

Milk Recipe Instructions

- Milk variety and usage by type must be documented either directly on your daily production records or using a milk recipe.
- In order to utilize a milk recipe, you must determine the usage of each milk variety served.
 - You may either count the actual milk cartons used at both breakfast and lunch independently for the week **OR**
 - You may use the percentage of milks served at both breakfast and lunch independently for the week
 - If milk is only offered at lunch, you may add up the milk invoices for a month and divide by the number of school days in that month.
- Please note that a milk recipe must be site specific and completed for breakfast and lunch individually. Therefore, a school food authority must have three lunch milk recipes if it has three sites serving lunch.
- Regulations require a minimum of two different types of milk be offered at breakfast and lunch.
- *Reminder:* Even with a milk recipe on file, milk varieties offered as well as a total milk count for the meal need to be documented on your production record.
- Your milk recipe should be reviewed and updated twice per school year or when you notice a significant shift in student preference.

Example: Milk Recipe

The school used 1580 cartons of milk in the week: 316 cartons 1% low-fat white, 1106 cartons of fat-free chocolate and 158 cartons fat-free white milk. Use either method to create a recipe.

Using Actual Counts

Serving Size: ½ pint (1 cup)
Number of Servings: 1580

Using Percentages

Serving Size: ½ pint (1 cup)
Number of Servings: 1580

Milks offered at lunch	Amounts per Week
1% Low-Fat White	316 half pints
Fat-Free Chocolate	1106 half pints
Fat-Free White	<u>158 half pints</u>
Total	1580 half pints

Milks offered at lunch	Amounts per Week
1% Low-Fat White	20% (316÷1580)
Fat-Free Chocolate	70% (1106÷1580)
Fat-Free White	<u>10%</u> (158÷1580)
Total	100%

Weekly Milk Recipe

1. School Selected for Analysis: _____
2. Serving Size: _____
3. Number of Servings: _____

Types of Milk Offered at Breakfast or Lunch (circle)	Amounts per Week
Total	

4. Percentage of students who choose milk as a component of their lunch meal: _____%