

## Activity: WGR Using the Product Package

**Directions:** Looking at the front of the product package, determine which items below are Whole grain-rich (WGR). Check the box if the item is **WGR**.

Use the WIC Grains handout and the CACFP Reference Guide if needed.

1	<input type="checkbox"/> WGR	2	<input type="checkbox"/> WGR
			
			
4	<input type="checkbox"/> WGR	5	<input type="checkbox"/> WGR
			
			
7	<input type="checkbox"/> WGR	8	<input type="checkbox"/> WGR
			
			
10	<input type="checkbox"/> WGR	11	<input type="checkbox"/> WGR
			
			