



Radish

Planting from Seed

When to start seeds outdoors: 4-6 weeks before spring frost date

Days of Germination: 3-4 days (in optimal conditions)

Planting in the Garden

Recommended garden type and method: Direct sow into hydroponic, straw bale, containers, raised beds, hoop houses or field grown. Prefer cold temps, keep well watered.

Spacing: 1-2" apart in rows 10" apart

Planting depth: 1/2 "

Companion plants: Lettuce, tomatoes, peas, cucumbers, herbs

Harvesting

1 seed = 1 radish

Days to Harvest: 22-60

Directions: Harvest when the shoulders of the radish root are showing at the soil level, or when you can feel them just below the soil, according to variety days to harvest. Radish green will be 6" to 8" tall. Pull radishes up by grasping at the base of the leaves and wiggling gently upward. Cut off green tops and discard. Wash radish roots immediately and cool to 41'-45' for storage.

Use in the Kitchen

Vegetable subgroup: Other

Preparation: Wash, cut off tops and root

Menu Planning Ideas: Raw, roast

Suggested Flavor Enhancers: Garlic, olive oil, hummus



The Lifecycle of Farm to School

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