Assessment Methods and the Wisconsin Social and Emotional Learning Competencies

Emotional Development					
No	CASEL Domain	PK – 5K	1st to 3rd	4th to 5th	Assessment Option
1	Self-Awareness	Learners will be able to demonstrate awareness of their emotions and how they may be the same or different from others.	Learners will be able to recognize and label a variety of their own basic emotions.	Learners will be able to recognize and label a variety of complex emotions in self and others.	Direct Assessment Self-Awareness of emotions could be assessed using the Mood Meter
2	Self-Management	Learners will be able to, with adult guidance, use verbal and nonverbal language to demonstrate a variety of emotions.	Learners will be able to use verbal and nonverbal language to demonstrate a variety of increasingly complex emotions.	Learners will be able to express their emotions to self and others in respectful ways.	Could be assessed by teacher ratings of performance tasks
3	Self-Management	Learners will be able to, with adult guidance, display age appropriate self-control. *WMELS Domain II A EL.1*	Learners will be able to, with adult guidance, demonstrate a variety of strategies to manage strong emotions.	Learners will be able to, with minimal adult guidance, manage emotions (e.g., stress, impulses, motivation) in a manner sensitive to self and others.	Direct Assessment
4	Focus Attention	Learners will be able to, with adult guidance and engaging activities, attend for longer periods of time and show preference for some activities.	Learners will begin to be able to, with adult guidance, focus their attention by demonstrating a variety of strategies to tolerate distractions.	Learners will be able to, with adult guidance, use organizational skills and strategies to focus attention in order to work toward personal and academic goals.	Could be assessed with direct behavior ratings or teacher rating scales
5	Social Awareness	Learners will be able to recognize the feelings of another child and respond with basic comfort and empathy. *WMELS Domain II A EL.2*	Learners will be able to, with adult guidance, identify how others are feeling, based on their verbal and nonverbal cues, and respond with compassion.	Learners will be able to, with adult guidance, identify how others are feeling, based on their verbal and nonverbal cues, and respond with compassion.	Direct Assessment

No	CASEL Domain	PK – 5K	1st to 3rd	4th to 5th	Assessment Option
6	Social Awareness	Learners will be able to associate words and gestures with a variety of emotions expressed by others.	Learners will be able to predict how someone else may feel in a variety of situations.	Learners will be able to use perspective-taking to predict how their own behavior affects the emotions of others.	Direct Assessment

Self-Concept

No	CASEL Domain	PK – 5K	1st to 3rd	4th to 5th	Assessment Option
7	Self-Awareness	Learners will be able to exhibit positive self-concept and confidence in their abilities.	Learners will be able to identify and describe skills and activities they do well and those for which they need help.	Learners will be able to use a "growth mind set" in order to recognize and build on their strengths.	Well-suited to self-report
8	Self-Awareness	Learners will be able to, with adult guidance, recognize and share independent thoughts.	Learners will be able to identify and explore their own beliefs.	Learners will be able to reflect on similarities and differences between their personal beliefs and those of others.	Could be assessed by teacher ratings of performance tasks
9	Self-Awareness Social Awareness	Learners will be able to show awareness of being part of a family and a larger community.	Learners will be able to define the role family and culture play in their identity and beliefs.	Learners will be able to identify their role in their family and community and how those roles impact their identity.	These are complex competencies. Need to unpack to determine best assessment approach
10	Self-Management	Learners will be able to display curiosity, risk-taking, and willingness to engage in new experiences.	Learners will be able to identify simple goals for personal and academic success.	Learners will be able to assess their level of engagement in their own learning for the achievement of personal goals.	Could be assessed with self-report and open-ended questions
11	Self-Awareness Self-Management	Learners will be able to engage in meaningful learning through attempting, repeating, and experimenting with a variety of experiences and activities.	Learners will be able to, with encouragement, persist toward reaching a goal despite setbacks.	Learners will be able to identify strategies to persist and maintain motivation when working toward short- and long-term goals.	Direct Assessment

Social Competence

No	CASEL Domain	PK – 5K	1st to 3rd	4th to 5th	Assessment Option
12	Social Awareness	Learners will be able to demonstrate awareness of self as a unique individual.	Learners will be able to present their own point of view.	Learners will be able to appreciate diversity by recognizing multiple points of view and perspectives of others across cultural and social groups.	Direct Assessment
13	Social Awareness	Learners will be able to reflect their family, culture, and community when engaged in play and learning.	Learners will be able to identify commonalities they share with peers.	Learners will be able to build relationships between diverse groups of people.	Could use activities from "Different and the Same" and/or social network methods
14	Social Awareness	Learners will be able to, with adult guidance, begin to notice that other children and families do things differently.	Learners will be able to recognize and respect that individual differences are important to self and others	Learners will be able to demonstrate respect for others by discussing how stereotypes affect self and others.	These are complex competencies. Need to unpack to determine best assessment approach
15	Relationship Skills	Learners will be able to engage in healthy and rewarding social interactions and play with peers .	Learners will be able to identify the different relationships they have with others.	Learners will be able to, with adult guidance, recognize, establish, and maintain healthy and rewarding relationships .	Could be assessed with some combination of self-report, teacher ratings, and peer nominations
16	Relationship Skills	Learners will be able to, with adult guidance, initiate conversations, listen attentively, respond to conversation, and stay on topic for multiple exchanges (especially with adults).	Learners will be able to describe in simple terms how words, tone, and body language are used to communicate with others.	Learners will be able to effectively communicate clearly, listen well, and cooperate with others to build healthy relationships.	Could be assessed by teacher ratings of performance tasks
17	Relationship Skills	Learners will be able to adapt behavior based on adult directives.	Learners will be able to, with adult guidance, adapt behavior based	Learners will be able to independently adapt behavior based upon peer	Could be assessed with teacher ratings and/or peer behavioral nominations

			upon peer feedback and environment cues.	feedback and environmental cues.	
18	Relationship Skills	Learners will be able to participate in cooperative play with peers.	Learners will be able to demonstrate listening skills, start and stop conversations, and take turns in conversations.	Learners will be able to work cooperatively and productively in a group to accomplish a set goal.	
19	Relationship Skills	Learners will be able to, with adult guidance, identify and communicate needs in conflict situations. *WMELS Domain II C EL.4*	Learners will be able to understand the perspective of others in a conflict situation.	Learners will be able to identify cause and effect of a conflict.	Direct Assessment
20	Decision Making	Learners will be able to, with adult guidance, recognize that they have choices in how to respond to situations.	Learners will be able to, with adult guidance, generate possible choices and actions they could take in a given situation, including positive and negative options.	Learners will be able to make constructive choices about personal behavior and social interaction in order to evaluate the consequences of various actions with consideration of well-being for oneself and others.	Direct Assessment
21	Social Awareness	Learners will be able to follow simple group rules.	Learners will be able to demonstrate positive behaviors as established in classroom and schoolwide expectations.	Learners will be able to identify and respect social norms for behavior and safe interactions across different settings.	Could be assessed with teacher ratings and/or peer behavioral nominations
22	Decision Making Relationship Skills	Learners will be able to demonstrate understanding of simple rules related primarily to personal health and safety.	Learners will be able to describe ways to promote personal safety.	Learners will be able to honor social norms with respect to safety of oneself and others.	
23	Social Awareness Relationship Skills	Learners will be able to attempt a new skill when encouraged and supported	Learners will be able to identify how to get help from a trusted adult in a variety of situations.	Learners will be able to identify when and how to offer help to others.	Could be assessed with teacher ratings, possibly self-report

		by a safe and secure environment.			
24	Decision Making Social Awareness Relationship Skills	Learners will be able to show awareness of being part of a family and a larger community.	Learners will be able to, with adult guidance, identify classroom, school, and community needs.	Learners will be able to identify actions that would positively impact change in a classroom, school, and community.	