

*Date:* March 13, 2020

*To:* Child and Adult Care Food Program (CACFP) List-Serv Members

*From:* Community Nutrition Team

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Announcements from the Wisconsin Child and Adult Care Food Program (CACFP)

### **Coronavirus Update**

USDA is monitoring the spread of Coronavirus closely in collaboration with our federal and state partners.

It's always good practice to be prepared for emergency situations, whether it is due to disease, an extreme weather event, or power outage. Take time and make sure you are ready for these types of events.

Always practice good hygiene and health habits. Coronavirus spreads like the flu—through respiratory droplets. You can do the following to help stop its spread:

- Wash your hands often with soap and water and scrub for at least 20 seconds.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Avoid close contact with people who are sick.
- Cover your mouth and nose when coughing or sneezing, and cough or sneeze into your elbow.
- Also, remember it's not too late to get your flu vaccine! Wisconsin has been hit hard by the flu and other respiratory viruses this year.
- Stay home when you are sick.
- Routinely clean frequently touched surfaces and objects.
- Practice other good health habits. Get plenty of sleep, be physically active, manage your stress, drink plenty of fluids, and eat nutritious food.

How can you stay updated? For up to date information on Coronavirus in Wisconsin, please see the DHS [Outbreaks and Investigations webpage](#). For USDA's Food and Nutrition Service (FNS) Program Guidance on Human Pandemic Response visit <https://www.fns.usda.gov/disaster/pandemic>. For DPI's guidance visit <https://dpi.wi.gov/sspw/2019-novel-coronavirus>.

Please keep in mind that this is an evolving situation and advice may change in the upcoming weeks and months.