

# THE CHILD AND ADULT CARE FOOD PROGRAM

## Adult Care Component

This adult care center is a participant in the Child and Adult Care Food Program (CACFP), a federal program of the Food and Nutrition Service, U.S. Department of Agriculture (USDA). The CACFP gives financial assistance to regulated adult care agencies throughout the state. In Wisconsin, the CACFP is administered by the Department of Public Instruction (DPI).

The primary goal of the CACFP Adult Care Component is to provide financial assistance to adult care centers for serving nutritious meals and snacks to adults who are functionally impaired or over age 60. Nutrition is important for good health. Proper nutrition is an important part of a high quality adult care program. Adults need well-balanced meals in order to meet their daily nutrient and energy needs.

In participating in the CACFP, adult care centers may be reimbursed for up to three meal services a day for each eligible participant (two meals and a snack, or two snacks and a meal) to offset food service costs. Reimbursable meals must meet the requirements established by USDA.

The USDA – CACFP Meal Pattern for meals that may be served to participating adults under the CACFP are listed below.

<u>Breakfast</u>	<u>Snack</u>	<u>Lunch and Supper</u>
Milk	<b>Two of the five groups</b>	Milk ( <i>Optional for supper</i> )
Fruit or vegetable	Milk	Meat or meat alternate
Grain ( <i>2 full servings must be offered</i> )	Meat or meat alternate	Fruit
Meat or meat alternate ( <i>in place of entire grain max of 3 times/week</i> )	Fruit	Vegetables
	Vegetable	Grain ( <i>2 full servings must be offered</i> )
	Grain	

If you have questions about the CACFP, please contact one of the following:

Participating Agency Contact Information	State Agency Contact Information
<i>Contact Person</i>	Amanda Cullen, RDN, CD, Director
<i>Agency Name</i>	Community Nutrition Programs
<i>Agency Address</i>	Wisconsin Department of Public Instruction P.O. Box 7841
<i>Agency phone number</i>	Madison, WI 53707-7841
	608-267-9129



This institution is an equal opportunity provider.