

## **Northside Elementary School, Middleton School District**

An active parent group and wellness committee partnered with the school nutrition department to educate parents and students on nutrition. By the end of the 2006-2007 school year, 50 to 75% of all the grade levels had nutrition education in place. A bulletin board with nutrition education information was put up monthly, and classroom snack and treat information was sent home for parents. A school breakfast program was started in spring 2007 as a result of nutrition education on breakfast and learning. Northside Elementary credits the Team Nutrition mini-grant project as assisting them to receive a 2007 Governor's School Health Award.