

## Tortilla Chips and Corn Chips

Tortilla chips and corn chips must meet certain criteria to be creditable in the Child and Adult Care Food Program (CACFP). They may be whole grain-rich (WGR) or enriched. This handout explains this criteria and includes examples of creditable chips (WGR and enriched) and non-creditable chips.



### Whole Grain-Rich Tortilla Chips and Corn Chips

Tortilla chips and corn chips are creditable and whole grain-rich when one of the below are met. Examples of whole grain-rich tortilla chips and corn chips are on page 2.

- 1<sup>st</sup> ingredient is a **whole grain** (ex. whole corn, whole ground corn) and there are no other grain ingredients.

INGREDIENTS: ORGANIC **WHOLE GROUND CORN**, ORGANIC SUNFLOWER OIL, SEA SALT.

- 1<sup>st</sup> ingredient is a **whole grain**, and the 2<sup>nd</sup> and 3<sup>rd</sup> grain ingredient(s) are **whole** or **enriched**.

INGREDIENTS: **WHOLE CORN**, OIL, **WHOLE WHEAT, BROWN RICE FLOUR**, WHOLE OAT FLOUR, SALT.

- Product is made with **nixtamalized corn (corn treated with lime)**. Look for the following in the ingredients list:

- Calcium hydroxide/hydrated lime
- Corn masa / corn masa flour
- Cooked with lime / lime water
- Ground corn treated with lime
- Ground corn with trace of lime
- Lime
- Masa harina
- Trace of lime
- Treated with hydrated lime
- Treated with lime

INGREDIENTS: **CORN MASA FLOUR**, WATER, VEGETABLE OIL, SEA SALT.

INGREDIENTS: **CORN**, SOYBEAN OIL, SEA SALT, AND **CALCIUM HYDROXIDE (HYDRATED LIME)**.

*Products that have lime flavoring added are not nixtamalized. If a product has lime flavoring added, you might see words such as "hint of lime," "lime juice", "lime zest", or "lime oil" in the ingredients list.*

- Product is made with corn and includes one of the following **FDA approved whole grain health claims on its packaging**:

- *Diets rich in whole grain foods and other plant foods and low in total fat, saturated fat and cholesterol may reduce the risk of heart disease and some cancers.*
- *Diets rich in whole grain foods and other plant foods, and low in saturated fat and cholesterol, may help reduce the risk of heart disease.*



## Whole Grain-Rich (WGR) Tortilla Chips and Corn Chips

Products on this page are whole grain-rich\*. This is not an exhaustive list. Prior to purchasing any product, verify it is credible using information in this handout.



**CALIDAD:** CORN TORTILLA CHIPS, ROUND TORTILLA CHIPS, WHITE CORN TORTILLA CHIPS



**CHI CHI'S:** STRIPS, ROUNDS, CLASSIC



**MISSION:** TORTILLA STRIPS, TORTILLA TRIANGLES, TORTILLA ROUNDS, RESTAURANT STYLE THIN & CRISPY, ORGANIC BLUE CORN TORTILLA CHIPS

**DONKEY CHIPS:** SALTED & UNSALTED



**SUN CHIPS:** ORIGINAL, CHILI LIME, HARVEST CHEDDAR, FRENCH ONION, GARDEN SALSA

**KIRKLAND**  
TORTILLA STRIPS



**LATE JULY:** SEA SALT, BLUE CORN, MULTIGRAIN, CHIA & QUINOA, SEA SALT & LIME

Products purchased from a food distributor with brand names Tostitos, Fritos, Aztec, etc. may be WGR. Prior to purchasing a product, verify it is credible using information in this handout.





## Enriched Tortilla Chips and Corn Chips (Can count as the grain component but not whole-grain rich)

Tortilla chips and corn chips are creditable and enriched, not whole-grain rich, when one of the below are met. An example of an enriched tortilla chip is below.

- 1<sup>st</sup> ingredient is a **whole grain** (ex. whole corn), and the 2<sup>nd</sup> and 3<sup>rd</sup> grain ingredient(s) are **non-creditable grains** (ex. corn or corn meal).
- 1<sup>st</sup> ingredient is an **enriched corn ingredient**, such as *enriched corn* or *enriched corn flour*.
- 1<sup>st</sup> ingredient is a **corn ingredient**, and **nutrients are sub-listed after the corn ingredient**, such as *corn flour (folic acid, riboflavin, niacin, and thiamine)*.

INGREDIENTS: **WHOLE CORN, CORN**, VEGETABLE OIL, SALT

INGREDIENTS: **ENRICHED YELLOW CORN**, CORN, VEGETABLE OIL, SALT

INGREDIENTS: **BLUE CORN (FOLIC ACID, RIBOFLAVIN, NIACIN, AND THIAMINE)**, CANOLA OIL, SALT

*This product is enriched. Prior to purchasing any product, verify it is creditable using information in this handout.*



TOSTITOS  
BAKED



## Non-Creditable Tortilla Chips and Corn Chips (Cannot count as the grain component)

Tortilla chips, corn chips or any other snack-type products are not creditable when one of the below are met. Examples of non-creditable tortilla chips, corn chips, and snack-type products are on page 4.

- 1<sup>st</sup> ingredient is **corn that is not whole, enriched, or nixtamalized**, including corn, blue corn, yellow corn, ground white corn, stone ground corn, organic corn, cornmeal.
- 1<sup>st</sup> ingredient is a **non-creditable grain or flour** such as cassava flour, almond flour, tapioca flour, coconut flour, potato starch, potato flour, potato.

INGREDIENTS: **GROUND WHITE CORN**, VEGETABLE OIL, SEA SALT

INGREDIENTS: **CORN**, VEGETABLE OIL, SALT

INGREDIENTS: **CASSAVA BLEND (CASSAVA FLOUR, CASSAVA STARCH)**, AVOCADO OIL, TAPIOCA FLOUR, COCONUT FLOUR, SALT

INGREDIENTS: **POTATO STARCH**, POTATO FLOUR, CANOLA OIL, CORN STARCH, SALT





## Non-Creditable Tortilla Chips and Corn Chips

Products/brands on this page are not creditable as a grain in the CACFP. If these products are served, they may only be served as an EXTRA item alongside a creditable meal or snack and the cost cannot be charged to the CACFP. This is not an exhaustive list. Prior to purchasing a product, verify it is creditable using information in this handout.



**ON THE BORDER:** CAFÉ STYLE, CANTINA THINS FIESTA SIZE, FIESTA DIPPIN' CHIPS, HOMESTYLE, ORGANIC TORTILLA ROUNDS BLUE CORN

**KIRKLAND**  
ORGANIC TORTILLA CHIPS



**GREAT VALUE:** RESTAURANT STYLE WHITE CORN, THIN & CRISPY CANTINA STYLE, BITE SIZE CRISPY ROUNDS (AND MANY OTHER FLAVORS AND STYLES)

**SIETE**

**SANTITAS**



**GARDEN OF EATIN'**

**PUFF CORN/CHEESE BALLS:** MADE WITH CORNMEAL

**VEGGIE STRAWS**



**TOSTITOS\*:** BITE SIZE, SCOOPS, CRISPY ROUNDS, SCOOPS MULTIGRAIN, HINT OF LIME

**FRITOS\***

\*Products purchased from a food distributor with brand names Tostitos, Fritos, Aztec, etc. may be WGR. Prior to purchasing a product, verify it is creditable using information in this handout.