Quality Improvement in Comprehensive School Mental Health:

# The School Mental Health Quality Assessment (SMHQA)



## What is the SMHQA?

The SMQA is a free, online assessment of comprehensive school mental health system (CSMHS) quality at the school or district level. It is based on seven quality domains and associated indicators and best practices, which align to the six components of Wisconsin's School Mental Health Framework.

#### How Can I Access it?

The SMHQA is part of the School Health Assessment and Performance Evaluation (SHAPE) System. Those wishing to complete the assessment must create a school or district account. Staff can then create individual accounts to access the school or district assessment.





### What Does the SMHQA Assess?

The SMHQA helps teams identify strengths and areas for growth in seven domains: teaming, needs assessment and resource mapping, sustainability, mental health promotion, early intervention and treatment, impact, and screening.

## Why Complete the SMHQA?

It provides teams custom reports and strategic planning guidance and resources that help them plan for improvements. When teams use the SMHQA to implement small changes to existing school mental health efforts, they move towards a more comprehensive and equitable system.



