2020-21 ACP Virtual Community of Practice

Academic & Career Planning and Social and Emotional Learning

April 21, 2021

Sign in at http://bit.ly/AprilACPsignin
Please mute your audio and turn your camera off
ACP is more important than ever

• Increases sense of belonging and engagement in learning
• Helps students find the relevance in what they are learning and increases academic motivation
• Ensures ALL students have a plan for success after high school
• Ensures that students are more prepared and better equipped to succeed, even in a tough economic situation
We are in this together...

Learn with Webinars

Share with Follow Up Discussions

Apply with Ready to Use Resources
Stay Informed!

Listservs - send an email with the subject “subscribe” to:

- ACP Listserv subscribe-acplist@lists.dpi.wi.gov
- School Counseling Listserv subscribe-wcscp@lists.dpi.wi.gov
- CTE Listserv subscribe-ctelist@lists.dpi.wi.gov
- SEL resources: selinwisconsin

Twitter

- @WisDPI_ACP
Today’s Presenters

• Jessie Sloan
  Student Service Director
  CESA 3 & 4

• Amanda Langrehr
  Instructional Director
  CESA 4

• Jamie Brown
  ACP Consultant
  CESA 6
Icebreaker:

- 10 Skills Employers Want?
- List skills that employers may be looking for in the years to come *(list in chat)*

**The 10+ Most Important Job Skills Every Company Will Be Looking For In 2020**
The SEL and Employability Skills Connection

Employers struggle to find job candidates that have the 4 C’s:

• COMMUNICATION
• COLLABORATION
• CRITICAL THINKING
• CREATIVITY

Social Emotional Learning
Social Emotional Learning

Goal Setting, ACP & SEL

- *Your ACP Goals drive your ACP Curriculum*
- Develop curriculum based on a content standard
- Every ACP lesson should align with one or two SEL competencies
- SEL competencies should be interwoven and reflected throughout building practices, especially regarding equity and access practices
- Learning Targets should be identified and shared with students in student friendly language
What is Academic Career Planning?

It is part of DPI's overall vision for every student to graduate high school academically, socially, emotionally, and life ready.

https://dpi.wi.gov/acp
What is Social Emotional Learning?

Social and emotional learning is the process through which children and adults acquire and effectively apply the knowledge, attitudes, and skills necessary to understand and manage emotions, set and achieve positive goals, feel and show empathy for others, establish and maintain positive relationships, and make responsible decisions. - WI DPI

[**WI DPI** Social & Emotional Learning Website](https://dpi.wi.gov/student-learning/sel)
- [SEL Learning Competencies](https://dpi.wi.gov/student-learning/sel/learning-competencies)  
  24 Competencies over grade bands
● DPI, Social and Emotional Learning
  ○ scroll to the bottom of the page
  ○ Emotional Development
  ○ Self-Concept
  ○ Social Competence

● The CASEL 5 addresses five broad, interrelated areas of competence
  ○ Self-Awareness
  ○ Self-Management
  ○ Social-Awareness
  ○ Relationship Skills
  ○ Responsibility Decision Making
CASEL
Transformative SEL a process whereby young people and adults build strong, respectful, and lasting, relationships that facilitate co-learning to critically examine root causes of inequity, and to develop collaborative solutions that lead to personal, community, and societal well-being.

This form of SEL is aimed at redistributing power to promote social justice through increased engagement in school and civic life. It emphasizes the development of identity, agency, belonging, curiosity, and collaborative problem solving within the CASEL framework.

DPI
OUR VISION: Every Child a Graduate, College and Career Ready
● Knowledge, Skills and Habits
OUR MISSION: Educational Equity—every student has what they need to learn when they need it.
SEL Action Plan

Action Planning for SEL can start with:

1. ACP team decides on goals and reviews Transformative SEL.
2. ACP team reviews SEL competencies for 6-12 grade bands and selects 2-3 SEL competencies.
3. Align your selected SEL competencies to your ACP goals and lessons for the current school year.
4. ACP team creates the desired ACP lesson outcome that is linked to the SEL competency.
5. Establish communication for Transformative SEL to staff, students, families.
6. Work within existing teams to merge ACP & SEL learning targets!
SEL skills can be woven into traditional lesson plans by utilizing direct instruction and intentional embedded opportunities for learning. Here are some examples of instruction at different grade levels that you might use:

- Pick an already existing lesson in your school ACP
- Look at the lesson through the lens of the student and adult
  - a. What emotions are evoked during the lesson?
  - b. Example: Xello - teaching students to login and what to do if they forget their password
  - c. Where do you find the job announcement (what age?)
  - d. Preparing for a job interview
- Process/talk through the experience with the student
- **Meaningful conversation - important engagement piece**
Xello Connection

Xello: SEL Resources

Developing Social Emotional Learning Skills *(great resource to share with colleagues)*

How Xello Supports Wisconsin’s Social and Emotional Learning Competencies
Xello 6-12 Competencies Alignment

To encourage continuous learning and reassessment, Xello includes age-appropriate content with grade-specific lessons. Each addresses the academic and real-world skills relevant for grades 6–12 to help make students ready for a constantly changing world.

**Lessons** are interactive, fully digital and turn-key. By automatically bringing students’ own saved careers, schools, and interests into the lessons, Xello provides a completely personalized, seamless and relevant learning experience.

Discussion prompts, key vocabulary, and extended lesson plans are available through Xello Support at [https://help.xello.world](https://help.xello.world).

Here’s how Xello’s interactive lessons line up with the Wisconsin Social and Emotional Learning Competencies:

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<thead>
<tr>
<th>XELLO LESSONS</th>
<th>REC. GRADE</th>
<th>EMOTIONAL DEVELOPMENT</th>
<th>SELF-CONCEPT</th>
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<td>Biases and Career Choices</td>
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<td>No. 5</td>
<td>No. 10</td>
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What is Your Emotional Style?

- Survey by UW-Madison, Center for Healthy Minds
- Helps you understand your emotional responses

Hello,

Here are your results from the Emotional Styles questionnaire you recently took from the Center for Healthy Minds at the University of Wisconsin–Madison.

No matter where you land for each emotional style, being aware is the first step toward understanding how it affects your health and relationships. We have good evidence to believe that people can change their emotional styles through effortful training. Below each result, you can find a suggestion on how to improve in that area.

You scored the following for each of the six emotional dimensions:

Your Resilience score is 4 out of 7. Resilience refers to the speed with which we recover from adversity. People high on the Resilience dimension can shake off setbacks and bounce back from challenges relatively easily. People who are low on this dimension are slow to recover from adversity, oftentimes crippled by it. To improve your Resilience: Try to find meaning in negative experiences; cultivate courage and hope.
ACP & SEL Resources

- CASEL 5
- Developing Social Emotional Learning Skills
- DPI, Social and Emotional Learning
- Every Child a Graduate, College and Career Ready
- How Xello Supports Wisconsin’s Social and Emotional Learning Competencies
- The 10+ Most Important Job Skills Every Company Will Be Looking For In 2020
- Transformative SEL
- What Does Evidence-Based Instruction in Social and Emotional Learning Actually Look Like in Practice? (CASEL)
- What is Your Emotional Style
- Why Social and Emotional Learning and Employability Skills Should Be Prioritized in Education
- Work-Based Learning
## Preview of Upcoming Sessions

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<tr>
<td>May 19th</td>
<td>ACP and Special Education</td>
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Registration Link: [https://dpi.wi.gov/ACP/resources/ACP-Community-Practice](https://dpi.wi.gov/ACP/resources/ACP-Community-Practice)
Next Steps


2. Go to [https://dpi.wi.gov/ACP/resources/ACP-community-practice](https://dpi.wi.gov/ACP/resources/ACP-community-practice) to:
   - Access additional resources for this topic
   - Register for the follow-up support session with your CESA

3. Get ready for your follow-up support session with your CESA