

DPI COMMUNITY NUTRITION TEAM

# CACFP Today

VOLUME 24 / NO. 1 / February 2024

### **CACFP Shout-Outs**

The Community Nutrition Team (CNT) is excited to shout-out the following CACFP operators: Rebecca Walenton and the staff at Learning Depot, Inc. in Whitewater, WI. Read more about the impactful work this agency is accomplishing below.

Upon the most recent review of their CACFP, DPI consultants found that the Learning Depot had spectacular execution of the requirement for maintaining product label documentation for whole grain-rich (WGR) items and cereals! Walenton keeps a binder of the center's product labels for all the items served and labels each grain item as "whole grain-rich" or "not whole grain-rich." For example, an item that DPI consultants see frequently misidentified as WGR are the Thomas brand Whole Wheat English Muffins. This type of English muffin is not WGR as it contains a non-creditable grain (farina) as one of the first three grain ingredients. Per the Rule of Three for determining WGR, when a non-creditable grain is listed as one of the first three grain ingredients, the item cannot be WGR but may still credit as a grain item if the first ingredient is a whole or enriched grain. Walenton had the label for Thomas Whole Wheat English Muffins filed in the center's product label binder with the note. "Not WGR due to farina. Still able to serve as a grain." This shows excellent understanding of the Rule of Three for determining if an item is WGR!

Although keeping labels on file for grain items served that are not WGR is not a requirement, it can be helpful to do so for the staff members who do the grocery shopping and meal preparation. Staff members will be able to flip through the binder and see which products have been identified as WGR or not WGR. They won't need to spend time reanalyzing labels if they are buying the same products to know which meet WGR criteria.

The CNT thanks the Rebecca Walenton and the staff at the Learning Depot, Inc. for their outstanding work and providing healthy meals to CACFP participants!

Complete the <u>CACFP Shout-Out Entry Form</u> for a chance to be featured in a future *CACFP Today* newsletter and DPI social media accounts.

#### **FEATURED STORIES**

**CACFP Shout-Outs** 

**Training Resources** 

Heard It Through the Grapevine

**CACFP Crossword** 

**USDA:** New Guidance

CNT Staffing Updates

**CNT Personnel Directory** 

**About Us** 

#### **SAVE THE DATES**

February 2024 – National Grapefruit Month February 22, 2024 – Wisconsin Chili Lunch

March 2024-National Farm To School Month March 26, 2024 -National Spinach Day

April 2024 – National Grilled Cheese Month April 30, 2024 – National Raisin Day

# CACFP Training Held in September 2023

The DPI Community Nutrition Team held four in-person CACFP trainings in September 2023. Thank you to all who attended!

The training presentations and materials are now available on the <u>CACFP</u> <u>Training 2023</u> website.

Topics presented on include a general overview of CACFP requirements, Special Dietary Needs focusing on the milk component, Feeding Infants, Identifying Whole Grain-Rich, Meal Planning and Ideas, and Financial Management.

Check out these materials for a great refresher on the topics noted above, especially the General Session presentation which covers ten different CACFP topics, requirements and reminders to help your program successfully participate in the CACFP.



Visit the <u>CACFP</u>
<u>Training 2023</u> webpage for the presentations and materials from the 2023 in-person CACFP training sessions.

### **CACFP Training Spotlight**

Are you confused by the Rule of Three for whole grain-rich? Looking for vegetarian meal ideas? Need information on what product label documentation is required for whole grain-rich foods, cereals, and yogurt? Need some ideas for organizing your agency's CACFP records?

Check out one or more of the ten <u>CACFP Training Spotlight</u> handouts currently available! Each Spotlight focuses on a specific CACFP topic in a short two to four-page document.

#### Current topics are:

- CACFP Costs
- Organizing CACFP Records
- Claiming Infant Meals
- · Serving Milk
- Vegetarian Meals in the CACFP
- Rule of Three for Determining Whole Grain-Rich
- Recipes for Foods Made From Scratch
- Documentation for Whole Grain-Rich (WGR) Foods
- Product Labels for Cereal and Yogurt Sugar Limits
- · Production Records

More CACFP Training Spotlights will be added in the future. If you have an idea for a CACFP Training Spotlight submit topics of interest to <a href="mailto:DPICACFP.Training@dpi.wi.gov">DPICACFP.Training@dpi.wi.gov</a>.



### Heard It Through the Grapevine

DPI Consultants have conducted hundreds of CACFP reviews and have, on occasion, found agencies completing Program requirements incorrectly. Below is an incorrect or unnecessary process, and information on the correct way to complete the requirement.

I Heard it through the Grapevine: "We serve older infants eating table foods meals off the regular menu; i.e., the same foods served to one-year-olds. This includes serving items such as toast, pancakes, waffles, and breakfast cereal, along with fruit and formula/breast milk at breakfast."

**CACFP Requirement:** Infants enrolled for care at a participating CACFP center or day care home must be offered a meal that complies with the <u>CACFP infant meal pattern</u> requirements (<u>7 CFR 226.20(b)</u>).

The infant breakfast, lunch, and supper meal pattern requires infants to be served iron-fortified infant cereal (IFIC) or a creditable meat/meat alternate when they are developmentally ready. Other grain items, such as pancakes, toast, and waffles can be served as an extra food at these meals, but not in place of iron-fortified infant cereal or a creditable meat/meat alternate.

When IFIC or a creditable meat/meat alternate is not served to an infant at breakfast, lunch, or supper (when the infant is developmentally ready) the meal(s) cannot be claimed for reimbursement.

Grain items such as crackers, bread, pancakes, muffins, and breakfast cereals etc., can be served at snack and be claimed for reimbursement.

If you have any questions about how you are completing a CACFP requirement, contact your <u>Assigned Consultant</u>.



Are you completing CACFP requirements because:

"I heard from someone else this is the way to do it,"

"That is the way I was trained," or "We have always done it this way!"

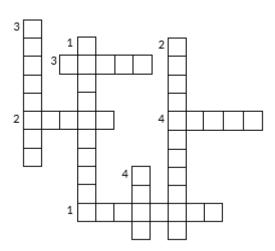
### **CACFP Crossword**

#### Across:

- 1. If a household size income statement is not on file for a participant, they must be claimed as \_\_\_\_\_.
- 2. A non-creditable food for infants due to risk of infant botulism.
- 3. Type of milk that must be served to one-year-old participants.
- 4. The Rule of \_\_\_\_\_ helps determine if an item is whole grain-rich.

#### Down:

- 1. A must be served at least once each day.
- 2. Yogurt served in the CACFP may not have more than \_\_\_\_\_ grams of sugar per six ounces.
- 3. For a grain to be creditable in the CACFP, the first ingredient (or second after water) must be a whole or \_\_\_\_\_ grain.
- 4. This document must be kept on file to support the claim and show creditable meals were served.



See page 6 for answers.

### **USDA: New Guidance**

Listed below are recent policy memos issued by the United States Department of Agriculture (USDA) and a brief summary of each one.

<u>CACFP 02-2024: Revised - Crediting Tofu and Soy Yogurt Products in the School Meal Programs, CACFP, and SFSP</u>

This memorandum provides updated guidance on crediting tofu and soy yogurt products in the Child and Adult Care Food Program and extends previous guidance on crediting tofu and soy yogurt products to the Summer Food Service Program, as well as to the infant meal pattern in the Child and Adult Care Food Program.



This memorandum seeks to clarify the regulatory requirements related to food safety and answer specific questions related to buying of local meat, poultry, game and egg products with a series of questions and answers.



FNS is aware that schools in multiple states are experiencing milk supply chain challenges related to packaging issues. This memorandum provides state agencies with information about existing authority related to schools and other child nutrition program operators experiencing inadequate milk supply. FNS encourages state agencies to use this authority when needed to support program operators impacted by the current milk packaging challenges.

## CACFP 11-2023: Feeding Infants and Meal Pattern Requirements in the Child and Adult Care Food Program; Questions and Answers (Revised September 2023)

This memorandum provides updated guidance on feeding infants and the infant meal pattern requirements. This revision incorporates updated breastmilk storage recommendations, infant formula food safety considerations, and information on crediting grains in ounce equivalents.

### CACFP 10-2023: Initial Implementation Memo: Child Nutrition Program Integrity Final Rule

This memorandum provides initial implementation guidance for the Child Nutrition Program Integrity Final Rule. This memorandum applies to state agencies administering and school food authorities, institutions and sponsors implementing the NSLP, SBP, CACFP, and SFSP.





Important Reminder (Sponsoring Organizations Only): 1<sup>st</sup> Quarterly Financial Report is due March 1, 2024.

### **CNT Staffing Update**

Sadly, we have said farewell to two CNT staff members; Bridget Resse, who was a Nutrition Program Consultant on the CNT for the last four years as well as Heather Bundy, who was the CNT's Operations Program Associate. We wish them both the best in their future endeavors!

A note from Bridget: "I am so sad to be leaving my position as a Nutrition Program Consultant on the DPI's Community Nutrition Team. I am moving into a role with the New Hampshire Department of Education at the Bureau of Student Wellness and Nutrition, working with the National School Lunch Program. This was a difficult decision because although I am returning to family on the east coast, I have felt right at home in the Midwest. It has been a pleasure working with so many amazing individuals, both at DPI and all of you. I attribute so much of my passion for this work to the dedication by Wisconsin centers and schools, particularly during the COVID-19 pandemic to keep children fed during a public health emergency. In the midst of fear and uncertainty, your resilience was truly inspiring and a time in my career I will never forget. I would like to express my sincere gratitude for the work you do on behalf of children in Wisconsin. Child care is a vital public good, and the impact of your work is invaluable."



### **CNT Personnel Directory**

DPI Toll-Free Helpline	1-800-441-4563
Amanda Cullen, RDN, CD, Director	(608) 267-9123
Jennifer Heidenreich,	
Public Instruction Supervisor	(608) 266-5183
Amy Kolano, RD, CD, Coordinator,	
Summer Food Service Program	(608) 266-7124
Cari Ann Muggenburg, Auditor-Senior	(608) 264-9551



#### **Nutrition Program Consultants**

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Lisa Kellner	
Moryah Kemper, RD	
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Emily Rox	
Mika Vuckovich, MS, DTR	

To find your agency's consultant, refer to the Consultant

Assignments
document on the CACFP Consultant
Assignments
webpage.

Federal Aids and Audit Fiscal Unit	(608) 266-3509 ext.4
Federal and State Grants Program Fax	(608) 267-9207
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### **About Us**

CACFP Today is published three times per year by the Department of Public Instruction.

Questions or comments should be directed to: Community Nutrition Team Wisconsin Department of Public Instruction PO Box 7841 Madison, WI 53707-7841 608-266-3874 or 1-800-441-4563 Dana.Reedy@dpi.wi.gov or Emily.Rox@dpi.wi.gov







**CACFP Crossword Answers:** 

Across:

- 1. Non-needy
- 2. Honey
- 3. Whole
- 4. Three

Down:

- 1. Whole grain
- 2. Twenty-three
- 3. Enriched
- 4. Menu

This publication is available from: Division for Finance and Management Community Nutrition Program (608) 267-0363 dpi.wi.gov/nutrition

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