

HOSA 2011 LEADERSHIP LAB BREAKOUT SESSIONS - STEVENS POINT

Biotechnology, Organ Transplant Support, and Beyond

Sessions A and B

HOSA Connections: Hear how a previous HOSA student from Racine is now working in a cutting edge health career at Life Technologies, a Biotechnology company, doing tissue typing for organ transplant surgery. Andrew now works in the division called Fragment and Sequence Genomics, with a job title of "Quality Control Scientist." Andrew Meyers is a Horlick High School Health Youth Apprenticeship program graduate who recently obtained his Biology degree from University of Wisconsin- Milwaukee. Mr. Meyers will share his journey in becoming part of the health team that improves odds for successful organ transplant surgery by doing DNA tissue typing and health research in a biology lab and reflect on how HOSA and the Health Youth Apprenticeship program gave him a helpful start in building an interesting career.

Andrew Meyers, Quality Control Scientist

Life Technologies

Color me Wholesome!

Session A

Learn about careers in the field of dietetics and nutrition. Are you interested in food and nutrition? Do you enjoy reading food labels? Are you concerned with eating a healthy? Do you have a desire to help people understand how their diet affects them? The Dietetics major prepares individuals interested in becoming specialists in food and nutrition. Graduates of the program may work in the health care setting, food service management, research, development and community programs. Learn more about careers in the dietetics field by participating in this lively, informative, interactive session!

Lori Macrander, Academic Advisor

School of Health Promotion & Human Development, UWSP

Exploring Health Science Pathway Careers

Sessions B and C

The health field has countless career opportunities. These different occupations are split into different groups; therapeutic, diagnostic, support services, research and development, and health informatics. In this session you will have the opportunity to explore and become more informed of the different pathways that the health field has to offer and the careers available in each.

Jill Niemczyk, Jann Brill, Gail Nelson, Wendy Hinz

Area Health Education Centers

Healthy Sleep for Teens...Sleep and Wake Cycles 101

Sessions A and B

What can **you** do to improve your chances of enjoying restorative, healing sleep? What is a sleep disorder such as narcolepsy? Many teens don't get enough quality sleep. Explore sleep habits that can promote good rest. Learn how sleep cycle disorders are diagnosed and treated in these exciting health careers. For the past 11 years, Jeremy Kirchmeier has been the coordinator of the Wheaton Franciscan Healthcare – All Saints Sleep Medicine Center and is a Registered Polysomnographic Technologist (RPSGT). Currently Jeremy is also completing his Bachelor's degree in Business Management. Jeremy works under supervision of a clinical director to evaluate and treat sleep disorders in a clinical situation. He will be joined by Bill Garvey, a registered nurse, who works for a pharmaceutical company that helps clinical staff throughout much of Wisconsin work with narcoleptics to "get their lives back." Mr. Garvey has a Bachelor of Science degree in Nursing from UW-Milwaukee, and a distinguished career in rehabilitative and hospice areas of nursing as well.

Jeremy Kirchmeier, RPSGT

Bill Garvey, Registered Nurse

All Saints Sleep Medicine Center

Pharmaceutical Company

HOSA 101 – Mapping Out the Benefits of Membership

Session C

Have you considered all the opportunities available to you as a HOSA member? Come to this session to learn about the benefits and experiences of local, state, and national membership. Learn how you can take advantage of the opportunities and become involved as an active HOSA member. This interactive session will help you map out your HOSA journey.

Samantha McFaul and Frances Hilgenberg

HOSA State Officers

HOSA 201 – Find Your Treasure in Competitive Events

Sessions A and C

How can your treasures and those you will gain this year in HOSA work toward developing successful strategies in competitive events? How can you find the competitive event that is right for you? What steps can you take to work toward success? Attend this session to learn about competitive events, hone presentation skills, and set personal goals.

Janice Atkinson

State Advisor

Juvenile Diabetes Research Foundation

Session C

HOSA and JDRF partnering together to better treat, prevent, and cure type 1 diabetes. Come learn how HOSA members can make an impact by fundraising and volunteering with JDRF. You will also hear first hand from Lauren Thompson, a senior at Stevens Point Area Senior High School, who was diagnosed with type 1 diabetes at the age of 7. She will talk to you about her life with type 1 diabetes, how it has affected her in school, her many experiences with health care professionals, and more! You will also learn about current research and ways to get involved with JDRF by board member Don Broderick. You do not want to miss this informative session!

Dana Paschen

JDRF Outreach Manager

“Lions and Tigers and College.....Oh My!”

Session B

Just like Dorothy Gale was swept away to a magical land in a tornado and embarked on a quest to see the Wizard, students take a journey through college in an effort to find their place in the world. Join us as we work to ease your minds, hearts, and fears when it comes to an undergraduate education. Complete with scarecrows, tin men, cowardly lions, and our own panel of wizards (college students), this session is sure to help you find your way along the yellow brick road of life in college.

Kyle George, Amber Nabbefeld, Kelley Muench, Aldis Siltumens UW-Stevens Point

The Seven Dimensions of Wellness!

Session B

Learn about careers in the field of health promotion. Are you interested in health? Do you like being active? Do you like talking to others about making healthy choices or living a healthy lifestyle? Wellness is the dynamic process of becoming aware of and making choices toward a more positive, balanced and healthy lifestyle. Health Promotion progressively generates interest for the advancement of health. Graduates of the Health Promotion/Wellness major are trained professionals who understand wellness and health promotion and can deliver sound programs. Learn more about careers in health promotion by participating in this lively, informative, interactive session!

Lori Macrander, Academic Advisor

School of Health Promotion & Human Development, UWSP

Teamwork and Leadership 101

Sessions A and C

Are you truly the best leader and team player that you can be? In this session, participants will get to engage in activities that use teamwork and leadership skills. These activities are fun and interactive, giving participants the chance to meet other members in not only other chapters, but their own local chapter. These teamwork and leadership skills will be beneficial now and in the future.

Rianna Case and Ben Magyar

HOSA State Officers

Advisor Session

Session B

Advisors are amazing teachers who support HOSA involvement for their students. Attend this session to learn more about the state service project and provide input on plans for State Leadership Conference. Learn about the current health science initiatives at DPI and enjoy connecting with other advisors.

Janice Atkinson

State Advisor