

ANSWERS: Special Dietary Needs Board Activity

Scenario 1: The family of a child attending your program requests no cow's milk due to lifestyle preference

Disability or Non-Disability	Acceptable Documentation	Agency Required to Offer a Modification	Modification(s) That Meet CACFP Requirements	Meals Can Be Claimed When
Non-Disability	All options are acceptable (notes from a State Licensed Healthcare Professional authorized to write medical prescriptions (Physician, Physician Assistant (PA), and Advanced Practice Nurse Practitioner (APNP) can be in support of parent requests)	No	Soy milk nutritionally equivalent to cow's milk <i>(Lactose-free milk is creditable to the CACFP, however, it is still cow's milk and therefore would not be appropriate for this child because the request is no cow's milk)</i>	Meals meet meal pattern Agency provides all components Family provides one creditable component and agency provides all other creditable components

Scenario 2: A child attending your center cannot have cow's milk or soymilk due to allergies

Disability or Non-Disability	Acceptable Documentation	Agency Required to Offer a Modification	Modification(s) That Meet CACFP Requirements	Meals Can Be Claimed When
Disability	Completed and signed statement from State Licensed Healthcare Professional authorized to write medical prescriptions (Physician, Physician Assistant (PA), and Advanced Practice Nurse Practitioner (APNP))	Yes	Water Juice Almond Milk Rice Milk Coconut milk <i>(Note - this list only includes items that were options for the training activity and do not represent all possible modifications).</i>	Meals are served in accordance with valid medical statement Agency provides at least 1 component <i>(Note - in some situations, a family may choose to provide multiple components or all components for a disability. When this occurs, the program must provide at least 1 component for the program to claim that meal).</i>