A Matter of Time</li> <li>• Cooperation, W1, Grow: A Leader in Action</li> <li>• Cooperation, W2, Grow: Leading Through Conflict</li> <li>• Cooperation, W3, Grow: Leadership Project, Part 1</li> <li>• Cooperation, W4, Grow: Leadership Project, Part 2</li> </ul>
21. Learners will be able to identify and respect social norms for behavior and safe interactions across different settings.	Social Awareness	<ul style="list-style-type: none"> <li>• Respect, W1, Grow: Respect Agreements</li> <li>• Respect, W2, Grow: Respect For Self and Others Online</li> <li>• Cooperation, W3, Grow: Leadership Project, Part 1</li> <li>• Cooperation, W4, Grow: Leadership Project, Part 2</li> </ul>

# Wisconsin Alignments

## 5th Grade, 5 of 5



Social Competence	CASEL Competency	PurposeFull People Lessons - Be Kind, Be Strong, Be Well
<b>Establish and maintain positive relationships by respecting others, practicing social skills, and making responsible choices while recognizing and connecting to the community at large</b>		
22. Learners will be able to honor social norms with respect to safety of oneself and others.	Decision Making & Relationship Skills	<ul style="list-style-type: none"> <li>• <b>Respect, W1, Grow: Respect Agreements</b></li> <li>• <b>Respect, W2, Grow: Respect For Self and Others Online</b></li> </ul>
23. Learners will be able to identify when and how to offer help to others.	Social Awareness & Relationship Skills	<ul style="list-style-type: none"> <li>• <b>Gratitude, W4, Grow: Stress Supports PSA</b></li> <li>• <b>Courage, W2, Grow: Corners of Courage</b></li> </ul>
24. Learners will be able to identify actions that would positively impact change in a classroom, school, and community.	Decision Making, Social Awareness, & Relationship Skills	<ul style="list-style-type: none"> <li>• <b>Gratitude, W4, Grow: Stress Supports PSA</b></li> <li>• <b>Empathy, W2, Grow: Make Kindness Normal</b></li> <li>• <b>Empathy, W4, Grow: Leading at Home and School</b></li> <li>• <b>Cooperation, W3, Grow: Leadership Project, Part 1</b></li> <li>• <b>Cooperation, W4, Grow: Leadership Project, Part 2</b></li> </ul>