Gooseberry

What Am I?

Gooseberries resemble the look of grapes and come in shades of green, yellow, red, pink or purple. Their taste depends on the color: Green gooseberries will be sour, whereas pink or red gooseberries will be sweeter.

How Do I Grow?

- Gooseberries grow on thorny bushes.
- The bush blooms with pink flowers in a line underneath the branch, which is where the fruit will grow later.
- Gooseberries fall off the bush when they are ripe.

Nutrition

Gooseberries are a good source of vitamin C and fiber, but they are also very high in vitamin A, which is important for eye health.

Fun Facts

- Each gooseberry bush produces 8-10 pounds of fruit.
- Some wild varieties of gooseberries can have a spiky skin on them.
- Gooseberries are smaller than a plum, but larger than a grape.

WISCONSIN DEPARTMENT OF
Public Instruction
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