Lime

What am I?

Limes are a fruit from the citrus family. They are oval shaped and dark green but turn yellow as they become overripe. The skin is removed, and the tart flesh of the fruit is eaten.

How do I grow?

- Limes grow on trees.
- They are sensitive to the cold and prefer to be grown in warm weather climates.

Nutritional Facts

Limes are loaded with Vitamin C and dietary fiber. They contain very little natural sugar.

Fun Facts

- Limes that are riper are sweeter and juicier than immature limes.
- Limes are more fragrant and acidic than lemons.
- Lime juice is used in cooking and in drinks.

WISCONSIN DEPARTMENT OF
Public Instruction
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