

Sodium Limits and Timeline

(Source: USDA Question and Answers SP 10-2012)

1. What is the sodium requirement and when will schools have to meet it?

See the following chart for deadlines and corresponding maximum limits. Implementation of the second and final targets is subject to USDA's review of data on the relationship between sodium intake and human health, as required by the FY 2012 Agriculture Appropriations Act.

Sodium Limits and Timeline		
Target 1: SY 2014-15	Target 2: SY 2017-18	Final target: 2022-23
Lunch	Lunch	Lunch
≤1230mg (K-5)	≤935mg (K-5)	≤640mg (K-5)
≤1360mg (6-8)	≤1035mg (6-8)	≤710mg (6-8)
≤1420mg (9-12)	≤1080mg (9-12)	≤740mg (9-12)
Breakfast	Breakfast	Breakfast
≤540mg (K-5)	≤485mg (K-5)	≤430mg (K-5)
≤600mg (6-8)	≤535mg (6-8)	≤470mg (6-8)
≤640mg (9-12)	≤570mg (9-12)	≤500mg (9-12)