



Extension



# Grab n' Go



Grab n' Go breakfasts are self-serve, quick and convenient.

## Spice it up



Innovative breakfast ideas...

- Fruity yogurt parfait
- Sunrise cereal surprise: Toss together different types and shaped of cereal. Add raisins or other dried fruit, nuts to spice up the blend.
- Offer vegetables
- Smoothies: Fruit and/or vegetable blend
- Breakfast burritos

## Top 5 reasons to serve Grab n' Go

1. Increase breakfast participation
2. Convenient
3. Portable
4. Easy clean-up
5. Less rush

## Make It Fun !!



- **Use special decorated bags for special holidays.**
- **Have theme days:** Hawaiian Day
- **Have lucky give away days:** Put special tickets in several breakfast bags and who ever receives the lucky bags wins a prize.
- **Make it like take out:** With every breakfast bag provide a menu and a flyer creatively advertising school breakfast.