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| --- | --- | --- |
| CACFP Menu for Children 1-18 years of age**\*Greater than Three Meal Services** |  |  |
| Center name |  |  | Month and Year |  |
|  |  |  |  |  |
|  |  |  |  |  |  |
| Meal Patterns | Monday**Date\_\_\_\_\_\_\_\_\_\_** | Tuesday**Date\_\_\_\_\_\_\_\_\_\_** | Wednesday**Date\_\_\_\_\_\_\_\_\_\_** | Thursday**Date\_\_\_\_\_\_\_\_\_\_** | Friday**Date\_\_\_\_\_\_\_\_\_\_** |
| Breakfast• Grains, OR * Meat/Meat alternate (no more than 3 times per week)

• Fruit or Vegetable• Milk |  |  |  |  |  |
| AM Snack*Select two of the following:** Meat/Meat alternate

• Vegetable• Fruit• Grains• Milk |  |  |  |  |  |
| Lunch* Meat/Meat alternate

• Vegetable• Fruit• Grains• Milk |  |  |  |  |  |
| PM Snack*Select two of the following:** Meat/Meat alternate

• Vegetable• Fruit• Grains• Milk |  |  |  |  |  |
| Supper* Meat/Meat alternate

• Vegetable• Fruit• Grains• Milk |  |  |  |  |  |

\*Type of milk served: 1 year olds \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ 2 & older\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\*Record the specific names of cereals, fruits, and vegetables served

\*Note whole grain items with WG or WW and whole grain-rich items with WGR