

Requirements for Milk

Instructions: Read the following statements, and then determine if each statement is true or false.

Statement	True or False
1. Syrup (including zero calorie and sugar-free syrups) may be added to fat-free milk for children ages 5 years old and older and adults.	
2. Milk served to 1-year-old children must be unflavored whole milk or unflavored fat-free milk.	
3. Flavored milk, including flavored non-dairy beverages, cannot be served to children 1 through 3 years old only.	
4. If you are serving milk to a mixed age group of 1 & 2 year olds, it is acceptable to serve 1% milk to all children.	
5. Flavored milk served to children 6 years old and older and adults must be fat-free.	