



Date: July 30, 2014
To: Authorized Representatives of the Child and Adult Care Food Program
From: Community Nutrition Team
Subject: Grow It, Try It, Like It! is now available in print!



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<http://tn.ntis.gov/>

Grow It, Try It, Like It! Nutrition Education Kit Featuring MyPlate is a garden-themed nutrition education kit for child care center staff that introduces children to fruits and vegetables. The kit includes seven booklets featuring fruits and vegetables with fun activities through the imaginary garden at Tasty Acres Farm! It also has a CD-ROM with Supplemental Information and a DVD with Cool Puppy Pup's Picnic and Lunch Parties. Each set of lessons contains: hands-on activities, planting activities, recipes, and nutrition education activities that introduce MyPlate. Use the kit to promote learning at home with fun parent/child activities and family-sized recipes that give tips for cooking with children.



Ordering Information: Schools, child care centers, and summer meal sites that participate in the USDA Child Nutrition programs (e.g., National School Lunch Program, School Food Service Program, etc.) may request free copies of this kit.

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Community Nutrition Team
Wisconsin Department of Public Instruction

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