

CACFP Information Sheet Adult Care Component



This adult care center is a participant in the Child and Adult Care Food Program (CACFP), a federal program of the Food and Nutrition Service, U.S. Department of Agriculture (USDA). The CACFP gives financial assistance to regulated adult care agencies throughout the state. In Wisconsin, the CACFP is administered by the Department of Public Instruction (DPI).

The primary goal of the CACFP Adult Care Component is to provide financial assistance to adult care centers for serving nutritious meals and snacks to adults who are functionally impaired or over age 60. Nutrition is important for good health. Proper nutrition is an important part of a high quality adult care program. Adults need well-balanced meals in order to meet their daily nutrient and energy needs.

In participating in the CACFP, adult care centers may be reimbursed for up to three meal services a day for each eligible participant (two meals and one snack, or two snacks and one meal) to offset food service costs. Reimbursable meals must meet the requirements established by USDA.

The USDA – CACFP Meal Pattern for meals that may be served to participating adults under the CACFP are listed below.

<u>Breakfast</u>	<u>Snack</u>	<u>Lunch and Supper</u>
Milk Fruit or vegetable	Two of the five groups Milk	Milk (Optional for supper) Meat or meat alternate
Grain (2 full servings must be offered)	Meat or meat alternate Fruit	Fruit Vegetables
Meat or meat alternate (in place of entire grain max of 3 times/week)	Vegetable Grain	Grain (2 full servings must be offered)

If you have questions about the CACFP, please contact one of the following:

Participating Agency Contact Information	State Agency Contact Information
Contact Person	Amanda Cullen, RDN, CD, Director
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This institution is an equal opportunity provider.

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