

Activity: Accommodating Special Dietary Needs Request

Instructions: Read the special dietary need request and complete the questions using the two flowcharts:

- *Determining if Meal Modifications Are Required*
- *What to Do When You Receive a Statement for a Special Dietary Need Request*

Request: The family of a child at your program tells you that their child must be served almond milk in place of cow's milk at all meals and snacks. There is no documentation from a state licensed healthcare professional authorized to write medical prescriptions to support the almond milk.

1. Is this request for a disability or non-disability special dietary need?
2. Answer questions in the chart below for when the request is for a disability and when it is for a non-disability special dietary need.
3. Complete the *Special Dietary Needs Tracking Form* for when the request is for a disability and when it is for a non-disability special dietary need.

Questions	Disability	Non-Disability
What documentation is required to support the request?		
Is your program required to offer a reasonable modification? If so, what must be offered?		
Can the family be required to provide the meal substitution?		
Is almond milk creditable to the meal pattern for this request?		
Can meals/snacks be claimed for reimbursement?		