

# Today's Breakfast Choices

All Three Components are Included in Your Complete Breakfast.



**Fruit/Vegetable/Juice**



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**Milk**

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**Notes:**



**Grains/Breakfast Entrees**



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This institution is an equal opportunity provider.



# Today's Lunch Choices

All Five Components are Included in Your Complete Lunch.

 **Protein\***

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 **Grains**

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 **Milk**

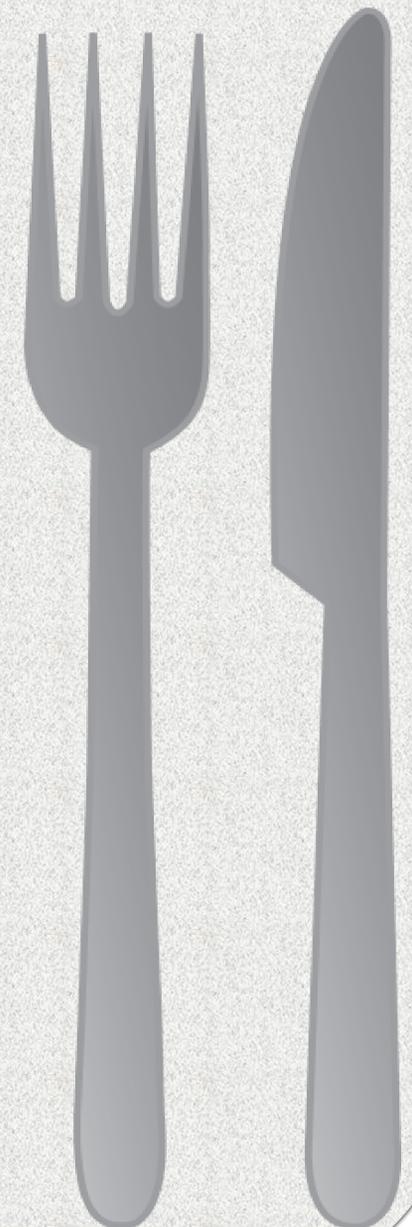
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\*Also known as meat/meat alternate

 **Fruit**

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 **Vegetables**

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