

# CACFP Infant Meal Form

Month/Year: \_\_\_\_\_

Each month, complete a new form for each infant  
Not required for infant's whose meals/snacks will not be claimed

Infant's Full Name: \_\_\_\_\_ Birthdate: \_\_\_\_\_ Age: \_\_\_\_\_ months

## 1. Complete Meal Components Chart

- At the beginning of each month, mark the *Parent Supplied* or *Program Supplied* column only for the meal component(s) the infant is currently eating
- In the *Start Date* column record the date only when the infant starts eating a new component or changes are made during the month (e.g. infant switches from breastmilk to program-supplied formula)

Meal Components	Parent Supplied	Program Supplied	Start Date
Breast Milk*			
Infant Formula*			
Iron-Fortified Infant Cereal			
Fruits/Vegetables**			
Meats/Meat Alternates**			
Grains			

\*Breast milk and formula are 1 component. If breast milk is served, mark who supplies formula if used to supplement.  
\*\* Baby foods and/or table foods in the appropriate texture

## 2. Complete Meal Count Chart



**RECORD a MEAL/SNACK WHEN program supplies all components or all but one component (parent/guardian may supply one component)**

Put an 'X' or ✓ in the *Meal Count Chart* for that meal/snack at the time the meal/snack is served or immediately after

- Meals/snacks that contain only breast milk and/or formula can be marked regardless of who supplies the item (program or parent)
- When an infant is eating two or more components, the program must supply all components or all but one component in order to record the meal/snack in the chart. This applies to all ages, including an infant who starts solid foods before 6 months

Meal Count Chart

Date	Breakfast	Lunch	Snack
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
21			
22			
23			
24			
25			
26			
27			
28			
29			
30			
31			
<b>TOTAL</b>			



**DO NOT RECORD a MEAL OR SNACK WHEN the parent/guardian supplies two or more components**

**DO NOT put an 'X' or ✓ in the *Meal Count Chart***

- Ex: Program supplies infant cereal, parent supplies formula and fruit
- Ex: Parent supplies formula and all foods

**3. Total Infant Meals:** At the end of the month, total each column and include numbers with total meal counts submitted on the monthly claim. **Keep this form on file to support the monthly claim**

Requirement: Programs must offer to supply at least one type of iron-fortified infant formula and all foods to each enrolled infant. Parents/guardians cannot be required to provide infant formula or foods.