



# Wisconsin ACP Lessons

Are you looking for ready-made lessons that you can use immediately with students in either a face-to-face or virtual environment? Thanks to ACP grant work done by CESAs 9, 7, and 6 through the Wisconsin Department of Public Instruction, teachers can find student-facing ACP lessons which follow the Xello scope and sequence recommendations. These ACP lessons can be pushed out to students in any delivery model, and if supplemented by teacher instruction, involve little prep work on the part of the teacher. The lessons are intended to be resources for the implementation of year-long delivery of a comprehensive ACP Program and are not intended to serve as stand-alone programming. ACP Programming is a student-driven, adult-supported process in which students create and cultivate their own unique and information-based visions for post secondary success, obtained through self-exploration, career exploration, and the development of career management and planning skills.

Below you'll see lessons identified by "type":

- "Dashboard Resources" are those which simply direct students where to go in Xello to complete a Xello lesson or task. To learn how to add a dashboard resource in Xello go to: <https://help.xello.world/article/1045-add-dashboard-resource>
- "Assignments" are those which require students to actively engage in an ACP activity. These activities may include the use of Xello to complete the assignment and generally result in a product which can be used as an assessment tool by a teacher/school counselor. To learn how to use assignments in Xello go to: <https://help.xello.world/article/1043-assignments>

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# 6th Grade Lessons

Type	6th Grade	Learning Targets	Teacher Notes
Dashboard Resource	<a href="#">Xello Lesson 1: Introduction to Xello</a>	<ul style="list-style-type: none"> <li>I can personalize my Xello page by adding pictures</li> </ul>	15 minutes
Dashboard Resource	<a href="#">Xello Lesson 2: Decision Making</a>	<ul style="list-style-type: none"> <li>I can understand the importance of making informed, responsible decision when faced with important choices</li> <li>I can understand the importance of considering the consequences of potential decisions</li> <li>I can explore the difference between gut and logic decisions</li> <li>I can reflect on an important decision I've recently made</li> </ul>	25 minutes Xello lesson
Assignment	<a href="#">Xello Lesson 3: My Interests</a>	<ul style="list-style-type: none"> <li>I can record my interests in Xello</li> </ul>	15 minutes
Assignment	<a href="#">Xello Lesson 4: Career Exploration</a>	<ul style="list-style-type: none"> <li>I can search for careers using filters</li> </ul>	20 minutes
Dashboard Resource	<a href="#">Xello Lesson 5: Interests</a>	<ul style="list-style-type: none"> <li>I can reflect on some of the interests I have saved in my Xello profile</li> <li>I can explore the link between interests and various careers</li> </ul>	20 minutes Xello lesson
Assignment	<a href="#">Xello Lesson 6: Interests and Careers</a>	<ul style="list-style-type: none"> <li>I can learn more about careers and how they connect to my interests</li> </ul>	20 minutes Optional discussion topic
Dashboard Resource	<a href="#">Xello Lesson 7: School Subjects at Work</a>	<ul style="list-style-type: none"> <li>I can relate school subjects to various work tasks</li> <li>I can explore ways to use my favorite school subject in a career</li> </ul>	25 minutes Xello lesson Optional discussion topic
Dashboard Resource	<a href="#">Xello Lesson 8 - Time Management</a>	<ul style="list-style-type: none"> <li>I can explain why time management is important in school and on the job</li> <li>I can create a time budget to assess how I currently manage my time</li> <li>I can explore ways to improve my time management skills</li> <li>I can investigate how time management is important for a career of interest</li> <li>I can identify time management strategies to achieve a healthy school/life balance</li> </ul>	40 minutes Xello lesson

Assignment	<a href="#">Xello Lesson 9 - My Time Management Strategies</a>	<ul style="list-style-type: none"> <li>• How is time management used in careers that interest me?</li> <li>• How well do I use time management strategies in my life today?</li> </ul>	25 minutes
Assignment	<a href="#">Xello Lesson 10: Reflecting on 6th Grade Career Lessons</a>	<ul style="list-style-type: none"> <li>• I can think about how my interests and skills connect with a career</li> </ul>	15 minutes  Students could compose reflection as a Google doc  Students could upload reflection doc in Xello
Assignment	<a href="#">Xello Lesson 11 - Research Company Profiles</a>	<ul style="list-style-type: none"> <li>• I can find a company which employs people in one of my career interest areas</li> <li>• I can learn more about a company that interests me</li> </ul>	25 minutes  Only accessible to students with Inspire access in Xello

# 7th Grade Lessons

Type	7th Grade	Learning Targets	Teacher Notes
Assignment	<a href="#">Xello Lesson 1: Xello Update</a>	<ul style="list-style-type: none"> <li>• I can personalize my Xello page by updating pictures</li> <li>• I can add two additional skills to my Xello profile</li> <li>• I can search for schools which interest me</li> </ul>	15-20 minutes
Assignment	<a href="#">Xello Lesson 2: Career Trailblazer (group activity)</a>	<ul style="list-style-type: none"> <li>• I can understand that career-related biases exist today</li> <li>• I can research how career-related biases impact career choices</li> <li>• I can explain how others have overcome a career-related bias</li> </ul>	30 minutes plus presentation time  Based on small-group discussions and project work; in virtual setting, teacher may need to set up break-out rooms or other means of discussion.
Assignment	<a href="#">Xello Lesson 3: Biases and Career Choices</a>	<ul style="list-style-type: none"> <li>• I can identify biases of gender, ethnicity, ability, and class in the workplace</li> <li>• I can explore how biases can influence career choices</li> <li>• I can reflect on the bias(es) that may have influenced my initial opinion of a career</li> </ul>	25 minutes  Xello lesson
Assignment	<a href="#">Xello Lesson 4: Matchmaker Phase 1</a>	<ul style="list-style-type: none"> <li>• I can understand how my interests align with different career options</li> </ul>	35 minutes  Optional Discussion topic
Assignment	<a href="#">Xello Lesson 5: Nontraditional Career Matches</a>	<ul style="list-style-type: none"> <li>• I can revisit my career matches to reflect on the bias(es) that may have influenced my initial opinion of a career</li> <li>• I can identify unfair biases surrounding careers I'm interested in</li> <li>• I can identify at least one strategy that could help me pursue the career if I choose</li> </ul>	20 minutes
Assignment	<a href="#">Xello Lesson 6: Discover Learning Pathways</a>	<ul style="list-style-type: none"> <li>• I can investigate postsecondary pathway options (university, college, apprenticeship, straight to work, military, and community living)</li> <li>• I can explore the postsecondary pathways to various careers.</li> </ul>	35 minutes  Xello lesson
Assignment	<a href="#">Xello Lesson 7: High School Pathways</a>	<ul style="list-style-type: none"> <li>• I can explore the career pathways available in my district or state</li> <li>• I can evaluate the pathways I could take to a career that interests me</li> </ul>	35-40 minutes  Student access to district career pathways would be helpful for this lesson
Assignment	<a href="#">Xello Lesson 8: Preferred Pathway</a>	<ul style="list-style-type: none"> <li>• I can explain the education or training required for careers that interest me</li> <li>• I can record what I like and dislike about the learning pathway for careers that interest me</li> </ul>	25 minutes

Assignment	<a href="#">Xello Lesson 9: Learning Styles Assessment and Learning Styles Tip Sheet</a>	<ul style="list-style-type: none"> <li>• I can explain what a learning style is</li> <li>• I understand how visual, auditory, or tactile methods are used to learn</li> <li>• I can explain how knowing my learning style can help me</li> </ul>	35 minutes Xello activity
Dashboard Resource	<a href="#">Xello Lesson 10: Exploring Learning Styles</a>	<ul style="list-style-type: none"> <li>• I can identify how visual, auditory, or tactile methods are used to learn</li> <li>• I can reflect on how knowing my learning style can help me</li> </ul>	35 minutes Xello lesson
Assignment	<a href="#">Xello Lesson 11: Jobs and Employers</a>	<ul style="list-style-type: none"> <li>• I can explore ways to find employment (e.g. job boards, networking, etc.)</li> <li>• I can reflect on the advantages and disadvantages of various work search strategies</li> </ul>	25 minutes Xello lesson
Assignment	<a href="#">Xello Lesson 12: Annual Wrap-up</a>	<ul style="list-style-type: none"> <li>• I can reflect on what I've learned about academic and career planning this year</li> </ul>	20 minutes
Assignment	<a href="#">Xello Lesson 13: Visit a Huddle Board</a>	<ul style="list-style-type: none"> <li>• I can learn more about a career that interests me and build on that knowledge by connecting with someone working in that career</li> <li>• I can practice critical communication and networking skills</li> <li>• I can find mentors in the community</li> </ul>	30-40 minutes Only accessible to students with Inspire access in Xello

# 8th Grade Lessons

Type	8th Grade	Learning Targets	Teacher Notes
Assignment	<a href="#">Lesson 1: Who am I?</a>	<ul style="list-style-type: none"> <li>I can create a bio poem reflecting my interests and personality.</li> </ul>	<p>35 minutes</p> <p>This lesson is set up for students to use and save documents in Google Drive. If your district uses another file system, please make the appropriate revisions to this lesson.</p> <p>Optional discussion topics</p>
Assignment	<a href="#">Lesson 2: Career Exploration by school subject interest</a>	<ul style="list-style-type: none"> <li>I can identify courses I enjoy.</li> <li>I can explore careers related to the courses I enjoy in school.</li> <li>I can save at least 3 careers of interest in Xello</li> </ul>	<p>35 minutes</p> <p>Documents in Google Drive will be used - make revisions as needed</p> <p>Optional discussion topics</p>
Assignment	<a href="#">Lesson3: Skills Exploration</a>	<ul style="list-style-type: none"> <li>I can explore how school, extracurriculars and leisure activities help build skills.</li> <li>I can identify skills needed for various occupations.</li> <li>I can investigate options related to their own skills.</li> </ul>	<p>35 minutes</p> <p>Xello lesson</p> <p>Optional discussion topics</p>
Assignment	<a href="#">Lesson 4: Matchmaker Assessment</a>	<ul style="list-style-type: none"> <li>I can complete the Matchmaker Assessment in Xello.</li> </ul>	<p>35 minutes</p>
Assignment	<a href="#">Lesson 5: Explore Career Matches</a>	<ul style="list-style-type: none"> <li>I can investigate central, secondary, and other aspects of the career match assessment and how they relate to careers.</li> <li>I can reflect on my own career assessment results</li> <li>I can explore what makes me interested in certain careers.</li> </ul>	<p>35 minutes</p> <p>Xello lesson</p> <p>Optional discussion topics</p>
Assignment	<a href="#">Lesson 6: Transition to High School</a>	<ul style="list-style-type: none"> <li>I can explore ways to make my transition to high school easier and more successful.</li> <li>I can identify questions and concerns I have about transitioning to high school.</li> <li>I can explore clubs, activities, and other resources to help handle the transition to high school.</li> </ul>	<p>35 minutes</p> <p>Xello Lesson</p> <p>Optional discussion topics</p>

Assignment	<a href="#">Lesson 7: Individual Learning Plan/4 year plan</a>	<ul style="list-style-type: none"> <li>I can complete my ILP/4 year plan including information I have explored in previous ACP lessons including: academic and personal strengths, Career Clusters and Courses of interest, personal data analysis, and goal setting.</li> </ul>	<p>45-60 minutes depending on the exploration on the part of the student</p> <p>Students will need access to their ASPIRE scores, high school graduation requirements, and the high school course catalog.</p> <p>Documents in Google Drive will be used - make revisions as needed based on your district file system</p> <p>Teacher - <a href="#">On the last page of the ILP</a>, create a hyperlink to your school's pathway(s) or to a Plan of Study if available)</p>
Assignment	<a href="#">Lesson 8: Self Advocacy</a>	<ul style="list-style-type: none"> <li>I can identify situations where I may need or want to advocate for myself or others.</li> <li>I can explore effective advocacy skills and behaviors, such as leadership, confidence, and communication.</li> <li>I can explore ways I can advocate for myself in school, the community, at home and in a career.</li> </ul>	<p>35 minutes</p> <p>Xello lesson</p> <p>Optional discussion topics</p>
Assignment	<a href="#">Lesson 9: Creating your Personal Brand</a>	<ul style="list-style-type: none"> <li>I can explain the impact of personal branding on my academic future, personal life and career.</li> <li>I can begin to create my personal brand via the creation of a vision board.</li> </ul>	<p>40-60 minutes</p> <p>Students will be using Google Drawing for this activity, it can also be completed as a poster or using another drawing application.</p> <p>Optional discussion topics</p>
Assignment	<a href="#">Lesson 10: Post Secondary Planning</a>	<ul style="list-style-type: none"> <li>I can identify post secondary options of entering the workforce, completing an adult apprenticeship, military service, technical college, four year college public, four year college private. (review from 7th grade-discovering pathways)</li> <li>I can explore district pathway maps.</li> <li>I can explore careers of interest that require a high school diploma, technical college certificate, degree, and/or 4 year college</li> </ul>	<p>40-60 minutes</p> <p>If your district has Pathways maps, provide students with links for this completion of this lesson.</p> <p>Optional discussion topics</p>

# 9th Grade Lessons

Location	9th Grade	Learning Targets	Teacher Notes
Dashboard Resource	<a href="#">Lesson 1: Update Xello Avatar and Cover Photo</a>	<ul style="list-style-type: none"> <li>I can personalize my Xello page by adding pictures</li> </ul>	10 minutes
Assignment	<a href="#">Lesson 2: Personality Style Assessment</a>	<ul style="list-style-type: none"> <li>I can identify my personality style</li> <li>I can explore how my personality style will help me in three careers that are a good match for me</li> </ul>	35 minutes
Assignment	<a href="#">Lesson 3: Check Your Understanding Holland Codes</a>	<ul style="list-style-type: none"> <li>I can successfully match each Holland Code Label with the description of the personality type</li> <li>I can identify how three of my Saved Careers are good matches for my personality</li> </ul>	15 minutes
Dashboard Resource	<a href="#">Lesson 4: Personality Style</a>	<ul style="list-style-type: none"> <li>I can apply background knowledge of personality styles and apply them to career choices</li> <li>I can better understand how personality types relate to core job tasks and workplace environments</li> </ul>	35 minutes Xello lesson
Assignment	<a href="#">Lesson 5: Workplace Personalities Discussion</a>	<ul style="list-style-type: none"> <li>I can apply knowledge of personality styles and describe how they connect to a job in a business that I am familiar with</li> <li>I can explain how my personality can be helpful at home, school, work, and other areas of my life</li> </ul>	35 minutes Based on small-group discussions; in virtual setting, teacher may need to set up break-out rooms or other means of discussion.
Assignment	<a href="#">Lesson 6: My Personality Style Reflection</a>	<ul style="list-style-type: none"> <li>I can reflect on how my personality style has helped me relate to others at school and one other environment (ex. Clubs, sports teams, workplaces, or volunteer activities)</li> </ul>	15 minutes
Assignment	<a href="#">Lesson 7: Factors for Saving a Career</a>	<ul style="list-style-type: none"> <li>I can review three career profiles in My Saved Options and will record how I feel about these saved careers</li> <li>I can identify factors that I like and dislike about these jobs</li> </ul>	15 minutes
Dashboard Resource	<a href="#">Lesson 8: Exploring Career Factors</a>	<ul style="list-style-type: none"> <li>I can explore important career factors that should be considered when choosing a career</li> <li>I can understand six career factors that people consider when choosing a career</li> <li>I can prioritize (rank) these career factors and compare them with careers that I have explored</li> </ul>	35 minutes Xello Lesson
Assignment	<a href="#">Lesson 9: Asking the Important Questions</a>	<ul style="list-style-type: none"> <li>I can explore three of My Saved Careers and assess if these jobs are aligned with those career factors that I feel are most important</li> </ul>	30-40 minutes



Assignment	<a href="#">Lesson 10: Skills Lab (“About Me” Section Assessment)</a>	<ul style="list-style-type: none"> <li>• I can complete the Skills Lab assessment to identify skills that I want to use in my future career</li> <li>• I can reflect upon the skills that I currently have that will be useful in my future career and explore options for developing the skills that I need to gain in the future</li> </ul>	30 minutes
Assignment	<a href="#">Lesson 11: Skills Lab Continued</a>	<ul style="list-style-type: none"> <li>• I can evaluate explore careers that are a good match for me based upon my Skills Lab results</li> <li>• I can update my saved careers based upon the skills that I prefer to use</li> </ul>	30 minutes  Students must complete Lesson 10 to continue with this lesson.
Assignment	<a href="#">Lesson 12: Work-Related Skills</a>	<ul style="list-style-type: none"> <li>• I can identify and reflect upon skills that I may need in my career</li> <li>• I can identify skills that I am practicing today that I may use in my future career</li> <li>• I can identify skills that I need to develop</li> </ul>	30 minutes  Students must complete Lesson 10-11 to continue with this lesson.
Assignment	<a href="#">Lesson 13: Work-Related Skills, continued</a>	<ul style="list-style-type: none"> <li>• I can identify experiences that helped me develop a work-related skill</li> <li>• I can add work experiences (volunteering, joining a club, playing a sport, part-time work) that I have gained that connect to building workplace readiness skills and knowledge</li> </ul>	20 minutes  Students must complete lesson 10-12 to continue with this lesson.
Dashboard Resource	<a href="#">Lesson 14: Getting Experience</a>	<ul style="list-style-type: none"> <li>• I can learn about ways to gain work experience now</li> <li>• I can identify future opportunities to gain experience (community service, volunteering, internships, Youth Apprenticeship)</li> <li>• I can gather information about the getting experience opportunities that fit best with my future career goals</li> </ul>	20-30 minutes  Xello lesson
Assignment	<a href="#">Lesson 15: Work-Related Opportunities</a>	<ul style="list-style-type: none"> <li>• I can explore school offerings including courses or specialized programs to learn more about opportunities for getting work-related experience while I am in high school</li> </ul>	30 minutes  Student access to district career pathways is important for this lesson
Assignment	<a href="#">Lesson 16: My Plan-- Work-Related Goals</a>	<ul style="list-style-type: none"> <li>• I can add work-based learning opportunities available through my school that I am interested in pursuing to the Career Goals on My Plan</li> <li>• I can add part-time work experiences that I will pursue during high school to the Career Goals on My Plan</li> </ul>	15-20 minutes
Assignment	<a href="#">Lesson 17: Importance of Resilience</a>	<ul style="list-style-type: none"> <li>• I can explain what resilience is and why it is important to achieve success</li> <li>• I can identify skills, habits, and behaviors that are needed to be successful in high school and beyond</li> </ul>	15 minutes

Dashboard Resource	<a href="#">Lesson 18: Study Skills and Habits</a>	<ul style="list-style-type: none"> <li>• I can identify the skills, habits, and behaviors needed to be successful in high school</li> <li>• I can identify potential obstacles to success in high school</li> <li>• I can develop a personal plan for developing positive student habits and minimize negative influences on my success</li> </ul>	35 minutes Xello lesson
Assignment	<a href="#">Lesson 19: Learning Styles Assessment</a>	<ul style="list-style-type: none"> <li>• I can identify my learning style</li> <li>• I can identify and develop learning strategies that work best with my learning style</li> <li>• I can utilize these strategies to develop resilience and perseverance in courses that are challenging</li> </ul>	20 minutes Xello activity
Assignment	<a href="#">Lesson 20: Work Habits Self Assessment and Reflection</a>	<ul style="list-style-type: none"> <li>• I can think realistically about how I did on an assignment or task</li> <li>• I can develop a strategy or learn how to improve in the future</li> <li>• I can explain why resilience and perseverance are important to different areas of my life in and out of school</li> <li>• I can complete a self-assessment to rate myself on resilience and perseverance</li> <li>• I can reflect on what I've learned about careers this year</li> </ul>	40 minutes