Local Food Purchase Log

Complete the chart below when you purchase food items from the farmer's market, a local farm, or Community Supported Agriculture (CSA). If you are unable to weigh the food item at the time of sale, weigh and record when you return to your kitchen. You may document the total amount spent per day as long as the food item and quantity for each item is recorded.

Purchase Date	Food Item	Quantity Purchased	Total Cost	Purchase Source
Example: 8/3/XX	*Sweet potatoes*	*5 lb.*	*$4.95*	*Farmer's Market*