



Check out the wellness resources available to providers on DPI's *Wellness in Early Care and Education* website link.

<https://dpi.wi.gov/community-nutrition/cacfp/wellness>

The *Healthy Bites* and *Active Early* guides are available to download from our website, or if you would like to request a printed copies please email us at dpifns@dpi.wi.gov.



Follow us on Social Media

“Like” or “Follow us” on our Child and Adult Care Food Program social media sites. Keep connected with updates and news about the CACFP in Wisconsin.

Find the Community Nutrition Team on social media:

<https://www.facebook.com/WisDPICommunityNutrition/>

https://twitter.com/WisDPI_CNT



FRAC

Food Research and Action Center

FRAC's CACFP website contains the latest information about CACFP eligibility and requirements. Website link: <https://frac.org/programs/child-adult-care-food-program>.

FRAC's child care food program wellness tool kit can be found here: <https://frac.org/wp-content/uploads/CACFP-best-practice-wisconsin.pdf>



Let's Move Child Care

Let's Move Child Care empowers early education and child care providers to achieve best practices in five areas: physical activity; screen time; food; beverages; and infant feeding.

Website link: <https://healthykidshealthyfuture.org/>



USDA: Choose My Plate

This website has resources for consumers and professionals related to health and nutrition for pregnant and breastfeeding women, preschoolers and kids.

Website link: <https://www.choosemyplate.gov/>



Team Nutrition Resources

Website link:

<https://www.fns.usda.gov/tn>

Check out the new free “*Nutrition and Wellness Tips for Young Children*” resource for CACFP providers.



