

To Whom It May Concern:

_____ participates in the Child and Adult Care Food Program (CACFP), a federal program of the Food and Nutrition Services, U.S. Department of Agriculture (USDA). Our agency is required to do outreach to minority and/or grassroots organizations as part of the program's civil rights requirements.

Our organization recognizes that proper nutrition is an important part of a high quality program; therefore, we recently joined the CACFP which provides financial assistance to offset food service costs. The CACFP reimburses up to three meal services a day for each participant, as long as we meet the requirements set by USDA, including specific nutritional standards for each meal we serve.

In order to provide well-balanced meals for participants, and to meet their daily energy needs for building strong bodies and minds, we offer meals that follow the USDA - CACFP Meal Pattern, which varies according to age. The meal pattern for infants and 1-18 year old children are listed below.

If you know of any families that are in need of care, we would truly appreciate your referral. If you have any questions, please contact us at _____.

Thank you,

Meal Pattern for Children 1 - 18 Years

Breakfast	Lunch or Supper	Snacks (Two of the five groups)
Milk Fruit or Vegetable Grains Meat or meat alternate <i>(in place of entire grain max of 3 times/week)</i>	Milk Meat or meat alternate Grains Fruit Vegetable	Milk Meat or meat alternate Grains Fruit Vegetable

Infants (Age 0 through 11 months)

Iron Fortified Infant Formula or breast milk is required at meals and snacks.

Iron Fortified Infant Cereal and baby fruits, vegetables and appropriate meat/meat alternates are offered once infants are developmentally ready.