



Wisconsin Processed & Brown Box USDA Foods
Let's Cook, Wisconsin School Meals Rock Cycle Menu Recipes

[110851](#) **Alaska Pollock, WGR, Breaded Sticks, Frozen**
• Crispy Fish Tacos

[100359](#) **Beans, Black, Low-sodium, Canned**
• Cuban Black Beans (V)
• Fiesta Lasagna (V)
• Very Veggie Chili with Quinoa (V)

[100360](#) **Beans, Garbanzo, Low-sodium, Canned**
• North African Gumbo
• Happy Hummus
• Three Bean Salad

[100373](#) **Beans, Great Northern, Low-sodium, Canned**
• Pittsylvania White Bean Soup
• White Chicken Chili

[100351](#) **Beans, Green, No Salt Added, Frozen**
• Minestrone Soup

[100370](#) **Beans, Kidney, Low-sodium, Canned**
• Very Veggie Chili with Quinoa (V)

[100365](#) **Beans, Pinto, Low-sodium, Canned**
• Bean Tostada (V)
• Beefy Nachos
• Refried Beans (V)
• Southwest Salsa
• White Chicken Chili
• Zesty Vegetarian Enchiladas (V)

[100364](#) **Beans, Vegetarian, Low-sodium, Canned**
• Baked Beans
• Western Beans
• Tofu, Kale, and Bean Chili (V)

[100134](#) **Beef, Crumbles, w/SPP, Cooked Frozen**
• Beef Chili
• Beefy Nachos
• Harvest Pot Pie
• Homestyle Meat Spaghetti Sauce
• Sloppy Joes

[100012](#) **Cheese, Cheddar, Reduced Fat**
• Bean Tostada (V)
• Beefy Nachos
• Cheesy Chicken Quesadilla
• Broccoli Cheddar Soup
• Chicken Mac 'n Cheese
• Refried Beans (V)
• Soft Shell Tacos
• Rice Vegetable Casserole (V)
• Zesty Vegetarian Enchiladas (V)

[100018](#) **Cheese, American, Yellow, Sliced**
• Broccoli, Ham, & Cheese Pita
• Tuscan Grilled Cheese Sandwich

[100021](#) **Cheese, Mozzarella, Shredded**
• Fiesta Lasagna (V)
• Italian Pizza Sandwich
• Philly Chicken Sub
• Sweet Potato Lasagna Rolls
• Rice Vegetable Casserole (V)

[100101](#) **Chicken, Diced, Cooked, Frozen**
• Asian Noodle Chicken Salad
• Bahn Mi Sandwich
• Crunchy Hawaiian Chicken Wrap

[100117](#) **Chicken, Fajita Strips, Fully Cooked, Frozen**
• Asian Noodle Chicken Salad
• Cheesy Chicken Quesadilla
• Chicken Mac 'n Cheese
• Fiesta Chicken Ranch Fajitas
• Smothered Chicken
• White Chicken Chili

[100187](#) **Ham, 97% Fat Free, Cooked, Sliced**
• Bahn Mi Sandwich
• Broccoli, Ham, & Cheese Pita

[100350](#) or [110762](#) **Peas, Green, No Salt Added, Frozen**
• Ranch Pasta Salad

[110473](#) **Broccoli, No Salt Added, Frozen**

- Asian Veggies
- Beef and Vegetables Stir Fry
- Broccoli Cheddar Soup
- Ham, Cheese & Broccoli Pita
- Tofu & Broccoli "Fried" Rice (V)

[100352](#) **Carrots, Sliced, No Salt Added, Frozen**

- Asian Veggies
- Beef and Vegetables Stir Fry
- Corn and Edamame Salad
- Honey Dilled Carrots
- Broccoli Cheddar Soup

[100327](#) **Tomato Paste, No Salt Added, Canned**

- Very Veggie Chili with Quinoa (V)
- Zesty Vegetarian Enchiladas (V)

[100329](#) **Tomatoes, Diced, No Salt Added**

- Tofu, Kale, and Bean Chili (V)
- Very Veggie Chili with Quinoa (V)

[100330](#) **Salsa, Low-sodium, Canned**

- Beefy Nachos
- Fiesta Chicken Ranch Fajitas
- Fiesta Lasagna (V)
- North African Gumbo
- Soft Shell Tacos

[100334](#) **Tomato Sauce, Low-sodium, Canned**

- Fiesta Lasagna (V)

[100336](#) **Spaghetti Sauce, Low-sodium, Canned**

- Fiesta Lasagna (V)

[110540](#) **Applesauc, Unsweetened, Canned**

- Kid Kimchi (V)

[100313](#) **Corn, No Salt Added, Canned**

- Harvest Pot Pie
- Three Bean Salad
- Very Veggie Chili with Quinoa (V)
- Western Beans

[100348](#) **Corn, No Salt Added, Frozen**

- Corn and Edamame Salad
- Fiesta Chicken Ranch Fajitas
- Mexicali Corn
- Ranch Pasta Salad
- Southwest Salsa
- Tofu & Broccoli "Fried" Rice (V)
- Tofu, Kale, and Bean Chili (V)
- White Chicken Chili
- Vegetables Biryani with Tofu (V)

[101031](#) **Rice, Brown, Long Grain, Parboiled**

- North African Gumbo
- Rainbow Vegetable Edamame Bowl (V)
- Rice Vegetable Casserole (V)
- Tofu & Broccoli "Fried" Rice (V)
- Vegetables Biryani with Tofu (V)

[110506](#) **Pasta Spaghetti, Whole Grain Rich**

- Asian Noodle Chicken Salad
- Homestyle Meat Spaghetti Sauce

[110394](#) **Tortillas, Whole Grain, 8", Frozen**

- Cheesy Chicken Quesadilla
- Crispy Fish Tacos
- Fiesta Chicken Ranch Fajitas
- Soft Shell Tacos
- Very Veggie Chili with Quinoa (V)
- Zesty Vegetarian Enchiladas (V)

[100400](#) **Flour, All Purpose**

- Harvest Pot Pie

(V) = Vegetarian

Wisconsin Processed Foods*

* See the School Nutrition USDA Foods product information web page for current information.

[C530](#) **Chicken Nuggets, Whole Grain**

- Philly Chicken Sub

[C600](#) **Pork Taco Filling**

- Soft Shell Tacos

[C526](#) **Chicken Patties, Whole Grain**

- Greek Chicken Salad

[C302](#) **Turkey Breakfast Sausage Patty**

- Hot Italian Slider Sandwiches