



## SIXTH GRADE LESSONS

### Lesson 1: Introduction to Xello

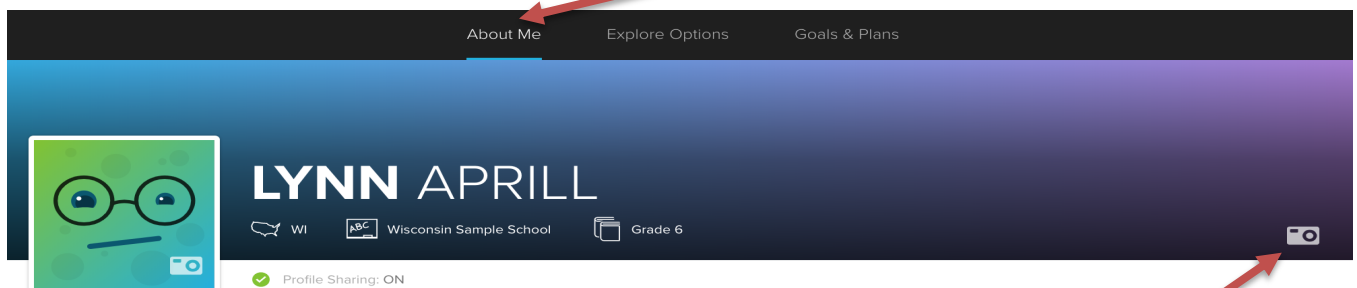
#### Learning Targets:

- I can personalize my Xello page by adding pictures

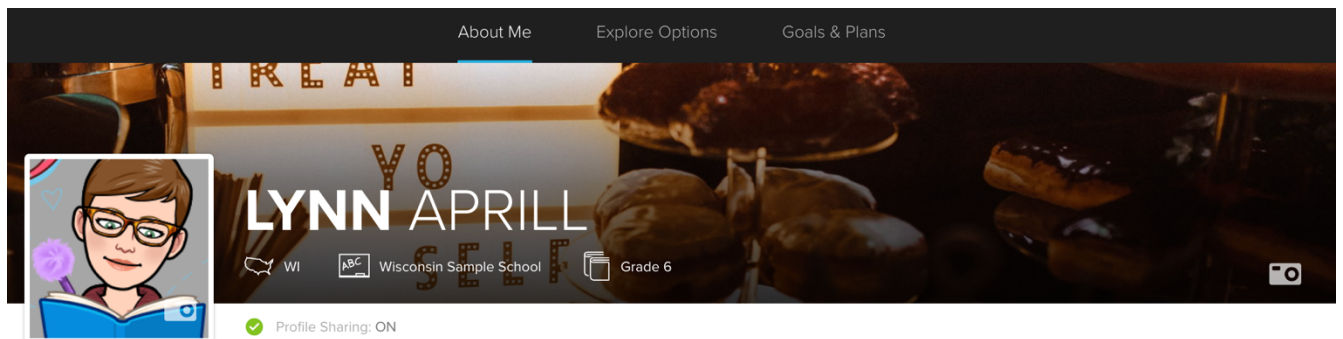
#### Directions:

Welcome to Xello! You'll be using the resources on the Xello platform through middle and high school as you start thinking about and planning for your future career. Follow the directions below to log into Xello and personalize your Xello page.

- Log into Xello - go to <https://xello.world/en/> and click the "Sign In" button in the upper right-hand corner. Once you enter your username and password, click the "About Me" button on the top of the Xello screen in the middle:



You'll notice that you don't have a picture in either in the profile picture box or in the banner. Upload a profile picture and cover photo by clicking on the camera icon in these boxes and uploading a picture to each.



# SIXTH GRADE LESSONS

## Lesson 2: Decision Making (Xello Lesson)

### Learning Targets:

- I can understand the importance of making informed, responsible decision when faced with important choices
- I can understand the importance of considering the consequences of potential decisions
- I can explore the difference between gut and logic decisions
- I can reflect on an important decision I've recently made

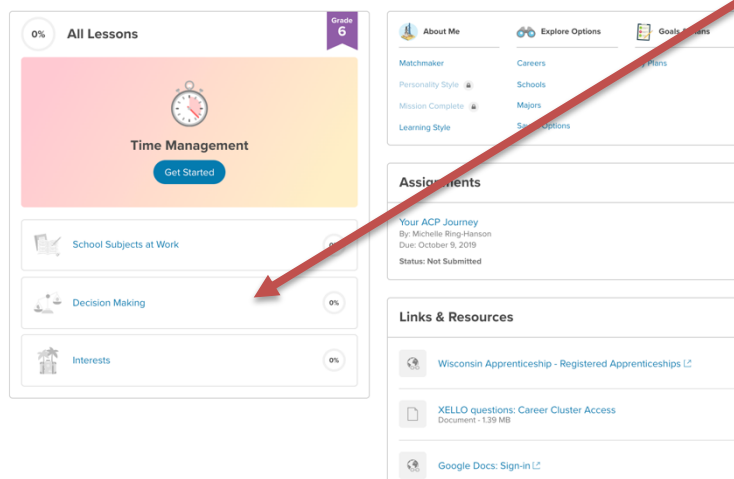


### Directions:

In this Xello interactive lesson, you will understand the importance of making informed, responsible decisions when faced with important choices. You'll learn about the importance of considering the consequences of potential decisions, explore the difference between gut and logic decisions, and reflect on an important decision you've recently made.

1. Log into Xello - go to <https://xello.world/en/> and click the "Sign In" button in the upper right-hand corner. Once you enter your username and password, you should be on your dashboard page.
2. Core Lessons – On the left side of the screen, you should see four lessons for Sixth Grade:

Hey **Lynn!**



Click on "Decision Making" and follow the directions on the screen.

# SIXTH GRADE LESSONS

## Lesson 3: My interests

### Learning Targets:

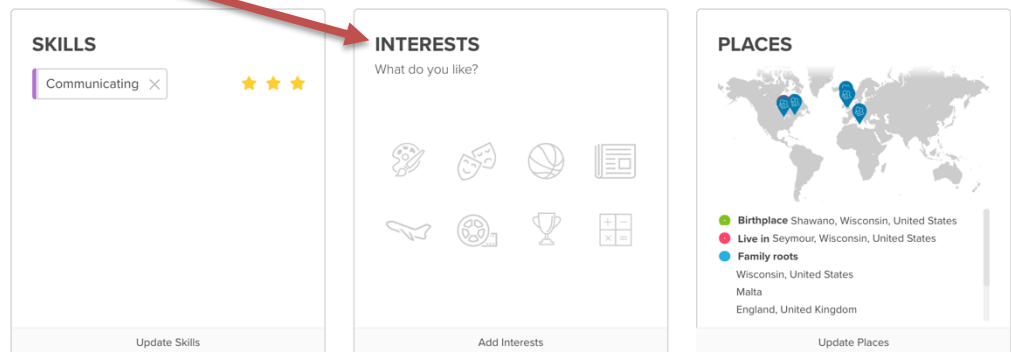
- I can record my interests in Xello.

### Directions:

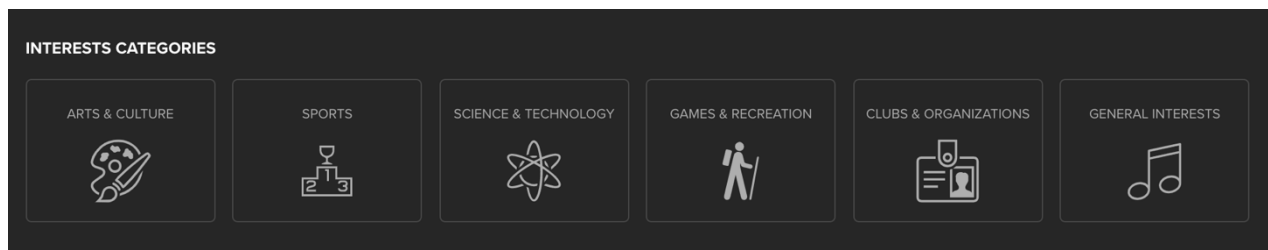
So, what do you like to do? Play basketball? Cook? Read? Sometimes our interests can help us determine our future careers. Today you'll have the opportunity to add some of your interests to your Xello page.



1. Log into Xello - go to <https://xello.world/en/> and click the "Sign In" button in the upper right-hand corner. Once you enter your username and password, click the "About Me" button on the top of the Xello screen in the middle.
2. Interests – Scroll down the "About Me" page until you get to the "Interests" box in the middle of the screen:



Once you click on it, you'll get some suggestions in the middle of the screen:



As you select each Interests Category, you'll get a lot of suggestions for activities and interests for each. If you click on an activity or interest, it will pop up to the top of the box. If you click on the "x" next to the title in the list, it will delete itself.

Spend some time clicking through the suggested interests. If you can't find an interest you have, you can add it in the "Add an Interest" box at the top of the screen. Once you are done adding interests in one Interest Category, click the "Done" button in the upper right-hand corner. You should now see those interests pop up in the Interest box on your "About Me" screen. **You need to save AT LEAST 5 interests to your Xello "About Me" page.**

List your five top interests below:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

# SIXTH GRADE LESSONS

## Lesson 4: Career Exploration

### Learning Targets:

- I can search for careers using filters

### Directions:

Today you'll be using Xello to start doing some career exploration. Xello has a number of filters which will help you narrow down careers you might be interested in.



1. Careers – Next to “About Me,” click on “Explore Options,” and then select “Careers” on the left side of the screen:

2. On the “Explore Careers” screen, you can start setting some filters to find careers:
  - Choose a minimum salary by moving the slider. In the U.S., the current minimum wage is \$7.25 per hour, which equals \$15,080 as a full-time annual salary.

- Decide if you want more education by clicking on “High School,” “Two-Year College,” or “Four-Year College” (or more than one).
- If you’d like more options, you can click on “More Filters,” which will allow you to select careers by Career Demand, Career Clusters, and School Subjects:

Career Demand	<input checked="" type="checkbox"/> High	<input checked="" type="checkbox"/> Increasing	<input checked="" type="checkbox"/> Stable	<input checked="" type="checkbox"/> Declining
Career Clusters	<input type="checkbox"/> Architecture & Construction <input type="checkbox"/> Business Management & Administration <input type="checkbox"/> Government & Public Administration <input type="checkbox"/> Hospitality & Tourism <input type="checkbox"/> Manufacturing <input type="checkbox"/> Transportation, Distribution & Logistics	<input type="checkbox"/> Agriculture, Food & Natural Resources <input type="checkbox"/> Education & Training <input type="checkbox"/> Health Science <input type="checkbox"/> Information Technology <input type="checkbox"/> Marketing	<input type="checkbox"/> Arts, A/V Technology & Communications <input type="checkbox"/> Finance <input type="checkbox"/> Human Services <input type="checkbox"/> Law, Public Safety, Corrections & Security <input type="checkbox"/> Science, Technology, Engineering & Math	
School Subjects	<input type="checkbox"/> Art & Music <input type="checkbox"/> English <input type="checkbox"/> Family Studies/Home Ec <input type="checkbox"/> Shop/Skilled Trades	<input type="checkbox"/> Business <input type="checkbox"/> Math <input type="checkbox"/> Physical Education <input type="checkbox"/> Social Sciences	<input type="checkbox"/> Computers <input type="checkbox"/> Languages <input type="checkbox"/> Science	

3. Once you’ve selected your filters, scroll down and find THREE careers that you might be interested in, open each career, and click on the “Save” heart on the right side under the picture.



# SIXTH GRADE LESSONS

## Lesson 5: Interests (Xello Lesson)

### Learning Targets:

- I can reflect on some of the interests I have saved in my Xello profile
- I can explore the link between interests and various careers

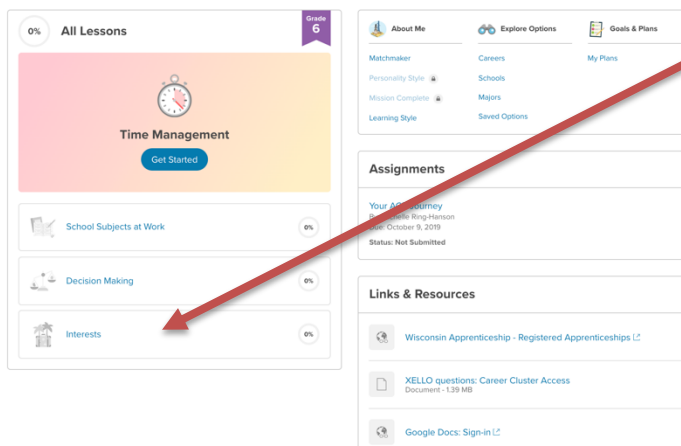


### Directions:

In this Xello interactive lesson, you will reflect on some of the interests you have saved in Xello's interest inventory, explore the link between interests and various careers, and investigate how your interests match up with a career you like.

1. Log into Xello - go to <https://xello.world/en/> and click the “Sign In” button in the upper right-hand corner. Once you enter your username and password, you should be on your dashboard page.
2. Core Lessons –In the middle of the screen, you should see four lessons for Sixth Grade:

Hey **Lynn!**



Click on “Interests” and follow the directions on the screen.

# SIXTH GRADE LESSONS

## Lesson 6: Interests and Careers

### Learning Targets:

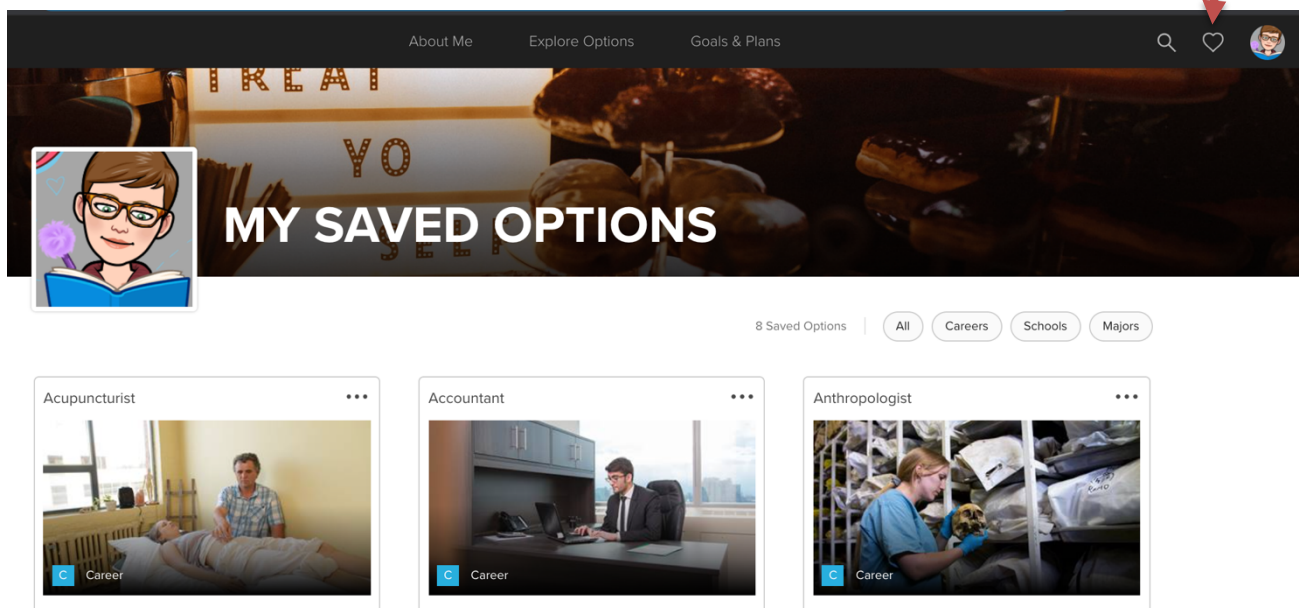
- I can learn more about careers and how they connect to my interests

### Directions:

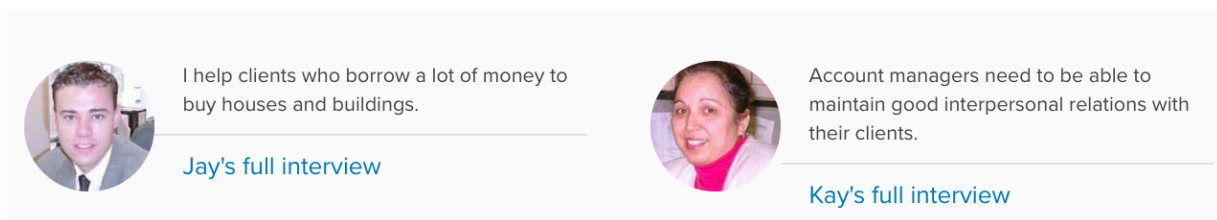
You've already saved 3 careers in Xello—great job! Today, you'll learn how your interests and abilities might align with a career that you are interested in.



1. First, let's find your Saved Careers. Click on the ♥ in the upper right-hand corner. That will take you to "My Saved Options." Here you'll be able to see everything that you've saved as favorites.



2. Click on one career you've saved and scroll past the "Job Description" section. Select one of the interviews.





3. In the “Questions and Answers” section, find the question that asks, “What personal characteristics are required for someone to be successful in your job?” List some of the employability skills listed in this section on the lines below. Then go back to the second interview and find the same information:

Personal characteristics (employability skills) associated with this career:

This image shows a single page of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins or other markings visible.

Optional discussion topic: If you could get paid for one of your interests, what would it be?

# SIXTH GRADE LESSONS

## Lesson 7: School Subjects at Work (Xello Lesson)

### Learning Targets:

- I can relate school subjects to various work tasks
- I can explore ways to use my favorite school subject in a career

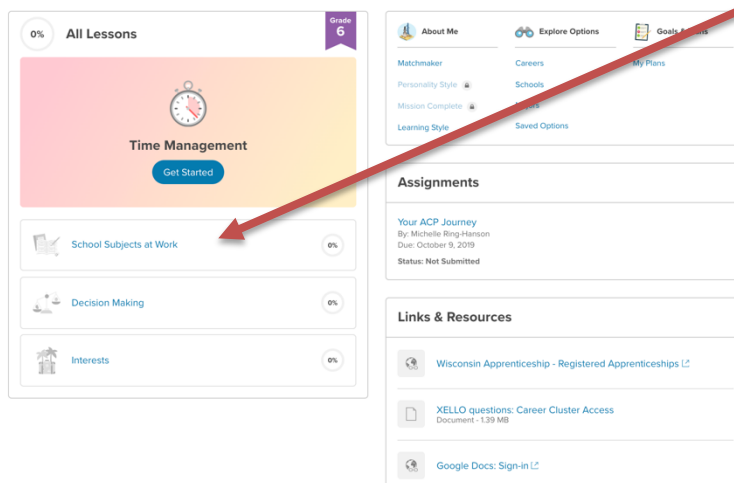


### Directions:

In this Xello interactive lesson, you will relate school subjects to various tasks, reflect on your favorite school subject, and explore ways to use your favorite school subject in a career that interests them.

1. Log into Xello - go to <https://xello.world/en/> and click the “Sign In” button in the upper right-hand corner. Once you enter your username and password, you should be on your dashboard page.
2. Core Lessons –In the middle of the screen, you should see four lessons for Sixth Grade:

Hey **Lynn!**



Click on “School Subjects at Work” and follow the directions on the screen.

Optional discussion topic: If you were in charge of the school, what subjects would you require students to learn? Why?

# SIXTH GRADE LESSONS

## Lesson 8: Time Management (Xello Lesson)

### Learning Targets:

- I can explain why time management is important in school and on the job
- I can create a time budget to assess how I currently manage my time
- I can explore ways to improve my time management skills
- I can investigate how time management is important for a career of interest
- I can identify time management strategies to achieve a healthy school/life balance

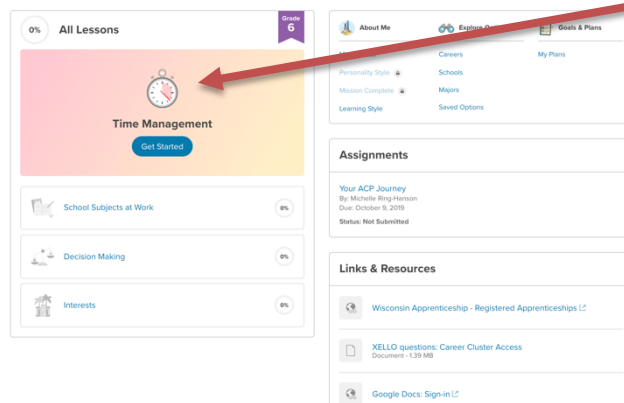


### Directions:

In this Xello interactive lesson, you will explain why time management is important in school and on the job, create a time budget to assess how you currently manage your time, and explore ways to improve your time management skills.

1. Open the [Time Management Self-Assessment](#) , make your own copy, and complete the assessment. You'll be using this assessment to help you evaluate how well you manage your time.
2. In small groups, review your results and share two areas you would like to make improvements in. How would improvements in these areas impact your life?
3. Log into Xello and find Core Lessons – In the middle of the screen, you should see four lessons for Sixth Grade:

Hey Lynn!



Click on “Time Management” and follow the directions on the screen.

# SIXTH GRADE LESSONS

## Lesson 9: My Time Management Strategies



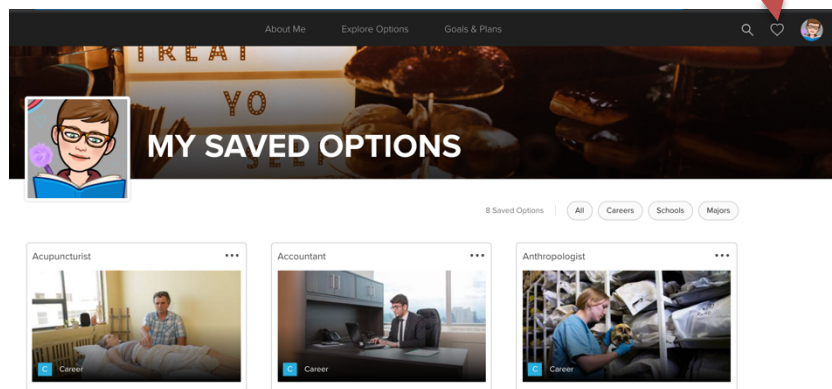
### Inquiry Prompts:

- How is time management used in careers that interest me?
- How well do I use time management strategies in my life today?

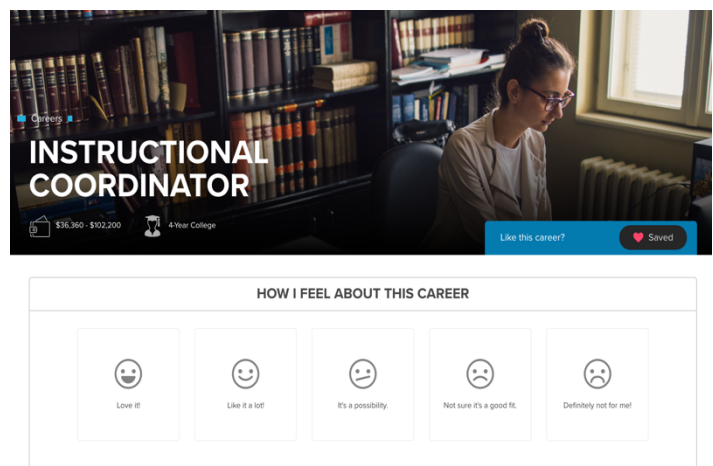
### Directions:

In this activity, you will identify how time management is an important skill for one saved career. Then add and rate this skill and six time management strategies within your profile.

1. Last time, you completed the Xello lesson on time management. During that lesson, you created a time budget and thought about time management strategies that a person might use in a particular career. Let's think about time management with another one of your saved careers. Remember to find your Saved Careers by clicking on the ♥ in the upper right-hand corner. That will take you to "My Saved Options." Here you'll be able to see everything that you've saved as favorites.



2. Click on one of your saved careers. At the top of the profile of that career, choose an emoji to indicate how you feel about this career.



3. Record one example of how you would use time management skills to complete tasks in this career. Add your explanation to the “My Notes” section at the top of the career profile. Here are some idea starters:

- How would you use a time management skill on a typical day in this career?
- Which tasks would this time management skill help you complete?
- What might happen if you didn't use this time management skill?

### EXPLORE THIS CAREER

Create My Own



4. Based on your results from the time management self-assessment (completed prior to the Xello lesson), which two time management strategies do you think will help you achieve and maintain a healthy school/life balance? (check two):

- ☐ Setting Goals (Personal Skill)
- ☐ Planning (Leadership Skill)
- ☐ Staying Focused (Personal Skill)
- ☐ Prioritizing (Leadership Skill)
- ☐ Organized (Personal Skill)
- ☐ Analyzing Information (Information & Analysis Skill)

5. Now, identify one upcoming commitment or project that would require you to use these skills to be successful and maintain a healthy school/life balance. Explain how you will use the skill. Here are some idea starters:

- How would you use a time management strategy to succeed at the commitment?
- Which tasks would this time management strategy help you complete?
- What might happen if you didn't use this time management strategy?

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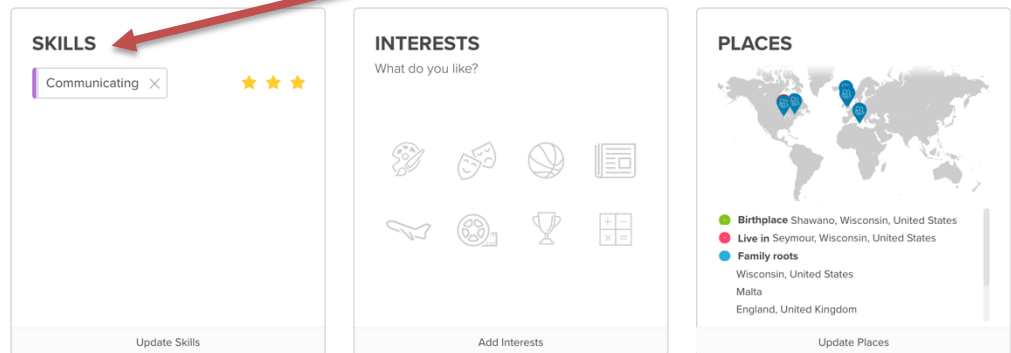
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6. Considering all six time management strategies above and your self-assessment results, scroll down the “About Me” page until you get to the “Skills” box in the middle of the screen:



Click on “Update Skills” and type “Time Management” into the “Add A Skill” box. Once you see Time Management added to the Skills section of your “About Me” profile, give it an overall rating (1-3 stars). Then click “Done”.

# SIXTH GRADE LESSONS

## Lesson 10: Reflecting on 6<sup>th</sup> Grade Career Lessons

### Learning Targets:

- I can think about how my interests and skills connect with a career
1. Reflection. - Write about your most important interest. Answer the following questions in your paragraph:
- How did you get interested in this activity?
  - How might someone turn this activity into a future career?
  - What employability skills can you learn through this interest or activity that would be helpful in a career?
  - How does Time Management relate to this activity?



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# SIXTH GRADE LESSONS

## Lesson 11: Research Company Profiles (Optional Inspire Lesson)

### Learning Targets:

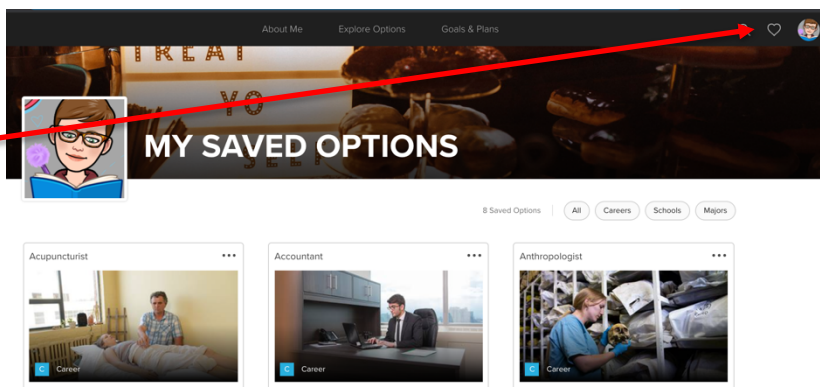
- I can find a company which employs people in one of my career interest areas
- I can learn more about a company that interests me



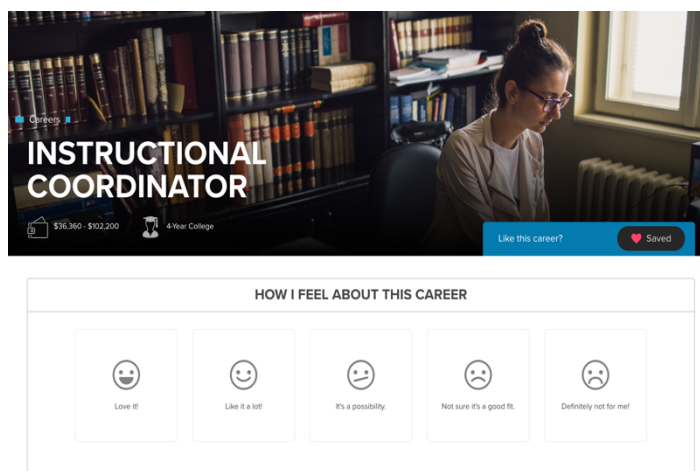
### Directions:

It's great to know which careers align with your skills and interests. But where will you find a job in one of these career fields? Do you know businesses in your community or state which have employees doing the kind of work you are interested in? In this activity, you will have the opportunity to get find some employers which hire for your career interests and do a little research into these companies.

1. Once you're logged into Xello, go to your Saved Careers. Remember to find your Saved Careers by clicking on the ♥ in the upper right-hand corner. That will take you to "My Saved Options." Here you'll be able to see everything that you've saved as favorites.



2. Click on one of your saved careers. If you haven't already, at the top of the profile of that career, choose an emoji to indicate how you feel about this career.





3. Now, scroll past the Job Description until you get to two boxes: Huddles and Companies. Click on the “Let’s Go!” under Companies.



What I really enjoy about my job is the actual field. I've always loved history.

[Frank's full interview](#)



I get to be creative when I take what I've learned about the past and develop demonstrations.

[Wendy's full interview](#)

## HUDDLES

Join to discussion to find out more about this career.

Let's Go!



## COMPANIES

Check out which companies hire people in this career.

Let's Go!



# EXPLORE COMPANIES



Company

Q Search by company

City

Q Search by city

Career

Q Accountant

You can also apply additional filters. If you are looking for a specific company, you can type it in the “Company” box. If you are searching for companies in your city or town, you can try typing in the “City” box which will then search by cities. Or you can just scroll down and see how many companies align with your career of interest.

Take some time to select some companies and skim the information found there. There are almost 1,400 Wisconsin companies in the system right now, with more adding all the time. Find a company that has a “Careers at the Company” section at the bottom of the screen.

4. Select a company to research and answer the questions below:

A. Where is this company located?	
B. Approximately how many employees are at this company?	
C. Read the company paragraph description at the top of the page. What does this company do?	
D. What are some of the careers available at that company (find this list at the bottom of the screen)? List at least 5 careers available at this company.	1. 2. 3. 4. 5.
E. Which career interests you the most?	
F. What is the salary range for that career?	



Research Company Profiles Lesson by Oconto Unified School District is licensed under a [Creative Commons Attribution-NonCommercial-ShareAlike 4.0 International License](https://creativecommons.org/licenses/by-nc-sa/4.0/).



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