

GRAINS BASED DESSERTS AT LUNCH

Grain based desserts at lunch are limited to only 2 ounce equivalents per week

- Pie crust (dessert pies and cobbler)
- Cookies (includes vanilla wafers or cookies with nuts, raisins, chocolate pieces, and/or fruit purees)
- Brownies (all varieties)
- Cake (all varieties including plain, frosted, or unfrosted)
- Coffee cake
- Sweet Crackers (graham crackers – all shapes, animal crackers)
- Doughnuts (cake and yeast raised - unfrosted, frosted, or glazed)
- Cereal bars, breakfast bars, granola bars (plain or with nuts, dried fruit, and/or chocolate pieces)
- Sweet roll (unfrosted or frosted)
- Toaster pastry (unfrosted or frosted)

GRAIN BASED DESSERTS AT BREAKFAST

These grain based desserts cannot be served at breakfast

- Pie crust (dessert pies and cobbler)
- Cookies (includes vanilla wafers or cookies with nuts, raisins, chocolate pieces, and/or fruit purees)
- Brownies (all varieties)
- Cake (all varieties including plain, frosted, or unfrosted)