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| CACFP Menu for Children 1-18 years of age **\*Greater than Three Meal Services** | | | | | | |  | |  |
| Center name |  | | | |  | Month and Year | |  | |
|  |  | | | |  |  | |  | |
|  | |  |  |  | | |  | |  |
| Meal Patterns | | Monday **Date\_\_\_\_\_\_\_\_\_\_** | Tuesday **Date\_\_\_\_\_\_\_\_\_\_** | Wednesday **Date\_\_\_\_\_\_\_\_\_\_** | | | Thursday **Date\_\_\_\_\_\_\_\_\_\_** | | Friday **Date\_\_\_\_\_\_\_\_\_\_** |
| Breakfast • Grains, OR   * Meat/Meat alternate (no more than 3 times per week)   • Fruit or Vegetable  • Milk | |  |  |  | | |  | |  |
| AM Snack *Select two of the following:*   * Meat/Meat alternate   • Vegetable  • Fruit  • Grains  • Milk | |  |  |  | | |  | |  |
| Lunch  * Meat/Meat alternate   • Vegetable  • Fruit  • Grains  • Milk | |  |  |  | | |  | |  |
| PM Snack *Select two of the following:*   * Meat/Meat alternate   • Vegetable  • Fruit  • Grains  • Milk | |  |  |  | | |  | |  |
| Supper  * Meat/Meat alternate   • Vegetable  • Fruit  • Grains  • Milk | |  |  |  | | |  | |  |

\*Type of milk served: 1 year olds \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ 2 & older\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\*Record the specific names of cereals, fruits, and vegetables served

\*Note whole grain items with WG or WW and whole grain-rich items with WGR