Lemon

What am I?

Lemons are yellow oval shaped fruit that belong in the citrus family. They are well known for their sour or acidic taste and fresh scent.

How do I grow?

- Lemons are gown on trees in warm climates.
- They can grow with or without seeds.
- Lemon trees can grow for over 150 years.
- Arizona, California and Florida are the leading producers of lemons in the United States.

Nutrition Facts

Lemons contain high levels of vitamin C which can help protect the body against the common cold, fights off bacteria and supports healthy skin.

Fun Facts

- There are three main types of lemons- acidic, rough and sweet.
- One tree can supply three boxes of lemons at one time.
- Lemons have been used for multiple purposes including the juice for cooking, cleaning and mixing in water for drinking.

WISCONSIN DEPARTMENT OF
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