

## **St. Ann School, Somerset School District**

St. Ann School used the Team Nutrition Mini-Grant to educate students, staff, parents and food service personnel on nutrition and healthy eating. The school's wellness policy included recommendations for healthy meals and snacks, and the wellness committee coordinated education from a local registered dietitian for students, staff and parents on nutrition and healthy snack choices. According to the wellness committee, the WisLine Webinars were "terrific" and the resources were shared with the all wellness committee members and all school staff for education.

The wellness committee established guidelines for fundraising and classroom snacks. These guidelines were enforced to all school-sponsored events and activities. The wellness committee commented on the need for "firm and consistent enforcement" of the guidelines through all activities from administration and staff.

Quality meals at school were enhanced through education and workshops for the food service staff and participation in the WisLine Webinars. Foodservice staff participated in series of classes and workshops throughout school year.

The wellness committee sponsored Family, Fitness & Fun for January, February and March 2007 to bring student families together for fun activities and celebrate wellness. These events also helped to remind parents about nutritious snack and healthy food choices.