

Janesville School District

Janesville School District used the mini-grant to assist in the implementation of competitive food guidelines for the schools. The district wellness committee was amazed at the teachers' requests for a strong united district position on competitive food guidelines. The teachers' suggestions were "tempered" by parental input, and the wellness committee developed nutrition criteria for competitive foods. This took longer than expected, as it was challenging to reach a consensus. Once developed and approved, the guidelines were shared with parents, administrators and staff and were put in place for the 2007-2008 school year. Along with the guidelines, the district sent the "Nutrition Nuggets" newsletter home for parents and held a poster contest to promote fruit and vegetable consumption as part of the mini-grant activities.