



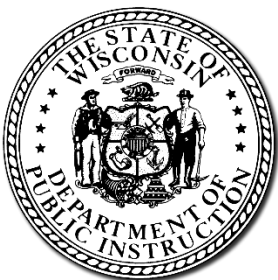
Proclamation

BY THE STATE SUPERINTENDENT OF PUBLIC INSTRUCTION

Social Emotional Learning (SEL) Day

- WHEREAS: Social Emotional Learning (SEL) is an essential component of a well-rounded education, equipping students with essential skills such as emotional regulation, empathy, and responsible decision-making, all of which contribute to their academic success and personal growth; and
- WHEREAS: The implementation of SEL practices promotes equity and inclusion by encouraging students to respect differences and navigate challenges they face in their communities; and
- WHEREAS: The benefits of SEL extend beyond the classroom, positively impacting students' families, communities, and future careers, fostering a generation of respectful, responsible, kind, and empathetic citizens; and
- WHEREAS: Research demonstrates that SEL improves behaviors, enhances mental well-being, boosts academic performance, and fosters stronger relationships among students, teachers, and school communities; and
- WHEREAS: SEL addresses the emotional and social needs of students, helping to reduce the stigma surrounding mental health challenges, which is particularly important given the growing concerns about student mental wellness;
- THEREFORE: I, Jill K. Underly, State Superintendent of Public Instruction, declare Monday, March 3, 2025, as Social Emotional Learning (SEL) Day. This day will recognize the SEL skills of our students, staff, and communities, and encourage all community members to learn about and share the importance and impact of integrating evidence-based SEL practices into our schools, organizations, and communities.

Social Emotional Learning (SEL) Day
March 3, 2025




Jill K. Underly, PhD, State Superintendent

