

## **Activity: Which Method?**

**Directions:** Look at the front of the product package. **Check one of the boxes:** 

- FDA Statement: Statement on front of package credits item as WGR
- WIC List: Item is on the WI WIC list which credits item as WGR
- Other Method: A different method must be used to determine if WGR



- ☐ WIC List
- ☐ Other Method



- ☐ FDA Statement
- ☐ WIC List
- Other Method



- ☐ FDA Statement
- WIC List
- ☐ Other Method



- ☐ FDA Statement
- ☐ WIC List
- Other Method



**Brown Rice** 

Long Grain

- ☐ FDA Statement
- WIC List
- ☐ Other Method



- ☐ FDA Statement
- ☐ WIC List
- Other Method



- FDA Statement
- ☐ WIC List
- ☐ Other Method



- **T** FDA Statement WIC List
- ☐ Other Method



- ☐ FDA Statement
- ☐ WIC List
- Other

Method



- FDA Statement WIC List
- ☐ Other Method

