

# WI Dept of Public Instruction

**Recipe: 003734 BAKED BEANS**

Recipe HACCP Process: #2 Same Day Service

Recipe Source:  
Recipe Group: LUNCH

Alternate Recipe Name:  
Number of Portions: 48  
Size of Portion: 1/2 CUP

050481 BEANS, BAKED, VEGETARIAN, CANNED, IN SAUCE.... 011284 ONIONS, DEHYDRATED FLAKES..... 902331 MUSTARD, POWDER/DRY..... 019335 SUGARS, GRANULATED.....	2 #10 CAN 2 1/4 CUP 2 TBSP 1 CUP	<b>*NUTRIENT ANALYSIS WILL VARY DEPENDING ON ACTUAL PRODUCTS USED</b>
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\*Nutrients are based upon 1 Portion Size (1/2 CUP)

Calories	151 kcal	Cholesterol	0.00 mg	Protein	6.51 g	Calcium	55.31 mg	3.71%	Calories from Total Fat
Total Fat	0.62 g	Sodium	438.82 mg	Vitamin A	27.55 RE	Iron	1.62 mg	0.59%	Calories from Saturated Fat
Saturated Fat	0.10 g	Carbohydrates	34.45 g	Vitamin A	138.58 IU	Water <sup>1</sup>	*0.18* g	*0.00%*	Calories from Trans Fat
Trans Fat <sup>1</sup>	*0.00* g	Dietary Fiber	5.63 g	Vitamin C	2.83 mg	Ash <sup>1</sup>	*0.15* g	91.23%	Calories from Carbohydrates
								17.24%	Calories from Protein

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient  
 \* - denotes combined nutrient totals with either missing or incomplete nutrient data  
<sup>1</sup> - denotes optional nutrient values

Miscellaneous	Attributes	Allergens Present	Allergens Absent	Allergens Unidentified
Meat/Alt..... oz.				? - Milk
Grain/Bread..... srv.				? - Egg
F/V/J..... cup				? - Peanut
Milk..... fl. oz.				? - Tree Nut
				? - Fish
				? - Shellfish
				? - Soy
				? - Wheat
<b>Moisture &amp; Fat Change</b>				
Moisture Change.	0%			
Fat Change.....	0%			
Type of Fat.....				

**Production Specification**

I/R	Ing #	Ingredient or Sub-Recipe	Measure	Measure	Round
I	050481	BEANS, BAKED, VEGETARIAN, CANNED, IN S			
I	011284	ONIONS, DEHYDRATED FLAKES			

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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I	902331	MUSTARD,POWDER/DRY			
I	019335	SUGARS,GRANULATED			

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