

## **Oconto School District**

Oconto School District had a goal to continue to create awareness of the wellness policy. All staff and school board received copies of wellness policy, and a staff development session was offered to staff. The wellness policy was put in the local paper, and programs were advertised to create community awareness.

The WisLine Webinar sessions helped the wellness committee reach out to the community, and garner additional support from the school board and superintendent. The Webinars also helped with the implementation of the policy to promote life skills and deal with the challenge in reaching parents, especially low income. As a result of the sessions, the wellness committee learned to monitor and designate someone responsible for the policy, and the need to add more measurable goals for evaluation into the wellness policy.

Activities that the wellness committee implemented included a community garden at the elementary school, wellness walls of supportive nutrition and fitness information and community nutrition and cooking classes were part of the programs offered to implement the wellness policy. The UW-Extension nutrition education leaders led 2-hour after school workshops on healthy snacks and meals, using the Power of Choice and Nibbles for Health materials.