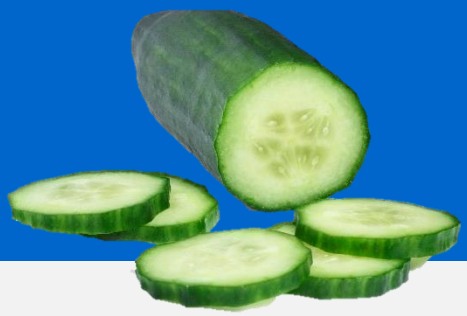

Cucumber

What Am I?

Cucumbers are made up of 96% water. There are different varieties of cucumbers based on their uses. Persian cucumbers are the "regular" cucumbers we see often. Gherkin cucumbers are used to make pickles, and apple cucumbers are small, round, and about the size of a baseball.

How Do I Grow?

- Cucumbers grow in the warmer months.
- They grow on vines with large, rough leaves.
- The vines are hairy, spiraling, and can climb.
- Cucumbers need proper sunlight, hydration and temperature for growth.

Nutrition

Cucumbers are made up of mostly water, but also contain vitamins A, C and B6.

Fun Facts

- Cucumbers were thought to be poisonous when they first originated.
- Cucumbers are considered a fruit.
- A cucumber's flavor comes from the seed.
- A single vine can produce 25-125 cucumbers!

WISCONSIN DEPARTMENT OF
Public Instruction
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