

School Nurse Update 2014-15 #4 Bette Carr, DPI School Nursing Consultant

Hello everyone,

I know that you all have been extremely busy, with immunization deadlines and now the varied communicable diseases. I appreciate all of your questions, suggestions, comments, and concerns as I know that school nurses are at the forefront of all these issues and more. It has been an extremely exhausting fall season for school nurses. I hope that you will find some of this information helpful as we continue our duties of keeping kids, families, and staff safe and healthy.

NEWS:

NEW—just released, approved videos for administration of intranasal and buccal seizure medications:

The Wisconsin Department of Public Instruction and the WISHeS program have collaborated to produce these much needed resources. There is a downloadable skill competency procedure document that you can adjust student specific information as needed and print it out for training. Please find the videos and procedure documents at the WISHeS Neurologic resource website :

Intranasal seizure medications: http://www.wishesproject.org/?page_id=1395

Buccal seizure medications: http://www.wishesproject.org/?page_id=1404

EV-D68 and Ebola Resources

The WI DHS has put together several documents now, on its website:

<http://www.dhs.wisconsin.gov/communicable/DiseasePages/enteroviruses.htm>

<http://www.dhs.wisconsin.gov/communicable/diseasepages/ViralHemorrhagicFever.htm>

CDC: <http://www.cdc.gov/vhf/ebola/outbreaks/2014-west-africa/index.html>

NASN:

<http://www.nasn.org/Home/ArticlesHomePage/tabid/464/ArticleId/753/Ebola-Virus-Update>

TRAIN Ohio session: available by going to the WI TRAIN website

<https://wi.train.org/DesktopShell.aspx> and launching course # 1053841 which should be archived sometime today.

From the CDC Adolescent and School Health Notice: **EV-D68**

On October 14, 2014 the Centers for Disease Control and Prevention (CDC) issued a [press release](#) sharing news about a new lab test developed by CDC for EV-D68 which will allow more rapid testing of specimens. Because of this new test, confirmed cases of EV-D68 will appear to rise rapidly over the next 7-10 days as specimen testing accelerates, however, changes in case counts won't represent a real-time influx of new cases.

Almost all of the CDC-confirmed cases this year of EV-D68 infection have been among children. Many of the children had asthma or a history of wheezing. Many parents continue to be worried about the outbreak and want information about what they can do to prevent illness and protect themselves and their families. The Centers for Disease Control and Prevention (CDC) has developed information and resources for parents about EV-D68. Please help us to address parents' questions and concerns and make them aware that these resources are available.

Below are CDC resources about EV-D68 developed for parents:

- [Web Feature](#), "What Parents Need to Know About Enterovirus D68"
- [Drop-in newsletter article \(matte article\)](#), "Parents: Learn the Facts about Enterovirus D68"
- [Fact sheet for parents](#), "What Parents Need to Know about Enterovirus D68"
- [General questions and answers for the public](#)
- [Infographic: Keep Your Child from Getting and Spreading Enterovirus D68](#)

Here are just a few ideas of how you can use and share these resources:

- Link to the URLs above on your parent-facing webpages.
- Share the infographic or Web Feature with parents over social media. Below are some sample tweets, or create your own:
 - Parents, CDC addresses your questions & concerns w/ new educational materials about EV-D68. <http://1.usa.gov/1o92Sdx>
 - Concerned about #enterovirus? Here's what you need to know about EV-D68 & respiratory illness. <http://1.usa.gov/1sC9Jfc>
 - Parents, follow these steps to protect kids, esp those w/ **asthma**, from EV-D68 & other viruses that cause respiratory illness. <http://go.usa.gov/VyzA>
- Syndicate content from the CDC website. CDC encourages organizations to mirror CDC's web text through content syndication rather than copy text onto their websites. Benefits include immediate and automatic updates whenever changes are made on the CDC site and ensures all content is consistent and current across the Internet. If you'd like to include EV-D68 Web content without having to monitor and copy updates, visit [Content Syndication](#) for the free one-time setup instructions. Enterovirus 68 is listed under "Syndication Topics."

- Place the text of the matte article on your website, or in e-newsletters and other publications you have that reach parents.
- Run the matte article in regional or community newspapers.
- Download, print, and distribute the fact sheet to parents through schools, child care facilities, doctor’s offices, clinics, faith communities, other community settings.
- Work with your state and local child care licensing and/or accreditation organizations to share CDC information with parents. For example, they could:
 - Ask child care centers to place the drop-in article in parent newsletters
 - Ask child care centers to print and post the fact sheet and/or infographic
- Work with your state department of education and school districts to share CDC information with parents. For example, they could:
 - Print and send copies of the fact sheet and/or infographic home with children
 - Email parents links to information on the CDC website
 - Post links to CDC information on schools’ social media accounts

Remember too, as entrovirus season is expected to taper off, flu activity usually begins to increase in October. While there is not a vaccine to prevent illness from enteroviruses, the single best way to protect against the flu is to get vaccinated each year. Many resources for parents and others can be found on the [CDC flu website](#). CDC recommends that **ALL** children 6 months old or older get a flu vaccine.

Wisconsin’s data collection tool is now available!

Step Up Be Counted!!

The Wisconsin School Health Services Report is now available online for your review http://ssp.wisconsin.gov/ssp_w_sndata . Please take time now to review the data collection tool and begin as soon as possible collecting the 2014-15 data. You, and what you do, are very important and we want to make sure that you are able to develop a system that will help you collect the needed data. The National Association of State School Nurse Consultants (NASSNC) and the National Association of School Nurses (NASN) have been working collaboratively for several months and developed this easy-to-use national data collection tool. The collection tool should be used to collect data at the district level, and then sent on to the Wisconsin Department of Public Instruction to aggregate the data. The state data will be submitted nationally in an aggregated format. This will be a *first time effort* and we hope that everyone will participate. It is a voluntary report; however, the importance of reporting has never been more important! The tool is short and concise, and replaces the former Health Services Report. **It will need to be completed and submitted to DPI by June 19, 2015.** We want Wisconsin’s data to be represented!! Join the NASN call to **[STEP UP BE COUNTED](http://www.nasn.org/Research/StepUpBeCounted)** (<http://www.nasn.org/Research/StepUpBeCounted>) Review the NASN website or watch the webinars about the importance of data. Wisconsin school nurses will be helping each other tackle their district specific electronic student information systems, or in developing other collection methods.

Old data for the 2013-2014 school year can still be submitted through this link:
<https://forms.dpi.wi.gov/se.ashx?s=56301B2D6C979307> You have until December 31st for the 2013-2014 data to be reported, but the sooner the better. The Wisconsin Association of School Nurses will again be offering an incentive to those school district nurses who participate in the report and register for the spring 2015 conference.

Professional Development

School Nurses - Reduce Your Stress: Prepare Now For School Fieldtrips!

October 23, Pewaukee, CESA 1, 4:30-6:30PM More info and registration:

<http://www.cesa1.k12.wi.us/programs/trainingforschoolnurses/>

This professional development opportunity for school nurses will allow nurses to identify key fieldtrip planning objectives and actions, both for student safety and nurse license protection.

School Nurses - Reduce Your Stress: Prepare Now For School Fieldtrips! and

Continuous Quality Improvement

October 29, Turtle Lake, CESA 11 9AM

This professional development opportunity for school nurses will allow nurses to identify key fieldtrip planning objectives and actions, both for student safety and nurse license protection. Find out what continuous quality improvement is and how you can implement into your practice.

Contact Kelly Ryder at kellyr@cesa11.k12.wi.us or go to <http://www.cesa11.k12.wi.us/home/professional-development/ispd-programs/healthy-students-staff-schools/school-nurses>

New School Nurse Training: Presented by the DPI and the Wisconsin Association of School Nurses

November 5-6, 2014

Crowne Plaza Hotel, Madison, WI

Call Bette Carr, school nurse consultant, with any questions: 608-266-8857

Registration: <https://www.regonline.com/2014newschoolnursetraining>

Building the Heart of Successful Schools Conference

The 2014 Building the Heart of Successful Schools conference brochure and registration web link are now available. The December 11-12 conference will take place at the Chula Vista Resort and Conference Center in Wisconsin Dells. More workshop options will be offered this year than past years and includes topics such as School Climate Improvement, Best Practices in Bullying Prevention, Alcohol and Other Drug Abuse Prevention Strategies, as well as an entire track on implementing student health and wellness activities. This year there will be a day-long pre-conference on December 10, focused exclusively on the PREPaRE crisis prevention plan and response model.

Registration and more information located at: http://sspw.dpi.wi.gov/sspw_buildingheart , and the conference brochure can be found at this site.

If you have any questions, please contact Elizabeth Pease at elizabeth.pease@dpi.wi.gov or 608-267-9240.

Asthma, Asthma, and More Asthma/Health Insurance

Join me for this one day training Madison on **Thursday, November 6, 2014 from 10 am – 4pm**

In the morning session we will cover: Hands on practice with asthma medication delivery devices, step up/step down plans, measuring asthma control, asthma action plans, connecting with providers and recent asthma research. The afternoon session will focus on ensuring that eligible children are enrolled in federal, state or local insurance programs and Express Enrollment basics. This session will prepare school nurses to do Express Enrollment for students in their district.

Full day attendance is recommended for school nurses in the Wellness Improves Learning for Youth project districts. There is also an option to attend the morning or afternoon session.

Pre-Registration is required by October 27, 2014. Enrollment is limited in each session. There is no cost to attend. Lunch will be provided.

To register go to,

<https://www.regonline.com/asthmoreasthmaandhealthinsurance> Email Freddi Adelson (or Bette Carr) for more information: Freddi.adelson@dpi.wi.gov

Resources:

Tools for Training Staff Members

Freddi Adelson, DPI School Nursing Consultant, has training equipment available for training staff members how to do a urinary catheterization. A body torso mannequin, as well as catheters, are available for use in training by the school nurse. If you would like to borrow these items for a training, please contact Freddi, Freddi.adelson@dpi.wi.gov

Wisconsin Asthma Coalition resources

Oxygen Newsletter from WAC

<http://view.exacttarget.com/?j=fe5d1774736604747310&m=fe51678726100&ls=fdbb1572716305757d12757c65&l=feb81d7870640c74&s=fe3712707064007a741471&jb=ffcf14&ju=fe3010757260047c761576>

What We Know About Obesity and What We Are Doing--webinar

View this excellent archived presentation by Dr. David Allen and Dr. Aaron Carrel recorded on October 8, 2014. To view the recording, click this link: [View the Blackboard Collaborate recording](#)

- Importance of approaching overweight/obesity with policy that creates a healthy environment to surround children rather than on an individual level

- Research supporting the positive impact of the Core 4 + strategy on children. See more about Core 4 + at <http://dpi.wi.gov/sites/default/files/imce/sspw/pdf/pewhycore4.pdf>
 - 1.Active Physical Education (PE) Minutes
 - 2.Active Classrooms
 - 3.Active Recess/ Open Gym
 - 4.Active Before and After School
 + Family and Community Physical Activity
- Importance of preventing excess early life weight gain to protect kids from becoming overweight
- Understanding that the chances of becoming obese are closely tied to being overweight in kindergarten (at age 5)
- Thinking about all the economic incentives that undermine progress towards healthy outcomes

Please take advantage of this opportunity to listen to the webinar and consider what is happening in your district.

To view the recording, click the link below:

[View the Blackboard Collaborate recording](#)

Or go to http://sspw.dpi.wi.gov/sspw_schoolhealthproject and scroll down to **Resources from Previous Event**

From the Waisman Center Associate Kristi Jones:

Resources available:

On the [Genetics in Wisconsin](#) website: two [stories](#) written by parents of children with genetic conditions (the new ones are the first two on the list).

On the [Health Transition Wisconsin](#) website: a [story](#) written by a young man about his own health transition experiences (the first one on the list).

These new stories add to the stories already on our sites and provide additional views into the lives of youth and families. We are very grateful to those who have shared their stories, and we hope you enjoy reading them!

Contact Kristi Jones for questions: kfjones@wisc.edu

Grant for special sports wheelchairs YMCA needs you :) With Wheels, Will Win!

From: Bobbie Kolehouse [mailto:bobbie.kolehouse@gmail.com]

Sent: Sunday, September 28, 2014 4:46 AM

To: Bobbie Kolehouse

Subject: Grant for special sports wheelchairs YMCA needs you :) With Wheels, Will Win!

Good morning!

Marshfield Clinic submitted a proposal to Y-USA (YMCA) for \$5,000 for special sports wheelchairs for a program held at the Marshfield Y and supported by Dr. Jill Meilahn and directed by U.S. Paralympian, Tony Iniguez. With Wheels, Will Win!

Kids with disabilities often find themselves looking in from the outside. With Wheels, Will Win! allows kids to participate in sports using special sports wheelchairs to increase confidence and physical strength, and reduce social isolation. This community based program combines physical activity, healthy lifestyle choices, and team work as a way for kids confined to wheelchairs to participate, but requires funding to buy the special sports wheelchairs.

To get to the review stage, the proposal has to be in the top 17 and those are selected by popular vote.

Please share this email with your networks who are working with children or care about children, and ask them to vote for this effort if they feel they can support it. Voting started September 3 and this proposal was just submitted, so we are playing catch-up. Vote once every 24 hours from now until October 24.

Good work with little inconvenience. No strings. Just be sure to vote.

Here is the link to vote. <http://mfpp.ymca.net/project/with-wheels-will-win>

Thank you so much.

With kindest regards,

Bobbie Kolehouse

Stevens Point, WI

Community Health Improvement in Action (CHIA)

We are pleased to announce that a Request for Applications is now available inviting communities to join the *Community Health Improvement in Action (CHIA)* Community of Practice as funded partners. CHIA's Community of Practice will discuss common problems, share best practices, and collaboratively create solutions related to the implementation and evaluation of community health improvement strategies with an emphasis on approaches that address unhealthy and risky alcohol use in Wisconsin communities.

To support long-term and consistent engagement in its Community of Practice, CHIA is offering expert-facilitated training, technical assistance and up to \$2,000 to each of twenty funded-partner communities. The funding period is from January, 2015 through December, 2016, and applications are due November 10, 2014.

A Request for Applications (RFA) and Application Form at the [CHIA webpage](#).

Thank you for your interest and support!

Sarah Beversdorf
715.824.5957
sarah@badgerbay.co

Have you received your flu shot?

Currently, Wisconsin ranks in the bottom third in the country for people receiving the seasonal flu vaccine, according to a survey by Trust for America's Health. Read more at:

<http://www.wisn.com/news/wisconsin-ranks-near-bottom-for-flu-vaccinations/28990944>

Here are some resources to assist you with your districts flu planning:

<http://flu.wisconsin.gov/>

<http://www.cdc.gov/flu/index.htm>

<http://www.cdc.gov/flu/school/>

<http://www.flu.gov/>

<http://www.flu.gov/planning-preparedness/school/>

<http://www.flu.gov/planning-preparedness/school/schoolchecklist.pdf>

<http://readywisconsin.wi.gov/Informed/Informed.asp?maintab=2>

Information for parents:

http://www.cdc.gov/flu/pdf/freeresources/updated/everyday_preventive.pdf

http://www.cdc.gov/flu/pdf/freeresources/updated/a_flu_guide_for_parents.pdf

<http://www.cdc.gov/flu/pdf/freeresources/family/flu-vaccine-children-2to8.pdf>

Information to post in schools:

<http://www.cdc.gov/flu/protect/covercough.htm>

School Nurse webpage: http://sspw.dpi.wi.gov/sspw_schnurse

To join the School Nurse Email List

and receive school nursing updates click [here](#).