

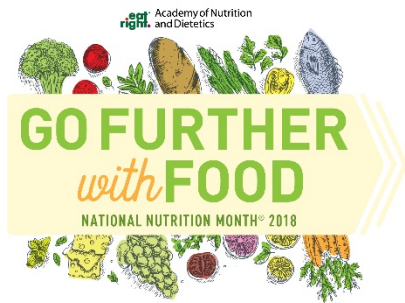
COMMUNITY NUTRITION TEAM

CACFP Today

A Newsletter from the Wisconsin Department of Public Instruction (DPI), Division of Finance and Management

Vol. 10 No. 1

Winter 2018



Go Further With Food This National Nutrition Month®

The following article is from the Academy of Nutrition and Dietetics and can be found at:

<http://www.eatright.org/resource/food/resources/national-nutrition-month/toolkit>.

National Nutrition Month® is a nutrition education and information campaign created annually in March by the Academy of Nutrition and Dietetics. The campaign focuses attention on the importance of making informed food choices and developing sound eating and physical activity habits.

"Go Further with Food" is the theme for 2018, and its importance is timely for many reasons. Whether it's starting the day off right with a healthy breakfast or fueling before an athletic event, the foods you choose can make a real difference. Preparing your foods to go further, by planning meals and snacks in advance can also help to reduce food loss and waste. This year's theme for National Nutrition Month® encourages us to achieve the numerous benefits healthy eating habits offer, but it also urges us to find ways to cut back on food waste. Learning how to manage food resources at home will help you "Go Further with Food", while saving both nutrients and money.



2018 Due Dates for Quarterly CACFP Financial Report

For Sponsoring Organizations ONLY (those with 2 or more sites on the food program):

1st Quarter (reporting period October 1, 2017 – December 31, 2017) is due **March 1, 2018**.

2nd Quarter (reporting period January 1, 2018 – March 31, 2018) is due **June 1, 2018**.

3rd Quarter (reporting period April 1, 2018 – June 30, 2018) is due **September 1, 2018**.

4th Quarter (reporting period July 1, 2018 – September 30, 2018) is due **December 1, 2018**.

The submission of the financial report must be online. An outline of this process can be found [here](#) for Sponsoring Organizations and [here](#) for Independent Centers. A written outline of the procedure can also be found under Guidance Memo #11.

Any questions please contact Cari Ann Muggenburg by e-mail at cari.muggenburg@dpi.wi.gov or phone at 608-264-9551.

Find the Community Nutrition Team on social media:

 <https://www.facebook.com/WisDPICommunityNutrition/>

 https://twitter.com/WisDPI_CNT

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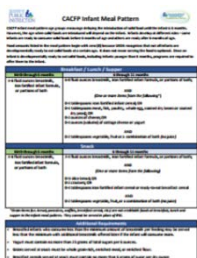
Revised Forms



Infant Meal Form

The Infant Meal Form has been updated to make it clearer and easier for agencies to use. There are two options, one form for breakfast, lunch, and snack, and one for all meals. They are available on the [Guidance Memorandum website](#) under Guidance Memorandum #12. Here is a summary of the updates.

- Clearer instructions for completing the form.
- Meal components chart updated
- Added examples of when meals can be claimed, including that meals/snacks can be claimed when formula/breast milk is the only component regardless of who provides the item.



Infant Meal Pattern

The Infant Meal Pattern has been revised to make the requirements clearer. This revised version is located under GM#12 on the Guidance Memorandum Website and can be accessed by clicking [here](#).

- More information about delaying the introduction of solid foods and what zero (0) means on the meal pattern.
- Includes an * next to the “One or more items from the following” sentence for breakfast/lunch/supper, which is a note about grain items not being creditable at breakfast, lunch and supper.
- In the Additional Requirements box, additional information about serving less breast milk and having more available for later if the infant is hungry.
- Included the words “at snack” when we mention that grains served must be creditable and cereals must meet the sugar requirements

Sponsoring Organizations Only

Child and Adult Care Food Program regulations require every sponsoring organization to perform and document two meal edit checks for each site’s meal counts prior to submitting its monthly claim. DPI has forms that may be used to document the meal edit checks. They have been revised and are available to download from the [Guidance Memorandum](#) website under GM #3. The [Meal Edit Checks](#) form provides the steps to complete the required edit checks and provides an example of how to complete them. The [Meal Edit Checks - 2 Sites](#) form provides space to complete the edit checks for two sites. Use of the forms is optional. Other methods of documentation may be used as long as the required edit checks have been completed and clearly documented for each month for each site.

Helpful Resources



Do you need help organizing your CACFP paperwork? The [Organizing CACFP Records](#) resource provides guidelines to assist you in organizing and filing CACFP documents. This resource may be found under Guidance Memorandum #9.



Are you new to the CACFP? The [Monthly Claim Checklist](#) provides step-by-step instructions for 6 months to help you get a system in place to accurately compile your agency’s claims. It can be found under Guidance Memorandum #3.



Translated Resources

The Department of Public Instruction (DPI) recently translated our new CACFP meal pattern resources and forms into Spanish and Hmong. To access the translated materials click on this link <https://dpi.wi.gov/community-nutrition/cacfp/child-care/translations>. The documents are now listed alphabetically by component type (ADC = Adult Day Care, CCI = Child Care Institution, FDCH = Family Day Care Home).

Pop Quiz:



True or False: The 1st Quarter Quarterly CACFP Financial Report for sponsoring organizations is due on March 1, 2018.

See page 3 for the answer.

NEW!

Watch for the monthly emails from the Community Nutrition Team about updated resources!



Smarter Mealtimes

The Smarter Lunchrooms National Office partnered with hundreds of child care sites through The National CACFP Sponsors Association to create an evidence-based Smarter Mealtimes Scorecard.

The Smarter Mealtimes Scorecard lists strategies to promote healthy eating in child care programs. These strategies are simple and affordable. They can be used in childcare centers, Head Start programs, and family homecare settings.

Some of the strategies include:

- letting children choose between two types of fruit,
- giving fruits and vegetables fun names,
- learning about gardening, and
- taste testing new foods.

To access the Scorecard and for more resources go to:
<https://www.smarterlunchrooms.org/smarter-mealtimes>



CACFP Halftime: Thirty on Thursdays Training Webinars

Team Nutrition is offering monthly training webinars on the third Thursday of every month. These webinars are on new CACFP meal pattern requirements.

Webinars are in English from 1:00-1:30 PM CT and in Spanish from 2:00-2:30 PM CT.

Use this link to register: <https://www.fns.usda.gov/tn/cacfp-halftime-thirty-thursdays-training-webinar-series>

Celebrate National Child and Adult Care Food Program Week – March 11-17, 2018

Child and Adult Care Food Program (CACFP) Week is a national education and information campaign sponsored annually by the National CACFP Sponsors Association. The campaign is designed to raise awareness of how the USDA's CACFP works to combat hunger and bring healthy foods to the table for adults in day care and children in child care homes, centers, and in afterschool and summer feeding programs across the country.

Below is a link to the proclamation from State Superintendent Tony Evers recognizing March 11-17, 2018 as National Child and Adult Care Food Program Week. The proclamation promotes the significant contributions of providers and sponsors to provide nutritious and well-balanced meals and snacks as part of the CACFP.

This proclamation may be used to promote National CACFP week and may be accessed on the DPI website [here](#). For more information and resources check out the National CACFP Sponsors Association website [here](#).

Thank you for your continued participation in the CACFP. We value your partnership.

Pop Quiz Answer:

True! The 1st Quarter Quarterly CACFP Financial Report is due March 1, 2018 for sponsoring organizations. Mark your calendars!

Independent organizations do not complete quarterly CACFP Financial Reports, they only complete Annual CACFP Financial Reports.



The Importance of Nutrition Education

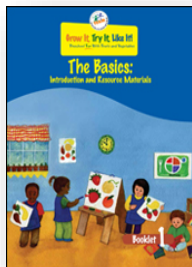


The early care and education setting is ideal for providing nutrition education not only to the children in your care but to parents and staff as well. The more information provided, the more likely children, parents, and staff are to make healthy choices and to support the nutrition policies of your program.

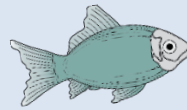
The recommendation for staff training on nutrition-related topics is at least twice per year. Consider including this training as part of a regularly scheduled staff meeting. Topics could include food program guidelines, food safety, family style dining, picky eaters, role modeling, or staff wellness.

It is encouraged that parents receive nutrition education at least twice per year as well. Spending the time to educate parents may help to improve mealtimes at home, encourage parents to be good role models for healthy eating, and increase support for your nutrition program. Ideas for parent education include incorporating nutrition messages in newsletters or on information boards, providing tips and recipes to use at home on the monthly menu, or hosting a parent night and inviting a local nutrition professional to give a cooking class.

It is recommended that children receive nutrition education at least once a week. Providing nutrition education early helps to promote healthy habits that will last a lifetime. Education can be provided by incorporating nutrition messages into alphabet activities, art, games, or story time. Mealtimes are a great time to educate as well by discussing textures, colors, sizes, tastes, smells, and shapes of food at the meal, teaching appropriate portion sizes through family style dining, and discussing where food comes from.



For more information, check out [Healthy Bites, A Wisconsin guide for improving childhood nutrition](#).



Gone Fishin'

Ingredients

	10 servings	25 servings
Fish fillets, unbreaded, cut into strips	1 ½ lbs.	3 ¾ lbs.
Paprika	½ teaspoon	1 ½ teaspoon
Pepper, red/cayenne	1/8 teaspoon	3/8 teaspoon
Pepper, black	¼ teaspoon	¾ teaspoon
Oregano, ground	¼ teaspoon	¾ teaspoon
Thyme, ground	¼ teaspoon	¾ teaspoon
Vegetable Oil	¼ cup	¾ cup
Lemon Juice	2 tablespoons	5 tablespoons

Directions

1. Place fish portions on an ungreased pan.
2. Mix seasonings in a small bowl.
3. Sprinkle lemon juice over the top of the fish fillets.
4. Sprinkle seasoning mix over fish fillets.
5. Lightly drizzle oil over the seasonings
6. Bake at 350° for 20 minutes or until fish flakes easily with fork.

CACFP Crediting for 3-5 year olds,
1 serving credits for the meat/meat alternate component

Recipe adapted from the [CACFP Menu Planning Guide](#)



Parent Chat: Supporting Parents as Healthy Role Models for Children

Parents and Guardians are important role models for children when it comes to healthy eating habits. USDA's ChooseMyPlate.gov has a handout that you can share with your families that has tips on being a healthy role model for children.

Help create healthy habits at a young age by handing out [this tip sheet](#) to the families of the enrolled children in your care!



New Guidance

Listed below are recent policy memos issued by the United States Department of Agriculture (USDA) and a brief summary of each one. Click on the following link <http://www.fns.usda.gov/cacfp/policy> to access the complete list of USDA policy memos and to download copies.



[CACFP 18-2017: Clarifications: Funding Levels for FY2018 Child and Adult Care Food Program Audit Fund Allocation](#)

This memo provides clarification of the procedures for State agencies requesting additional fiscal year (FY) 2018 Child and Adult Care Food Program (CACFP) Audit funding. As discussed in memo CACFP 10-2016 issued on May 9, 2016, Section 335 of the Healthy, Hunger-Free Kids Act of 2010 (42 U.S.C. 1751 note) amended Section 17(i) of the NSLA to allow USDA to increase funding from 1.5 percent to a total of up to 2 percent of the funds used by each State agency in the Program during the second preceding year. Therefore in FY 2017, State agencies may request up to the maximum of 2 percent of the funds available to the State agency per the calculation in legislation. On September 20, 2017, the Food and Nutrition Service (FNS) Regional offices were provided with State agency-by-State agency funding levels at the established 1.5 percent and the maximum of 2 percent for each eligible State agency in their respective Region. Further, notice was provided at that time that State agencies have the opportunity to request up to the maximum of 2 percent at the beginning of FY 2018 and again at the end of the 2nd quarter of FY 2018. State agencies may not exceed a *cumulative* amount of 2 percent of the funds available for their use in any fiscal year.



[CACFP 01-2018: Grain Requirements in the Child and Adult Care Food Program; Questions and Answers](#)

This memo provides revised guidance on the grain requirements in the Child and Adult Care Food Program. This revision clarifies how to determine if a grain product is creditable and if it meets the whole grain-rich criteria, provides updated guidance on how to document compliance with the grain requirements, includes an updated Exhibit A, and new Questions and Answers.



[CACFP 02-2018: Feeding Infants and Meal Pattern Requirements in the Child and Adult Care Food Program; Questions and Answers](#)

This memo provides revised guidance on feeding infants and the infant meal pattern requirements in the Child and Adult Care Food Program. This revision clarifies meal documentation requirements related to the infant meal pattern, incorporates updated guidance on providing meal accommodations for participants with disabilities, and includes new Questions and Answers.



[Food Crediting in Child Nutrition Programs: Request for Information – Comments period ends February 12, 2018](#)

On Thursday, December 14, 2017, the Food and Nutrition Service (FNS) published a *Request for Information* entitled, [Food Crediting in Child Nutrition Programs](#). *The Request for Information* is now on public display at the Federal Register and may be reviewed by downloading from this link: <https://www.federalregister.gov/documents/2017/12/14/2017-26979/requests-for-information-food-crediting-in-child-nutrition-programs>.

In order to claim Federal reimbursement, Child Nutrition Program operators must serve meals and snacks that meet the minimum meal pattern requirements of the respective Program. Crediting is the process designed by FNS to specify how individual food items contribute to the Child Nutrition Programs' meal patterns. Several factors impact how food products can credit toward reimbursable meals, such as volume, weight, and overall nutrient profile. The purpose of this *Request for Information* is to help FNS gather feedback from a wide variety of stakeholders on how FNS' crediting system can best address today's evolving food and nutrition environment, as well as to offer first-rate customer service to those operating and benefitting from the Child Nutrition Programs.

The *Request for Information* will be available for public comment for 60 days. Electronic comments are preferred and may be submitted at <http://www.regulations.gov>.



[Interim Final Rule entitled Child Nutrition Programs: Flexibilities for Milk, Whole Grains, and Sodium Requirements](#)

On Thursday, November 30, 2017, the Food and Nutrition Service published an Interim Final Rule entitled [Child Nutrition Programs: Flexibilities for Milk, Whole Grains, and Sodium Requirements](#). The regulation is now on public display at the Federal Register and may be reviewed at this link. <https://www.federalregister.gov/documents/2017/11/30/2017-25799/child-nutrition-programs-flexibilities-for-milk-whole-grains-and-sodium-requirements>.

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FNS Home Page
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Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: program.intake@usda.gov.

All of the CACFP Newsletters are available electronically on our website at <http://dpi.wi.gov/community-nutrition/cacfp/news/cacfp-today>