#### COMMUNITY NUTRITION TEAM

# **CACFP Today**

A Newsletter from the Wisconsin Department of Public Instruction (DPI), Division for Finance and Management

Vol. 21 / No. 1

Winter 2021

Mealthy Bites

### Farm to School/Early Care

Looking for ideas to fulfill the required enrichment activity for your At-Risk Afterschool program? The School and Community Nutrition teams at DPI have gathered Farm to School/Early Care-themed activities, including resources from local organizations in Wisconsin. Each Monday through the 2020-2021 School Year, a variety of five activities for different age groups will be sent to you via email. These activities may be adapted for virtual or inperson programming. Share the links with families, print out the activity sheets and slide into a snack sack, or play the videos during snack time. All agencies are welcome to participate.

If interested in receiving these weekly activities, please contact Bridget Resse at <a href="mailto:bridget.resse@dpi.wi.gov">bridget.resse@dpi.wi.gov</a> to be added to the mailing list. We hope this is helpful to agencies in fulfilling this requirement as well as learning more about Farm to School/Early Care.

### **Tuesday Talks**

In place of in-person training this year, the Community Nutrition Team will provide monthly live webinars on various CACFP topics based on issues found during reviews and questions submitted by agencies.

The next webinar will be held on February 23, 2021, and will cover Special Dietary Needs. DPI will send out a separate email with information on how to access the webinar the week before each scheduled webinar. All of the webinars will be recorded and posted on the <a href="Tuesday Talks website">Tuesday Talks website</a>.



# Dietary Guidelines for Americans, 2020-2025

The Dietary Guidelines for Americans (Dietary Guidelines) is the cornerstone for federal nutrition programs and a goto resource for health professionals nationwide. The Dietary Guidelines provides food-based recommendations to promote health, help prevent diet-related chronic diseases, and meet nutrient needs.

## Physical Activity and Healthy Eating Initiative Survey

The 2019 Maternal Child Health Program Needs Assessment results found that physical activity and nutrition are high priorities for Wisconsin children. Therefore, the Wisconsin Department of Health Services (DHS) and healthTIDE (a partner of UW-Madison) would like to survey organizations involved with children aged 6 through 11 to gauge interest in working with DHS and healthTIDE, identify local leaders to help guide the development of this work, and gather thoughts on what types of activities would best serve local communities. The goal is to enhance efforts already in place and to continue to build relationships.

The <u>survey</u> should take five to 10 minutes to complete. The hope is to collect as many responses from Wisconsin organizations (i.e. local and tribal agencies, out-of-school time programs and childcare centers/homes) to guide future grant activities and decisions to improve physical activity and healthy eating among children ages 6 through 11 in Wisconsin.

Find the Community Nutrition Team on social media:

- https://www.facebook.com/WisDPICommunityNutrition/
- https://twitter.com/WisDPI\_CNT

This institution is an equal opportunity provider.



#### **Did You Know?**

Meat/Meat Alternative is the CACFP Meal Pattern component DPI Consultants provide the most technical assistance around. Predicting the amount of protein to prepare can be difficult for some providers. This is typically due to moisture and fat lost during the cooking process.

#### For example:

- 8 oz of ground beef can shrink to 5 oz
- 9 oz of chicken breast can shrink to 6 oz
- 12 oz of pork roast can shrink to 5 oz

Keep this in mind while preparing your production records to ensure you are serving each child the required amount of protein!



### Wisconsin Chili Lunch

Celebrate all Wisconsin has to offer by participating in the third annual Wisconsin Chili Lunch on February 25, 2021! Join schools, hospitals, colleges, business campuses and early care sites using Wisconsin-grown products in this event to encourage healthy eating and support Wisconsin farms. When you register for the event you will also receive a Wisconsin Chili Lunch guide to help you find local products for your chili lunch.

Learn more, find creditable recipes and register for the event on the Wisconsin Chili Lunch website.





# I Heard It Through the Grapevine....

Are you completing CACFP requirements because:

- "I heard from someone else this is the way to do it,"
- "That is the way I was trained," or
- "We have always done it this way?"

DPI Consultants have conducted thousands of reviews and have seen agencies steer off the path of completing CACFP requirements correctly because of one of these reasons above. Below is an incorrect or unnecessary process agencies are following when administering the CACFP, and information on the correct way to complete the requirement.

I Heard it through the Grapevine: "The amount of CACFP reimbursement my agency receives is only enough to pay for food and non-food/kitchen supply costs; however, I document CACFP labor, gasoline costs, and rent as CACFP costs on the CACFP ledger and report these costs on my CACFP Financial Report. This is the way we have always done it."

CACFP Requirement: Costs that are not actually paid with CACFP reimbursement do not need to be tracked and recorded as a CACFP expense on the CACFP ledger or reported on the CACFP Financial Report. Your agency only has to show how it has spent its reimbursement, and if the amount received is only enough to pay for food and nonfood/kitchen supply costs, those are the only costs that need to be included on the CACFP ledgers and CACFP financial report. These costs must be supported with dated, itemized receipts with the costs identified as CACFP food or CACFP non-food/kitchen supplies.

If an agency does receive enough reimbursement to spend on other costs, including CACFP labor, gasoline, rent, and utilities, these costs must be documented accurately and the agency must show a cost allocation plan on how it determined the amount or percent used to obtain the cost. For a list of other CACFP costs and required documentation refer to <a href="Frequent CACFP Costs">Frequent CACFP Costs</a>. This can be found on the <a href="Guidance Memorandum">Guidance Memorandum</a> webpage under GM 11.

If you have any questions about how you are completing a CACFP requirement, contact your <u>Assigned Consultant</u>.

2 CACFP Today



#### **New Guidance**

Listed below are recent policy memos issued by the United States Department of Agriculture (USDA) and a brief summary of each one. Click on the following link <a href="http://www.fns.usda.gov/cacfp/policy">http://www.fns.usda.gov/cacfp/policy</a> to access the complete list of USDA policy memos and to download copies.

#### **COVID-19: Child Nutrition Responses**

For the list of USDA issued responses check out our Child and Adult Care Food Program COVID-19 webpage at <a href="https://dpi.wi.gov/nutrition/coronavirus/cacfp">https://dpi.wi.gov/nutrition/coronavirus/cacfp</a>

- <u>CACFP 13-2020: Questions and Answers</u> <u>related for the Child Nutrition Programs</u> during School Year 2020-21 - #5
- CACFP 14-2020: Questions and Answers
   Relating to the Nationwide Waiver to Allow
   Summer Food Service Program and Seamless
   Summer Option Operations through
   December 2020
- CACFP 01-2021: Questions and Answers
   Relating to the Nationwide Waiver to Allow
   SFSP and Seamless Summer Option
   Operations through School Year 2020-2021 –
   EXTENSION Q&As #2
- CACFP 02-2021: Reporting of COVID-19
   Public Health Emergency Data for Forms
   FNS-10, FNS-44, and FNS-418
- CACFP 03-2021: Q&As Relating to the Nationwide Waiver to Allow SFSP and Seamless Summer Option Operations through SY 2020-21 - Extension Q&As #3
- CACFP 04-2021: Q&As Relating to the Nationwide Waiver to Allow SFSP and Seamless Summer Option Operations through SY 2020-21 - Extension Q&As #4

# Division for Finance & Management



Link to the Community Nutrition Team
Personnel Directory

#### Link to the **FNS Home Page**

CACFP Newsletters are available electronically on our website

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is published three times per year by the Department of Public Instruction.

Questions or comments should be directed to:

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- (1) mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: program.intake@usda.gov.

CACFP Today 3