Watermelon

What am I?

Watermelons are part of the melon family and are long, oval shaped fruit that have a thick, green skin with red or yellow flesh. The entire watermelon is edible but traditionally only the sweet flesh is eaten.

How do I grow?

- Watermelons grow on vines in raised beds which are planted in rows.
- A yellowish spot on the bottom means that it is ripe and ready to be picked.

Nutrition Facts

Watermelon contains vitamin C, potassium and magnesium.

Fun Facts

- Watermelons are 92% water and 8% sugar.
- They can grow with or without seeds.
- Watermelons are in the same gourd family as squash and cucumbers.

WISCONSIN DEPARTMENT OF
Public Instruction
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