

GUIDANCE RELATED

SERVICES:

- Peer Mediation
- 5th Grade Orientation
- High School Course Selection (8th Grade)
- Academic & Career Planning
- Career Exploration Activities
- Drug & Alcohol Prevention (Red Ribbon)
- Teen University
- Why Try
- iCare Club
- Student Senate
- BETA Club
- Parent Resource Library

Non-discrimination Clause:

The Port Washington-Saukville School District does not and shall not discriminate on the basis of race, color, religion (creed), gender, gender expression, age, national origin (ancestry), disability, marital status, sexual orientation, or military status, in any of its curriculum or activities.



Thomas
Jefferson
Middle School
Counselors:

Susan Michel:
(262) 268-6128
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Jerry Pittz
(262) 268-6126
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**Thomas
Jefferson Middle
School**

**Counseling
Corner**



Counselor-Student

Assignments:

**Students are assigned to a
counselor by alphabet.**

**A-C & H-O: Susan Michel
(262) 268-6128**

**D-G & P-Z: Jerry Pittz
(262) 268-6126**

Main Number: (262) 268-6100



Counselors Help Students Reach Their Full Potential.

How can my counselor help me?

Your counselor can help you:

- Know yourself better.
- Develop skills and interests.
- Enjoy school more.
- Plan for a satisfying future.

What can I talk to my counselor about?

- **Academic issues:** Successes or challenges, stress management, study skills, test taking strategies, homework
- **Career planning:** Career interests, work skills, course selection
- **Personal problems** Self-esteem, problems with friends or family, difficult decisions and situations
- **Social issues:** Making friends, peer pressure, social media, social skills, mindset, and resiliency skills.

How do I get to see my counselor?

Self-Referral Peer Referral
Teacher Referral Parent Referral

PURPOSE OF

SCHOOL COUNSELING:

The purpose of the Counselor Corner is to support students, parents, and staff with academic, career, and personal development. By the nature of our work, there is information that is considered confidential when dealing with teachers and students. Therefore, information may not always be shared.



Supporting the Whole Child

COUNSELORS HELP STUDENTS:

- Sort out problems—Talking to someone helps make things better.
- Discuss and validate feelings and needs.
- Explore options—There may be more than one solution.
- Reach decisions and learn skills for making decisions in the future.

TJMS SCHOOL

COUNSELORS PROVIDE:

Group Counseling:

Students may join a small group setting and meet 4-6 times during lunch. Groups offered at TJMS include: Strength Over Stress, Chill Out (Anger Management), Kids in the Middle (Family Change), Friendship, and Interest groups.

Individual Counseling:

Students may feel more comfortable talking about personal problems in a personal setting.

Solution Teams:

Counselors coordinate meetings with parents, teachers, administration, and student services to discuss student concerns. Community resources and referrals may also be shared.

School-Wide Collaboration:

Counselors meet with teachers to discuss students' and teachers' concerns and plans for new programs or strategies.

Leadership:

Counselors teach leadership classes to 6th grade students. Some of the topics discussed include leadership, social relationships, decision-making skills, relaxation, mindset, grit, and resilience.

