

Infant Meal Requirements

Form	Requirement / Frequency	Form Location
CACFP Infant Meal Pattern	Specifies components and amounts to serve to infants	GM Website (GM 12) https://dpi.wi.gov/community-nutrition/cacfp/child-care/memos
Feeding Infants Handout	Covers information about offering the CACFP to infants and claiming infant meals	New Meal Pattern Website: https://dpi.wi.gov/community-nutrition/cacfp/new-cacfp-meal-pattern
Foods for Infants in the CACFP	List of creditable and not creditable infant foods	GM Website (GM 12)
Crediting Infant Foods	Alphabetical list of creditable and non-creditable foods for infants	GM Website (GM 12)
Infant Menu	<ul style="list-style-type: none"> Post in visible location in infant room(s) <p style="text-align: center;">AND</p> <ul style="list-style-type: none"> Include with infant enrollment packet <p style="text-align: center;">~OR~</p> <ul style="list-style-type: none"> Post in visible location in entryway of building (i.e. parent board) 	GM Website (GM12)
Infant Meal Form <i>(Also available for when an agency claims more than 3 meals)</i>	<ul style="list-style-type: none"> Complete 1 form for ea infant ea month Each day, mark when a reimbursable meal/snack has been offered Greater than 3: When totaling counts for claim, cross off meals/snacks in excess of 2 meals/1 snack, or 2 snacks/ 1 meal each day 	GM Website (GM12)
Infant Developmental Readiness	Discusses developmental readiness for solid foods	GM Website (GM12)
Infant Webcasts	<ul style="list-style-type: none"> Infant Meal Pattern Creditable CACFP Infant Foods Infant Recordkeeping Requirements 	Training Webcasts https://dpi.wi.gov/community-nutrition/cacfp/training/webcasts-cacfp

All agencies must offer to each enrolled infant:

- At least one type of iron-fortified infant formula
- Foods when the infant is developmentally ready to eat solid foods

Serving and Claiming Infants

- Formula/breast milk and foods must be offered to an infant according to the infant meal pattern. Solid foods must be offered when the infant is developmentally ready to eat them.
- To claim a meal/snack, the program must supply all components or all but one component once infant is eating solid foods (i.e. parent/guardian can only provide one component)
- Agency must record meals and snacks served on the Infant Meal Form

CACFP Infant Meal Pattern

CACFP infant meal pattern age groups encourage delaying the introduction of solid food until the infant is 6 months. However, the age when solid foods are introduced will depend on the infant. Infants develop at different rates - some infants are ready to consume solid foods before 6 months of age and others are ready after 6 months of age.

Food amounts listed in the meal pattern begin with zero (0) because USDA recognizes that not all infants are developmentally ready to eat solid foods at a certain age. It does not mean serving the food is optional. Once an infant is developmentally ready to eat solid foods, including infants younger than 6 months, programs are required to offer them to the infant.

Breakfast / Lunch / Supper	
Birth through 5 months	6 through 11 months
4-6 fluid ounces breastmilk, iron fortified infant formula, or portions of both	6-8 fluid ounces breastmilk, iron fortified infant formula, or portions of both; <p style="text-align: center;">AND</p> <p style="text-align: center;"><i>(One or more items from the following*)</i></p> 0-4 tablespoons iron fortified infant cereal; OR 0-4 tablespoons meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas); OR 0-2 ounces of cheese; OR 0-4 ounces (volume) of cottage cheese or yogurt <p style="text-align: center;">AND</p> 0-2 tablespoons vegetable, fruit or a combination of both <i>(no juice)</i>
Snack	
Birth through 5 months	6 through 11 months
4-6 fluid ounces breastmilk, iron fortified infant formula, or portions of both	2-4 fluid ounces breastmilk, iron fortified infant formula, or portions of both; <p style="text-align: center;">AND</p> <p style="text-align: center;"><i>(One or more items from the following)</i></p> 0-½ slice bread; OR 0-2 crackers; OR 0-4 tablespoons iron fortified infant cereal or ready-to-eat breakfast cereal <p style="text-align: center;">AND</p> 0-2 tablespoons vegetable, fruit, or a combination of both <i>(no juice)</i>

**Grain items (i.e. bread, pancakes, waffles, breakfast cereal, etc.) are not creditable foods at breakfast, lunch and supper in the infant meal pattern. They cannot be served in place of IFIC.*

Additional Requirements
<ul style="list-style-type: none"> • Breastfed infants who consume less than the minimum amount of breastmilk per feeding may be served less than the minimum with additional breastmilk offered later if the infant will consume more. • Yogurt must contain no more than 23 grams of total sugars per 6 ounces. • Grains served at snack must be whole grain-rich, enriched meal, or enriched flour. • Breakfast cereals served at snack must contain no more than 6 grams of sugar per dry ounce