

## **FOUR AGREEMENTS OF COURAGEOUS CONVERSATION**

*From: "Courageous Conversations About Race: A Field Guide for Achieving Equity in Schools" (Chapter 4 pp. 58-65); Glenn Singleton and Curtis Linton*

*Corwin Press, 2006.*

Can you think of a time in a personal and/ or professional circumstance when race became a topic of conversation and you either actively changed the subject or avoided the conversation altogether? What did you believe caused you to react in this manner?

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Can you recall a time when race was the topic of conversation and you became silent and/ or shared something that was less than your truest feeling in fear of what other's response might be?

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As you reflect on the Four Agreements of Courageous Conversation, which do you believe will be the most difficult for you to embrace and practice? Why is this so? Which will be the easiest?

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