

WISCONSIN DEPARTMENT OF PUBLIC INSTRUCTION

# School Nurse UPDATE

### #11 January 26, 2023

### Greetings!

There was great discussion at the school nurse consultant office hours this past week. I shared how informative I found the NCSSLE Lessons from the Field webinar on Facts About FentanyI. See the link to the recorded webinar on page 5. Part 2 of the webinar series is February 8, 2023. Those attending office hours also discussed vaping and shared vaping education resources. Here is the <a href="DHS webpage">DHS webpage</a> with information regarding E-cigarettes, smokeless tobacco, and other products. In response to your questions, I have added a new tab for Vaping resources on the School Nurse <a href="Resources and Publications">Resources and Publications</a> website. See <a href="DPI News for additional website updates">DPI News for additional website updates</a> (p. 2).

See DHS News (p.5) for the save the date for the next DHS/DPI K-12 School Stakeholder Webinar. The webinar is in the planning stages, but representatives from the immunization program, testing program, and the communicable disease section are helping set the agenda.

January has been **Human Trafficking Awareness Month**. This is a key time for all school staff to increase our knowledge about human trafficking, to learn to spot the signs of trafficking, and take action in supporting students. See DPI News (p. 3) for more information.

I am still processing my thoughts and emotions regarding the elementary student who allegedly shot their teacher. The Relentless School Nurse blog (p. 7) I've included discusses one immediate thing we can do today to protect our children. DPI is seeking a new consultant (p. 4). Part of the consultant's role includes school safety and AODA issues.

In Practice Points I introduce this year's data points for the voluntary Wisconsin School Health Services Survey.

### **FEATURED STORIES**

PRACTICE POINTS – 2023 Data Collection Tool

ACEs Brain and Biology (DPI News)

February Health Month Observances (NASN News)

### **SAVE THE DATES**

DPI School Nurse Informational Meeting 1/30/23 7:15-7:30 AM

DPI Consultant Office Hours 2/17/23 8-8:45 AM

DPI/DHS Webinar 2/7/23 4-5 PM

DiSH Session – Writing an IHP for a Student with Diabetes 2/15/23 3-4 PM

louise

### **DPI News**

### **Updated and New School Nurse Webpages and Resources**

#### Diabetes

The <u>Diabetes Chronic Conditions</u> webpage has been revised. DPI's 2016 white paper on <u>Managing Diabetes Safely in the School Setting</u>: a framework for collaborative care which defines roles and priorities in providing care to students with diabetes is reposted along with an updated introduction. New resources include the <u>ADA Diabetes Medical Management Plan</u> and Madison Metropolitan School Districts' diabetes guidelines.

#### Opioids

A new section on the school nurse <u>Resources and Publications</u> webpage contains opioid abuse resources beyond training in how to administer an opioid antagonist.

The Opioid Antagonist Specific Resources training webpage is updated to include newly (DPI) approved training programs. As programs schools are using for training staff are sent to DPI for approval, the website will list these programs. Minimum requirements for such training programs is listed on the webpage. Note DPI approved training on the use of an opioid antagonist includes both a knowledge portion and a skill demonstration. The revised introduction states DPI approves the administration of opioid antagonists via nasal routes or an auto-injector. DPI does not approve the use of a vial and syringe by school personnel, bus operators, and volunteers to administer naloxone via intramuscular injection.

Vaping

Vaping resources both for staff and parental education and youth cessation have been added under a new tab on the school nurse Resources and Publications webpage.

#### **DPI Seeking Input on Suicide Prevention Curriculum**

The DPI is updating and revising the suicide prevention curriculum with lessons at the elementary (3rd - 5th) and middle/secondary levels (6th - 8th, 9th -12th). We are seeking input from the field to help determine content to be included at each of the levels. Please consider completing this brief survey to share your expertise and experience to inform this important work. Parent and student input is also crucial, so please consider eliciting input from these stakeholders in your school/district. Survey completion is requested by: January 31st or your earliest convenience.

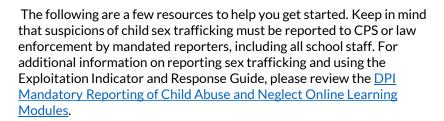
Suicide Prevention Curriculum Content Survey

The Opioid
Antagonist Specific
Resources training
webpage is updated
to include newly
(DPI) approved
training programs.

### **DPI** News

### **January is Human Trafficking Awareness Month**

This is a key time for all school staff to increase our knowledge about human trafficking, to learn to spot the signs of trafficking, and take action in supporting students. Human trafficking occurs throughout Wisconsin, including rural, urban, and suburban areas. Trafficking can happen to anyone of all sexes, genders, races, and economic backgrounds, though some individuals are in a higher risk group. We all have an important role in preventing and responding to human trafficking. Wisconsin educators can help prevent and respond to trafficking by learning more about the topic and implementing such best practices as trauma sensitive schools, social and emotional learning, culturally responsive practices, resilience building, fostering relationships, and encouraging a welcoming, inclusive environment for all students.



- National Human Trafficking Hotline (1-888-373-7888)
- Upcoming Free Training from DPI/DCF/WISH Center, including <u>Finding Your Strengths Anti-Human Trafficking Tool to Use with Youth and Practical Harm Reduction Ideas to Use with Youth</u>
- <u>DPI Webpage</u> Reducing and Responding to Sexual Violence includes a section on Sex Trafficking Prevention with these and additional resources:
  - Wisconsin Child Sex Trafficking and Exploitation Indicator and Response Guide should be consulted if you have concerns that a child or youth you have contact with is being sexually trafficked or exploited.
  - Resource list by Wisconsin regions for supporting youth who have been trafficked - WI Department of Justice
  - DCF Anti-Human Trafficking Tools and Resources, including Building a Strong Team Response to High Risk and Trafficked Youth, Finding Your Strengths Tool, and Training for Professional Content based on the documentary filmed in Wisconsin.
  - Anti-Human Trafficking 101: Anti-Human Trafficking Intro for School Staff, Julie Incitti, WI DPI School Social Work Consultant, Asia Jackson, Statewide Anti-human Trafficking Coordinator, and Corrie Warning, School Social Worker in Milwaukee Public Schools
  - Anti-human Trafficking Basics for School Staff Recorded Interview Video Link
  - Anti-human Trafficking Basics for School Staff Recorded Interview Handout



Human trafficking occurs throughout Wisconsin, including rural, urban, and suburban areas. Trafficking can happen to anyone of all sexes, genders, races, and economic backgrounds, though some individuals are in a higher risk group.

### **DPI News**

#### DPI Seeking New Educational Consultant for AODA/Traffic Safety/Drivers Education

The Student Services/Prevention and Wellness (SSPW) Team in the Division for Learning Support is seeking applicants for an Education Consultant position focusing on driver education, alcohol and other drug abuse (AODA) prevention, and traffic and school safety. The SSPW Team's vision is that in Wisconsin schools, everyone is and feels healthy, safe, supported, engaged, and challenged. This position will provide you with the opportunity to collaborate with a variety of agencies (Dept. of Justice Office of School Safety, Cooperative Education Services Agencies, and local education agencies) while also working alongside bright, talented, and compassionate team members. This position also includes some travel (approximately 10% of the time).

If this sounds like work you would like to do, then please apply for the SSPW Education Consultant position! Deadline to apply is Monday, February 6.

Information and application materials posted here: https://wj.wi.gov/8968

#### 2023-25 Competition for State Alcohol and Other Drug Abuse (AODA) Program Grants

The Department of Public Instruction's (DPI) Student Service/Prevention and Wellness (SSPW) Team is pleased to announce the 2023-25 Competition for State Alcohol and Other Drug Abuse (AODA) Program Grants. The DPI's AODA program, first authorized under Chapter 331, Laws of 1979, is designed to help local school districts utilize their staff and program resources to develop comprehensive AODA programs. The DPI assists school districts in developing comprehensive AODA programs that encompass both prevention and intervention services. Prevention programs are designed to help students avoid or minimize future alcohol and other drug use problems. In contrast, intervention programs are designed to help students who are already experiencing problems. Resources are provided to districts in four general categories: training, technical assistance, information dissemination, and grants. The discretionary grant program supports the development and expansion of district-wide comprehensive kindergarten through grade 12, alcohol and other drug abuse prevention, and early intervention programming as part of a coordinated school health program.

These two-year grants (equal funding for each year 2023-24 and 2024-25) will allow public school districts in the state to apply in the following funding categories:

- Districts with enrollment of less than 3,000 for up to \$15,000 per year
- Districts with enrollment equal to or greater than 3,000 for up to \$25,000 per year
- Consortia for up to \$25,000 per year with no member eligible for more than \$4,000

All grants submitted to <a href="mailto:dpiaoda.grant@dpi.wi.gov">dpiaoda.grant@dpi.wi.gov</a> by 4:30 p.m. on April 21, 2023, will be reviewed. The application, guidelines, scoring rubric, and recorded grant writer's webinar can be found on the <a href="mailto:AODAwebpage">AODAwebpage</a>.

For information about the State AODA Program Grant, please contact <a href="mailto:dpiaoda.grant@dpi.wi.gov">dpiaoda.grant@dpi.wi.gov</a>.

### DHS News

#### **Respiratory Report**

The Weekly Respiratory Report is available and updated bi-weekly.

#### DHS/DPI to Hold K-12 School Stakeholder Webinar

Mark your calendars for the next stakeholder webinar on February 7, 2023. The DHS/DPI joint K-12 School Stakeholder Webinar will be 4-5 PM Tuesday, February, 7th . Participants may join from a PC, Mac, iPad, iPhone or Android device. Please click this <a href="link">link</a> to join. Further information about the seminar will be shared as the date approaches. Participants do not need to preregister for this webinar.



### Resilient Wisconsin: Trauma-Informed News and Notes, January 2023 ACEs, adversity's impact

Video: When is poor parenting psychological maltreatment?
Second year of pandemic took a heavy mental health toll on young adults
Yes, sweetheart, you do get to grieve your lost childhood

#### **Brain and biology**

Scientists reveal how trauma changes the brain How the brain stores remote fear memory

# National Center on Safe and Supportive Learning Environments

### Lessons from the Field Webinar - Part 1: Knowing the Facts About Fentanyl

Click here for recording and other information.

### Lessons from the Field Webinar - Part 2: Preventing and Addressing Fentanyl Use

February 08, 2023 - 2:00 PM - 3:30 PM CENTRAL

During the second webinar of this two-part miniseries, you will learn about a variety of approaches schools and communities are taking to educate students on the risks of fentanyl. You will hear from practitioners in schools and districts as well as community-based organizations working with schools to prevent and address fentanyl use. Learn more and register.

You will learn about a variety of approaches schools and communities are taking to educate students on the risks of fentanyl.

5

### **NASN News**

#### New Handout Communicates the Value of NASN Membership

Together, School Nurses Are Stronger: This new NASN membership tool communicates the value of a professional organization membership. Not a member? View to learn more about the benefits of NASN membership. Already a member? Learn more about your benefits and/or share with your fellow school nurses to help them Stay Current, Support Connections, and find Strength in Community.



It is available in two formats:

<u>Digital Membership Tool</u> Printable Membership Tool

#### **February Health Month Observances**

National Children's Dental Health Month is a national health month that promotes the benefits of good oral health to children, their caregivers, teachers, and many others. Check out NASN's resources on oral health.

Teen dating violence affects nearly 10% of all teenagers throughout the U.S., according to the <u>Teen Dating Violence website</u>. February is Teen Dating Violence Awareness Month, and the website offers a number of resources available to talk to teens about possible dating violence. NASN has <u>resources on sexual health</u> and <u>violence in schools</u> that may be useful as well.

## Allergy & Asthma Network

### How the Food Industry Is Sidestepping New Sesame Allergy Label Law

Some food manufacturers and restaurants are adding sesame to their food products. They say it is easier and less costly than ensuring that cross contact with cooking equipment or other foods with sesame cannot happen. Once again, parents and patients must stay vigilant when they review food labels and ingredients. Read more. 'Top 9 Food Allergens' Infographic: PDF Download

### Ask the Allergist: The Myth of Hypoallergenic Pets

Unfortunately, there is no such thing as a hypoallergenic dog or cat. All furry animals shed allergens in their saliva and skin. But certain furry animals may shed less than others. And there are some non-furry pets that do not produce any allergens at all. We spoke with board-certified allergist Janna Tuck, MD, about pet allergies. <u>Watch video</u>.

Some food
manufacturers and
restaurants are
adding sesame to
their food products.
They say it is easier
and less costly than
ensuring that cross
contact with
cooking equipment
or other foods with
sesame cannot
happen.

# American Academy of Pediatrics -HealthyChildren.Org



Featured 'Ask The Pediatrician' Question: My Child Has A Fever But Stores Near Me Are Out Of Over-the-Counter Medicines For Kids. What Can I Do?

With viral illnesses on the rise for kids, parents are looking for ways to manage symptoms—including reducing fevers. But many are coming up short on locating over-the-counter fever medicines for infants and children. Pediatrician Hailey Nelson, MD, FAAP shares what to know if parents find themselves in this situation. Read the full answer in <a href="English">English</a> and <a href="Spanish">Spanish</a>.

### Medscape Nurses

### Is It Time for Yet Another COVID Booster? It's Complicated

When should we think about the next COVID-19 vaccine? Or should we?

For some people who have received a two-dose primary series and all the recommended boosters, that could mean *a sixth shot* since COVID-19 vaccines became available. But is even that enough (or too much)? Read article.

My child has a fever but stores near me are out of over-the-counter medicines for kids. What can I do?

# School Nurse Blog

The Relentless School Nurse: A Haunting Message From a Child Survivor of a School Shooting

Robin Cogan, MEd, RN, NCSN, FNASN, FAAN January 19, 2023

# Immunization Action Coalition

"Vaccination Coverage with Selected Vaccines and Exemption Rates among Children in Kindergarten—United States, 2021–22 School Year" published in MMWR

CDC published <u>Vaccination Coverage with Selected Vaccines and Exemption Rates among Children in Kindergarten—United States, 2021–22 School Year</u> on January 13 in *MMWR*. A portion of the summary appears below.

During the 2020–21 school year, national coverage with state-required vaccines among kindergarten students declined from 95% to approximately 94%....

During the 2021–22 school year, coverage decreased again to approximately 93% for all state-required vaccines. The exemption rate remained low (2.6%). An additional 3.9% without an exemption were not up to date with measles, mumps and rubella vaccine. Despite widespread return to in-person learning, COVID-19-related disruptions continued to affect vaccination coverage and assessment for the 2021–22 school year, preventing a return to prepandemic coverage....

Increasing follow-up with undervaccinated students to reduce the impact of disruptions on vaccination coverage can help protect students from vaccine-preventable diseases.

Access the MMWR article in HTML or PDF.

# Immunize.org

Immunize.org continues to expand its translations of new and updated Vaccine Information Statements for HPV, rotavirus, Td, and Tdap. Be sure you are using the latest translations!

Thanks to CDC support, Immunize.org substantially expanded its repository of <u>Vaccination Information Statement (VIS)</u> translations. Immunize.org posted new and updated VIS translations for HPV, rotavirus, Td, and Tdap vaccines.

All translations are available in print-ready PDF format.

Tdap (Tetanus, Diphtheria, Pertussis) VIS (view in English):

Updated: <u>German</u> New! <u>Italian</u> New! Polish

Updated: Swahili (Kiswahili)

New! <u>Urdu</u> New! <u>Yiddish</u>



Immunize.org
substantially expanded
its repository
of Vaccination
Information
Statement (VIS)
translations.
Immunize.org posted
new and updated VIS
translations for HPV,
rotavirus, Td, and Tdap
vaccines.

8

# Health and Human Services



### Members of the 2025 Dietary Guidelines Advisory Committee Announced

January 19, 2023

The U.S. Department of Health and Human Services (HHS) Secretary Xavier Becerra and U.S. Department of Agriculture (USDA) Secretary Tom Vilsack announced the appointment of 20 nationally recognized scientists to serve on the 2025 Dietary Guidelines Advisory Committee. The Dietary Guidelines are the foundation for national nutrition programs, standards, and education.

Read full news release.

### Miscellaneous

### **U.S. FDA Proposes Shift To Annual COVID Vaccine Shots**

The U.S. health regulator on January 23, 2023 proposed one dose of the latest updated COVID-19 shot annually for healthy adults, similar to the influenza immunization campaign, as it aims to simplify the country's COVID-vaccine strategy.

The U.S. health regulator on January 23, 2023 proposed one dose of the latest updated COVID-19 shot annually for healthy adults, similar to the influenza immunization campaign.

### **Practice Points**

By Louise Wilson

### 2023 Data Collection Tool

I was reminded at the recent school nurse consultant office hours that I had not yet shared the data points for the 2022/23 school year. These are the data points that will be in the voluntary *School Health Services Survey* which I will ask all school districts to complete between May and August 2023. I have written <u>many times</u> about the importance of the data collected in this survey.

I shared at the office hours that the data points are the same as they were for the 2021/2022 school year. Attached to this newsletter is a template of the data points that will be on the survey school districts will complete online. The survey will open in May and be closed in August. Districts will have over 3 months to enter data into the survey.

Completing the survey is voluntary. There is no statutory requirement for DPI to collect information about the health of our state's school children or about the emergency nursing/school health services provided to them.

I will share out the results of the 2021/2022 survey at the WASN conference. Unfortunately, the response rate was again low, so the data is not representative of the 421 public school districts, the over 800,000 Wisconsin public school students, or what health services are provided and by whom. We need to change that! Wisconsin needs to have meaningful data.

I have been asked numerous times this school year how many school districts presently stock Narcan? I do not know. I don't know because less than a third of public-school districts completed the survey.

Look at the attached data collection template. It can't be too difficult to determine if your district stocks an opioid antagonist or not. Yes/No. Do you know if your district bills for Medicaid? Do you know if you have a medical advisor? Do you know how many RNs versus LPNs or Assistive Personnel provide care for your students?

Each year I promote this survey and remind school nurses to fill out the sections where you have information. If you do not have the data points this year complete the survey with what you do know. You can then plan for the following year to collect these data points. The survey data points are great ones to know and share with your own school board and administration.



Each year I promote this survey and remind school nurses to fill out the sections where you have information. If you do not have the data points this year complete the survey with what you do know. You can then plan for the following year to collect these data points. The survey data points are great ones to know and share with your own school board and administration.

More on the survey will be shared this Spring and at the WASN conference. For now, review the data points and determine which questions you can answer even without querying your student information system. The six chronic health conditions are the same the National Association of School Nurses (NASN) uses. Collecting this information and using the same data point definitions as NASN's Every Student Counts - National Data Set allows Wisconsin data to be shared with NASN and creates a clearer picture of school health services nationwide. If you do not collect information on students with chronic health conditions or your data collection is such that you cannot sort by those with a verified diagnosis that is okay. When the time comes to enter data simply report DNC/ do not collect. You can still report if you stock an opioid antagonist, bill for Medicaid, or have a medical advisor. Don't let not having some data points prevent you from sharing those you do have!

DPI needs this information so I can advocate on behalf of our school children, school health services, and school nurses. Plan now to participate in the 2022/2023 data collection via Wisconsin's School Health Services Survey.

DPI needs this information so I can advocate on behalf of our school children, school health services, and school nurses. Plan now to participate in the 2022/2023 data collection via Wisconsin's School Health Services Survey.

This publication is available from: Learning and Support Student Services Prevention and Wellness Team (608) 266-8857 https://dpi.wi.gov/sspw/pupil-services/school-nurse

January 2023 Wisconsin Department of Public Instruction

The Department of Public Instruction does not discriminate on the basis of sex, race, color, religion, creed, age, national origin, ancestry, pregnancy, marital status or parental status, sexual orientation or disability.



SCHOOL NURSE UPDATE #11 11



### Wisconsin School Health Services Survey Year Long Data Collection Tool (2022/2023

DATA POINT	DEFINITION CRITERIA RN=Registered Nurse LPN=License Practice Nurse LVN=Licensed UAP= Unlicensed Assistive Personnel (non RN or non LPN) FTE=Full-time Equivalent (based on teacher FTE)	DATA POINT
Number of enrolled students in district	Enrolled students: Use district's official (third Friday count) number. Count all enrolled students no matter mode of instruction.	
Does the school district bill Medicaid for School Based Services Nursing/Health Services?	District Health Services Practices Yes/No	
Does your district stock albuterol?	Yes/No	
Does your district stock emergency epinephrine?	Yes/No	
Does your district stock an opioid antagonist?	Yes/No	
Does your district stock over- the -counter analgesics?	Yes/No	
Does your district have a (physician) medical advisor? If so, what is the physician's practice specialty?	Yes/No List specialty	
Did your district add any school nursing (RN) or health services (LPN/UAP) positions or FTEs this school year?	Yes/No	
Did your district <b>cut</b> any school nursing (RN) or health services (LPN/UAP) positions or FTEs this school year?	Yes/No	
Which entity employs the school nurses? School district/Public Health Department/Other agency		

	Health Personnel Information	
Total number <b>of RN FTEs</b> with an assigned caseload providing <b>direct services</b>	<b>Direct services.</b> Means responsible for the care of a defined group of students in addressing their acute and chronic health conditions. It includes case management, health screenings and health promotion activities. Direct services also include care provided by members of a health care team including LPNs or unlicensed assistive personnel.	
	Count direct services provided no matter mode of instruction.	
	Include long-term substitutes.	
	Do not include RNs, LPNs, UAPs working with medically fragile students (1:1, 1:2, 1: 3, 1; 4 or 1:5).	
	Do not include % of administrative assignment for RN. Case management FTEs included under administrative or supervisory FTEs.	
Total number of RN FTEs with special assignment	Include RNs working with limited caseload providing direct services such as medically fragile students (1:1, 1:2, 1:3, 1;4 or 1:5).	
Total number of <b>RN FTEs</b> providing <b>administrative or supervisory</b> school health services	RNs providing management/clinical supervision to RNs, LPNs, or other health extenders, UAPs, or conducting other administrative health services, e.g. case management.	
Total number of LPN FTEs with an assigned caseload providing direct services	See definition of direct services above.	
Total number of LPNs FTEs with special assignment	Include LPNs working with limited caseload providing direct services such as medically fragile students (1:1, 1:2, 1:3, 1;4 or 1:5).	
Total number of <b>UAP FTEs</b> with an assigned caseload that includes providing <b>direct health</b> services	See definition of direct services above.	
Total number of UAPs FTEs with special assignment	Include UAPs working with limited caseload providing direct services such as medically fragile students (1:1, 1:2, 1: 3, 1; 4 or 1:5).	
Total number <b>of assistant FTEs</b> providing administrative <b>support services</b> to RNs or LPNs	Assistants providing administrative support services to RNs or LPNs/LVNs, e.g. clerical assistance. Do not include FTEs spent doing non-health related clerical activities.	
	Screenings	

•		
Screenings:	If your district/school did not perform screenings this year or did not collect this information then enter <b>DNC</b> .	
Vision Screening	Report number of students with a health population	
Screened for vision	screenings at school, regardless of which staff or agency	
	conducts the screening.	
Referred for vision	conducts the serverining.	
Hearing Screening	Report number of students with a health population	
Screened for hearing.	screenings at school, regardless of which staff or agency	
Screence for fical fing.	conducts the screening.	
Referred for hearing	conducts the screening.	
Referred for flearing	CHRONIC HEALTH CONDITIONS	
Decord the number of		
Record the number of	Medical Diagnosis refers to documentation of a diagnosis	
students in each category	from a licensed healthcare provider/prescriber. For	
with a medical diagnosis from	example if parents say their child has asthma, etc., but does	
a healthcare provider.	NOT provided documentation from a healthcare provider,	
	the child should NOT be included in this count.	
	Count students who were enrolled at <u>any time during the</u>	
	current school year even if they have withdrawn or dropped	
	out. Count students no matter the mode of instruction.	
	Count students who had diagnosis at start of school year or	
	were diagnosed at any point during the school year.	
	Student may be counted in more than one category if they	
	have multiple diagnoses.	
	Lists of possible conditions for inclusion are not exhaustive	
	or all inclusive.	
	of an inclusive.	
	If your district/school does not collect this information	
	then enter DNC. If information collected but, no students	
	have a condition enter a numerical zero (0).	
	nave a condition enter a numerical zero (o).	
Life threatening Allergic	See definition above.	
Disorder (Student has		
medically diagnosed severe		
allergy that has the potential		
to cause death.)		
Asthma	See definition above.	
Diabetes Type 1	See definition above.	
Diabetes Type 2	See definition above.	
Seizure Disorders (known	See definition above.	
medically diagnosed)		
Number of students with a	See definition above.	
diagnosis of myalgic		
encephalomyelitis/chronic		
fatigue syndrome (ME/CFS)		
from a health care provider		
	Additional Questions	
What were your main three		
areas of concern this school		
year?		

If your school district opted in	Become a member of WASN/NASN	
to use the Public Health	Use money for professional development	
Workforce Development	List activities you participated in under the grant	
grant funds did you?		