

Fresh Fruit and Vegetable Promotional Resources

This list provides a sample of free resources schools can access to help promote fresh fruits and vegetables as healthy snacks.

Apple

U.S. Apple Association

[Resources for Teachers](#): Resources available for download include coloring books, apple facts, lesson plans, a variety guide, and a classroom poster.

Blueberry

U.S. Highbush Blueberry Council

[Resources and Order Form](#): Resources available for download include a flyer, tip sheet, mini-magazine, and booklet. Free print copies can also be ordered.

Grape

California Table Grape Commission

[Lesson Plans](#): Several short activities are available to download. Other resources for the classroom are also available through this website.

Kiwi

California Kiwifruit Commission

[Deliciously Different Kiwifruit Video](#): Learn all about California kiwi in this short video. Playback is available in English, Spanish, and French.

Mango

National Mango Board

[Mango Fun Facts](#): This one-page fact sheet is packed full of fun information.

Mushroom

Mushroom Council

[Posters and Activities](#): Resources available for download include posters, activity books, a PowerPoint presentation, and a Harvest of the Month kit.

Onion

National Onion Association

[Onions Have Layers Lesson Plans](#): A variety of lesson plans, worksheets, and activities are available that target students in grades 4-6.

Peach

Georgia Fruit & Vegetable Growers Association

[Georgia Peaches Video](#): Did you know that fresh Georgia peaches are only available for 16 weeks each year? Watch this video to learn more fun facts!

Pear

Free Resource Order Form

[Free Resources Order Form](#): Don't miss your chance to order these free USA Pears posters, pencils, bookmarks, and activity sheets!

Pomegranate

Pomegranate Council

[How to Cut a Pomegranate](#): Follow these quick and easy steps to minimize the mess associated with cutting a pomegranate.

Potato

United States Potato Board

[Kid's Corner](#): Word searches, coloring books, activities, and trivia games are all available to download and print for free.

Sweet Potato

North Carolina Sweet Potato Commission

[Pop Quiz: Sweet Potato or Yam?](#) Do you know the difference? Take the quiz from North Carolina Sweet Potato Commission and Oldways.

Watermelon

National Watermelon Promotion Board

[Free Resources Order Form](#): Click on the resource name to download a copy or use the order form to request free print copies. You'll find posters, stickers, brochures, fact sheets, and more.

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